



Central District

HEALTH DEPARTMENT

2024 Data Gallery

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PART I: COMMUNITY PROFILE

POPULATION DEMOGRAPHICS¹

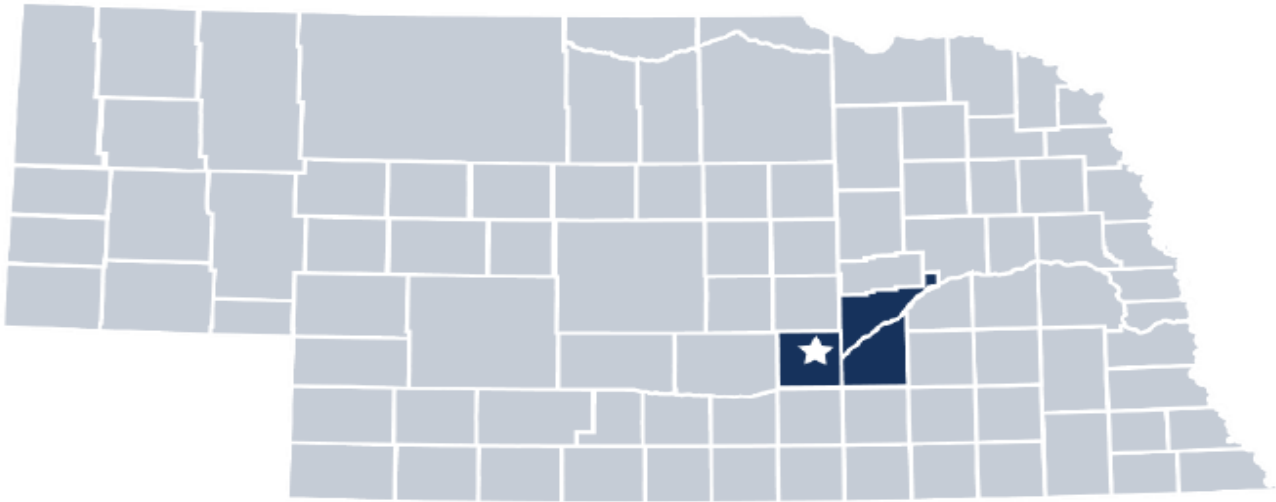
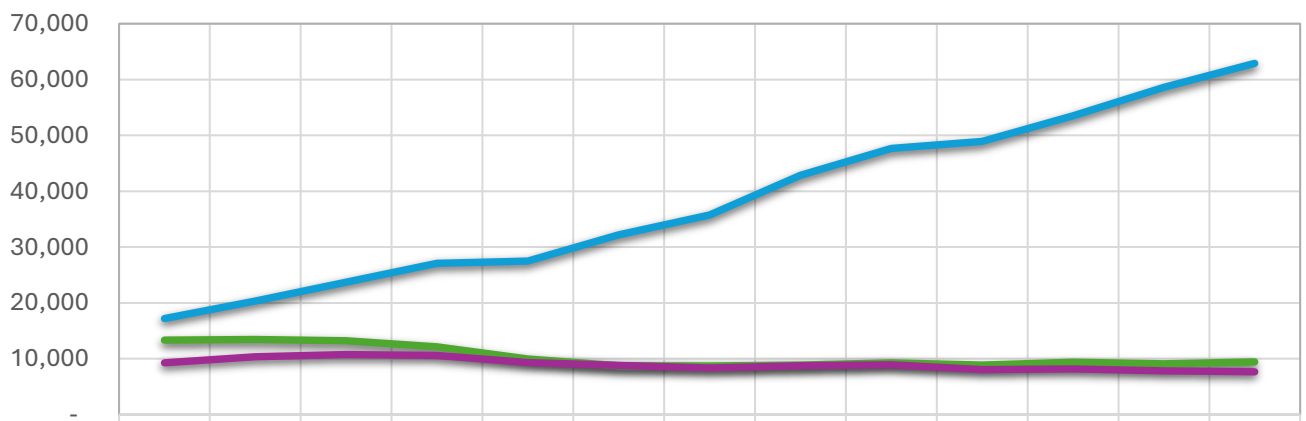


TABLE 1A: TOTAL POPULATION, (2018-2022)²

	PEOPLE (<i>n</i>)
Hall County, NE	62,575
Hamilton County, NE	9,400
Merrick County, NE	7,675
Nebraska	1,958,939
United States	331,097,593

CHART 1A: CENTRAL DISTRICT TOTAL POPULATION TRENDS (*N*) (1900-2020)³⁻⁷



	1900	1910	1920	1930	1940	1950	1960	1970	1980	1990	2000	2010	2020
Hall	17,206	20,361	23,720	27,117	27,523	32,186	35,757	42,851	47,690	48,925	53,534	58,607	62,895
Hamilton	13,330	13,459	13,237	12,159	9,982	8,778	8,714	8,867	9,301	8,858	9,399	9,121	9,429
Merrick	9,255	10,379	10,763	10,619	9,354	8,812	8,363	8,751	8,945	8,057	8,208	7,848	7,668

**CHART 1B: CENTRAL DISTRICT AVERAGE PERCENT POPULATION CHANGES
(%) (1900-2020)³⁻⁷**

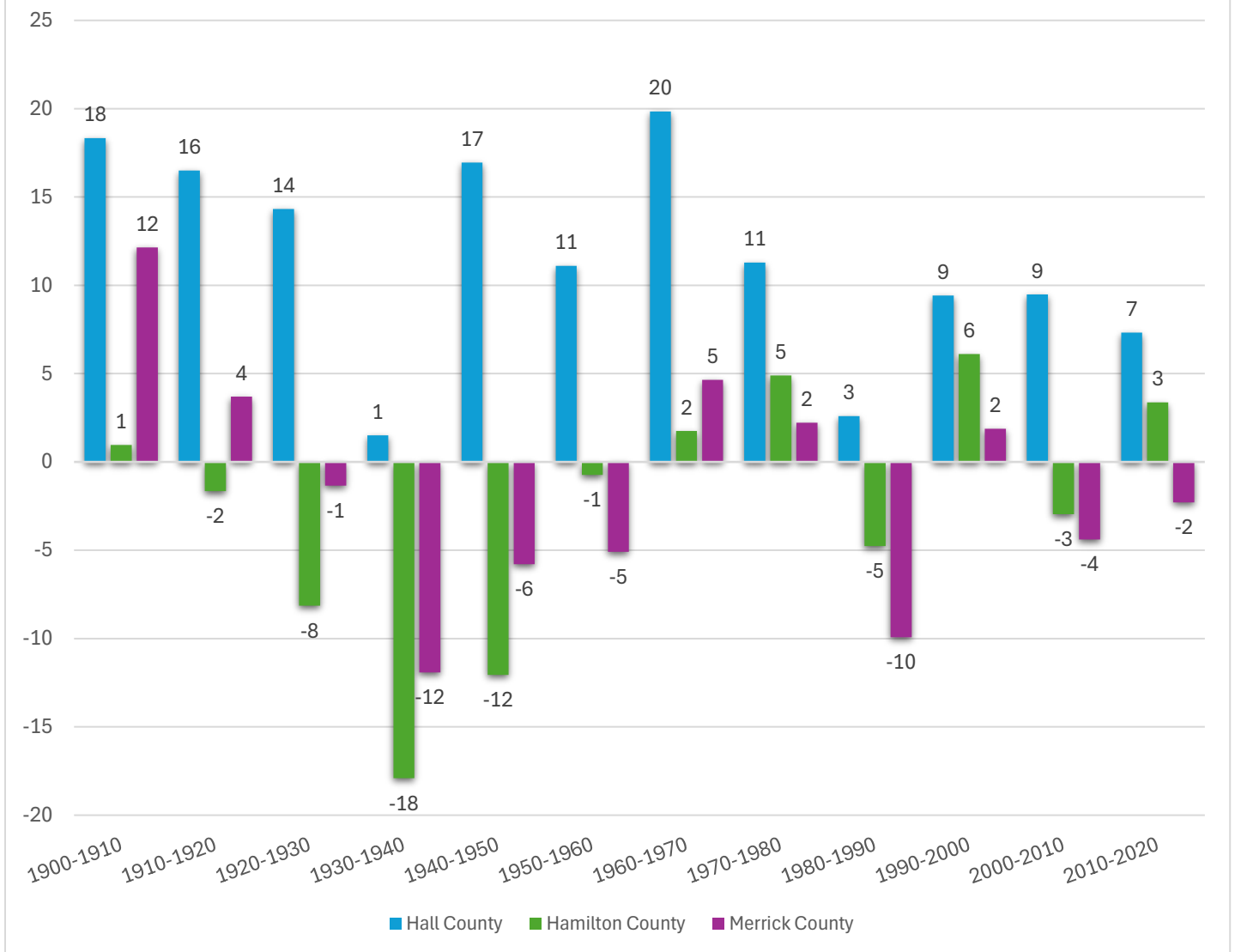


TABLE 1B: ANNUAL ESTIMATES OF THE RESIDENT POPULATION FOR CENTRAL DISTRICT COUNTIES IN NEBRASKA (N), (APRIL 1, 2020 - JULY 1, 2023)⁸

Geographic Areas	April 1st, 2020	Population Estimates (as of July 1, 2023)			
	Estimates Base	2020	2021	2022	2023
Nebraska	1,961,965	1,963,273	1,964,253	1,968,060	1,978,379
Hall County	62,893	62,764	62,075	62,096	62,197
Hamilton County	9,424	9,400	9,384	9,439	9,537
Merrick County	7,665	7,661	7,667	7,715	7,755

RACE/ETHNICITY

CHART 2A: CENTRAL DISTRICT RACE & ETHNICITY AVERAGE PERCENTS
(N=79,650) (%), (2018-2022) ⁹

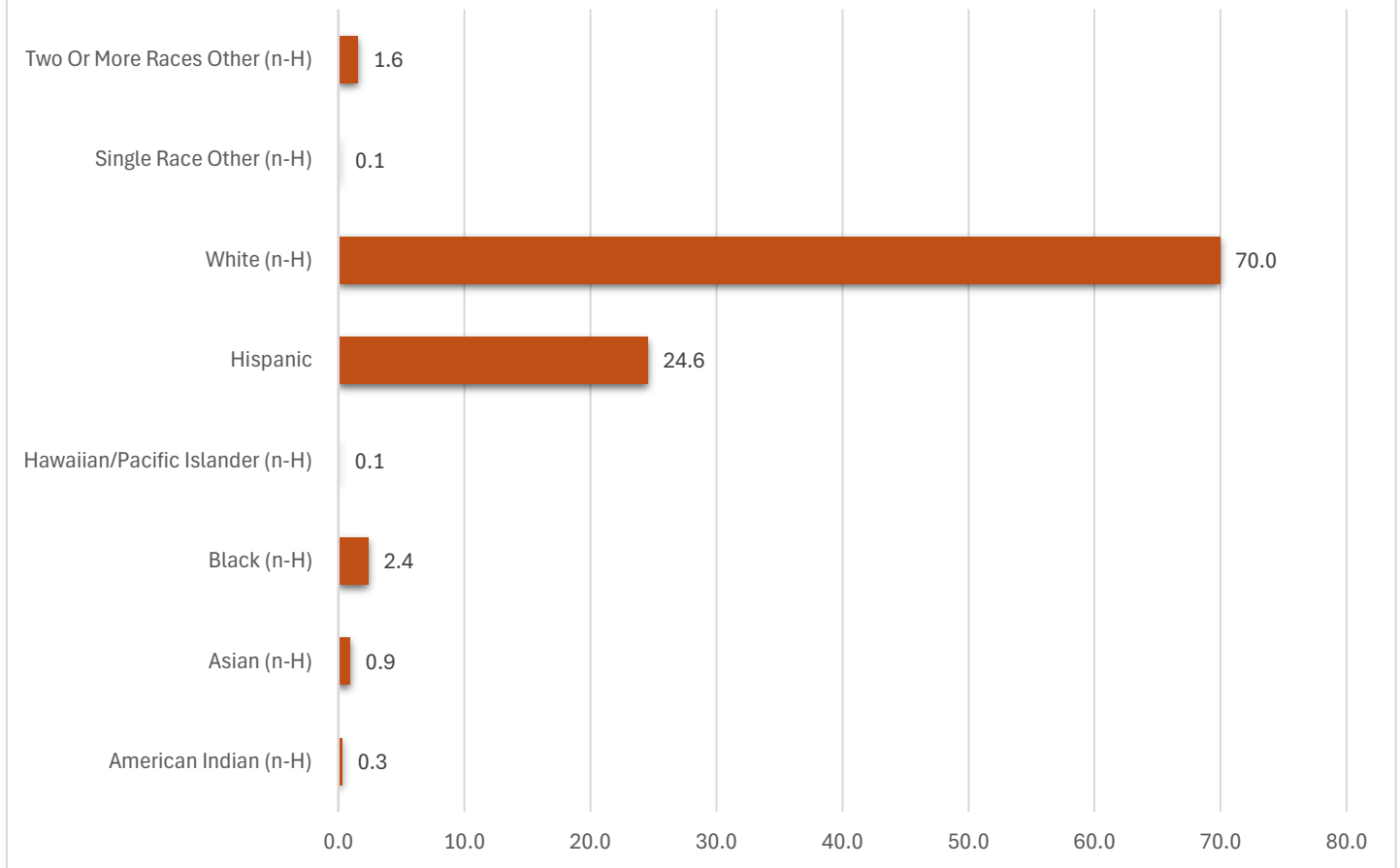


TABLE 2A: CENTRAL DISTRICT RACE AND ETHNICITY CATEGORIES PER COUNTY, (2018-2022) ⁹

	Hall County (N=62,575)	Percent (%)	Merrick County (N=7,675)	Percent (%)	Hamilton County (N=9,400)	Percent (%)
American Indian (n-H)	241	0.4	2	0.0	12	0.1
Asian (n-H)	598	1.0	123	1.6	35	0.4
Black (n-H)	1,897	3.0	3	0.0	13	0.1
Hawaiian/Pacific Islander (n-H)	77	0.1	-	0.0	2	0.0
Hispanic and/or Latino	18,797	30.0	412	5.4	365	3.9
White (n-H)	39,939	63.8	6,999	91.2	8,781	93.4
Single Race Other (n-H)	87	0.1	-	0.0	9	0.1
Two Or More Races Other (n-H)	939	1.5	136	1.8	183	1.9

CHART 2B: WHITE POPULATION TRENDS (%), (1990-2020) ^{4-6,10}

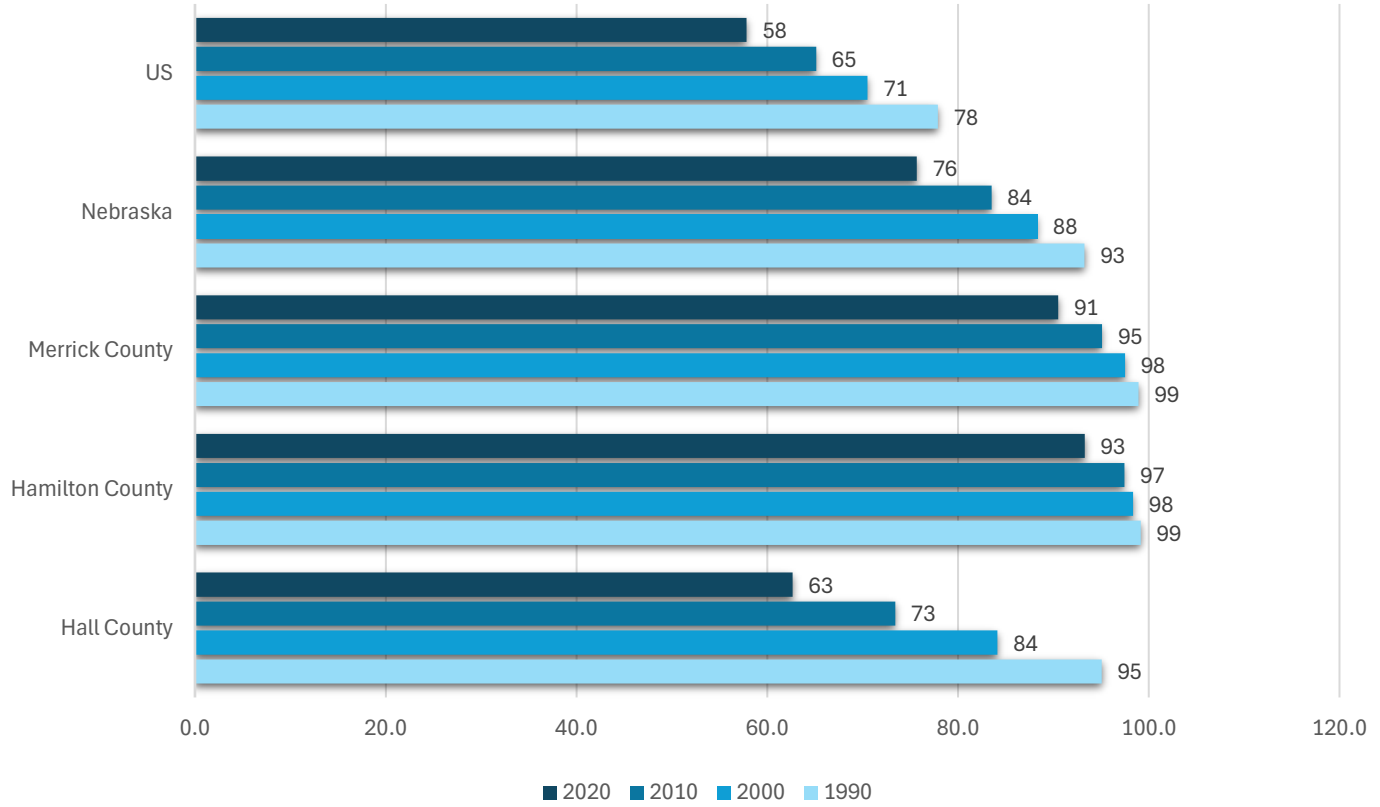


CHART 2C: HISPANIC/LATINO POPULATION TRENDS (%), 1990-2020 ^{4-6,10}

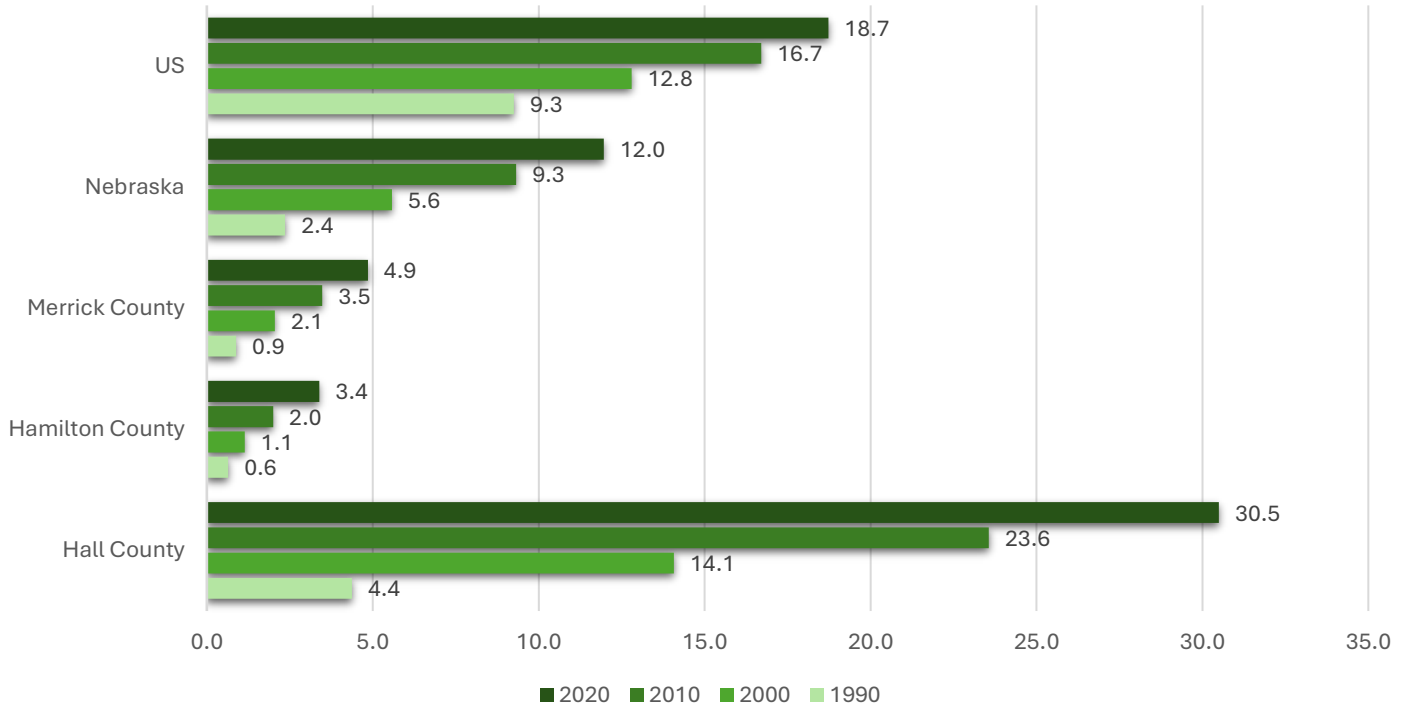


CHART 2D: CENTRAL DISTRICT'S TOP HISPANIC ORIGINS (%), 2018-2022 ¹¹
 (n=19,574)

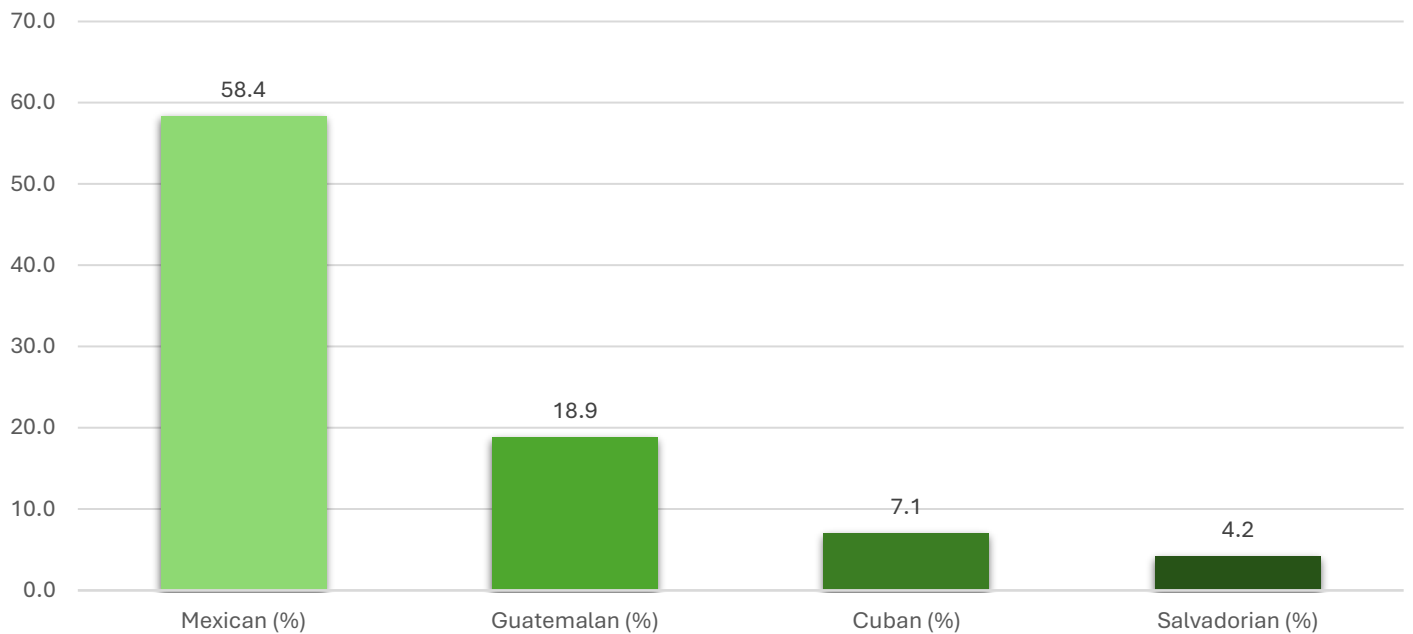
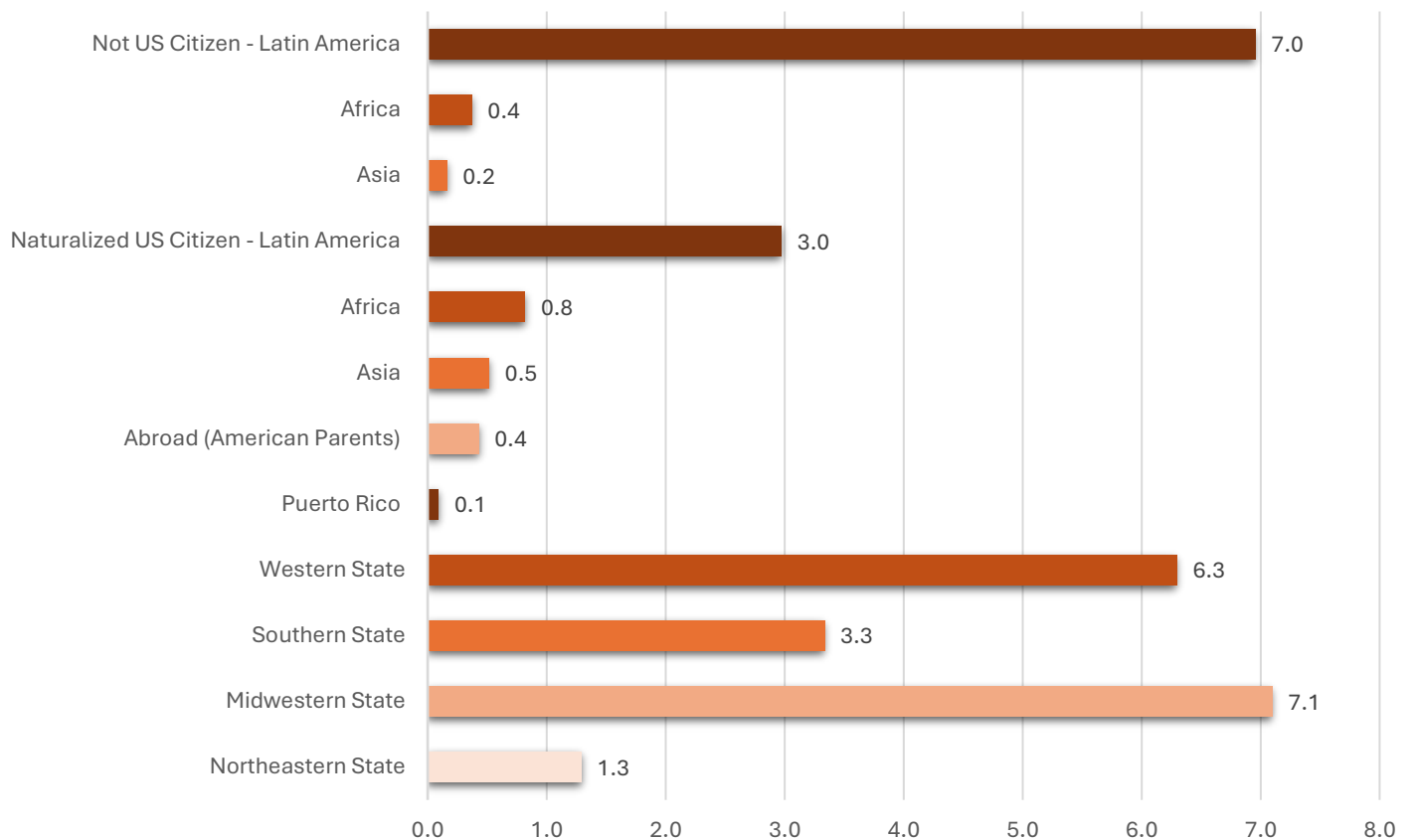


CHART 2E: NATIVITY & CITIZENSHIP STATUS AMONG CENTRAL DISTRICT RESIDENTS (NOT NATIVE TO NE), 2018-2022, (%) (n=79,560)¹²



POPULATION AGE

CHART 3A: CENTRAL DISTRICT PERCENT POPULATION AGE (%) (2018-2022)¹³

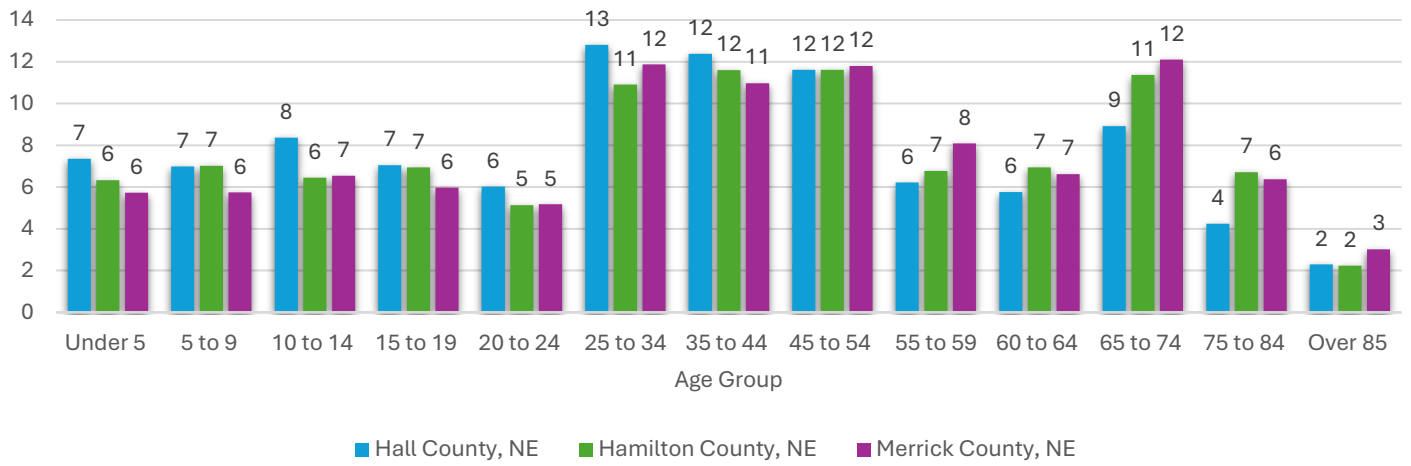


TABLE 3A: CENTRAL DISTRICT POPULATION AGE TRENDS, 1990-2022 (%)¹³

Year	County	<5	5-9	10-14	15-19	20-24	25-34	35-44	45-54	55-59	60-64	65-74	75-84	85+
1990	Hall (n=48,925)	7.8	8.1	8.0	7.0	6.0	16.0	14.8	9.4	4.2	4.4	7.7	4.9	1.7
	Hamilton (n=8,860)	7.7	9.2	7.8	6.4	4.1	14.6	14.7	9.8	4.6	5.1	8.0	5.7	2.4
	Merrick (n=8,055)	7.2	7.7	8.1	7.0	4.5	13.8	13.1	10.9	5.1	4.8	8.8	6.1	2.9
2000	Hall (n=53,534)	7.6	7.6	7.4	7.1	6.3	13.2	15.2	13.3	4.6	3.7	6.9	5.1	1.9
	Hamilton (n=9,401)	6.7	8.4	8.4	8.0	3.6	10.6	15.9	14.2	4.9	4.1	7.6	5.3	2.4
	Merrick (n=8,206)	6.4	7.7	8.3	7.5	4.1	10.0	14.7	13.5	5.5	4.8	8.5	5.9	3.1
2010	Hall (n=58,607)	8.1	7.7	7.2	6.8	5.9	13.4	12.5	13.8	6.1	5.2	6.5	4.7	2.2
	Hamilton (n=9,123)	5.8	7.0	7.8	7.4	3.6	9.6	12.0	16.6	7.4	6.3	8.2	5.5	2.7
	Merrick (n=7,846)	6.0	6.8	7.0	7.2	4.5	10.0	11.6	15.1	7.5	6.2	9.3	6.3	2.5
2018-2022	Hall (n=62,575)	7.4	7.0	8.4	7.0	6.0	12.8	12.4	11.6	6.2	5.8	8.9	4.2	2.3
	Hamilton (n=7,675)	5.7	5.7	6.5	6.0	5.2	11.9	11.0	11.8	8.1	6.6	12.1	6.4	3.0
	Merrick (n=9,400)	6.3	7.0	6.4	6.9	5.1	10.9	11.6	11.6	6.8	6.9	11.4	6.7	2.2

LGBTQ+

Please note: the following information is at state level only, because of this limitation, all factors (i.e., race/ethnicity, educational attainment, socioeconomic status, etc.) were placed in one section to make sure they can be easily referenced when comparing the same factors of other groups.) The Gallup Daily tracking survey asks respondents, “Do you, personally, identify as lesbian, gay, bisexual, or transgender?”¹⁴ That is who is presented on these maps and charts. Approximately 3.8% of respondents identified as LGBTQ+ in Nebraska.¹⁴

CHART GROUP-4A: LGBTQ COMMUNITY DEMOGRAPHICS IN NEBRASKA, (JANUARY 2019)¹⁴

Gender	Percent (%)
Male	41
Female	59

Cg-4b: Age Distribution ¹⁴	LGBT Individuals (%)	Non-LGBT Individuals (%)
18-24	36	13
25-34	21	17
35-49	19	24
50-64	16	25
65+	9	21
Totals	101	100
	Average Age (n)	Average Age (n)
	36.6	47.5

Example Interpretation: 36% of the individuals that took this survey are LGBT individuals that are 18-24 years old, etc. Note – the LGBT column not equaling 100 is likely due to a rounding error.

CG-4C: Race & Ethnicity ¹⁴	Percent (%)
White	71
Latino/a	19
All Other Races	10*

**Unstable estimate due to small sample size*

CG-4D: Educational Attainment ¹⁴	LGBT Individuals (%)	NON-LGBT Individuals (%)
High school	45	35
Some college	35	33
Bachelor's	11	20
Post-grad	9	13

CG-4E: Socioeconomic Indicators ¹⁴	LGBT Individuals (%)	NON-LGBT Individuals (%)
Unemployed	6*	3
Are without health insurance	16*	11
Are food insecure	25	12
Income is less than \$24,000	24	n/a
Raising children	32	n/a

**Unstable estimate due to small sample size*

EDUCATION & LITERACY

CHART 5A: EDUCATIONAL ATTAINMENT FOR THE POPULATION 25 YEARS & OLDER (%) (2018-2022)¹⁵

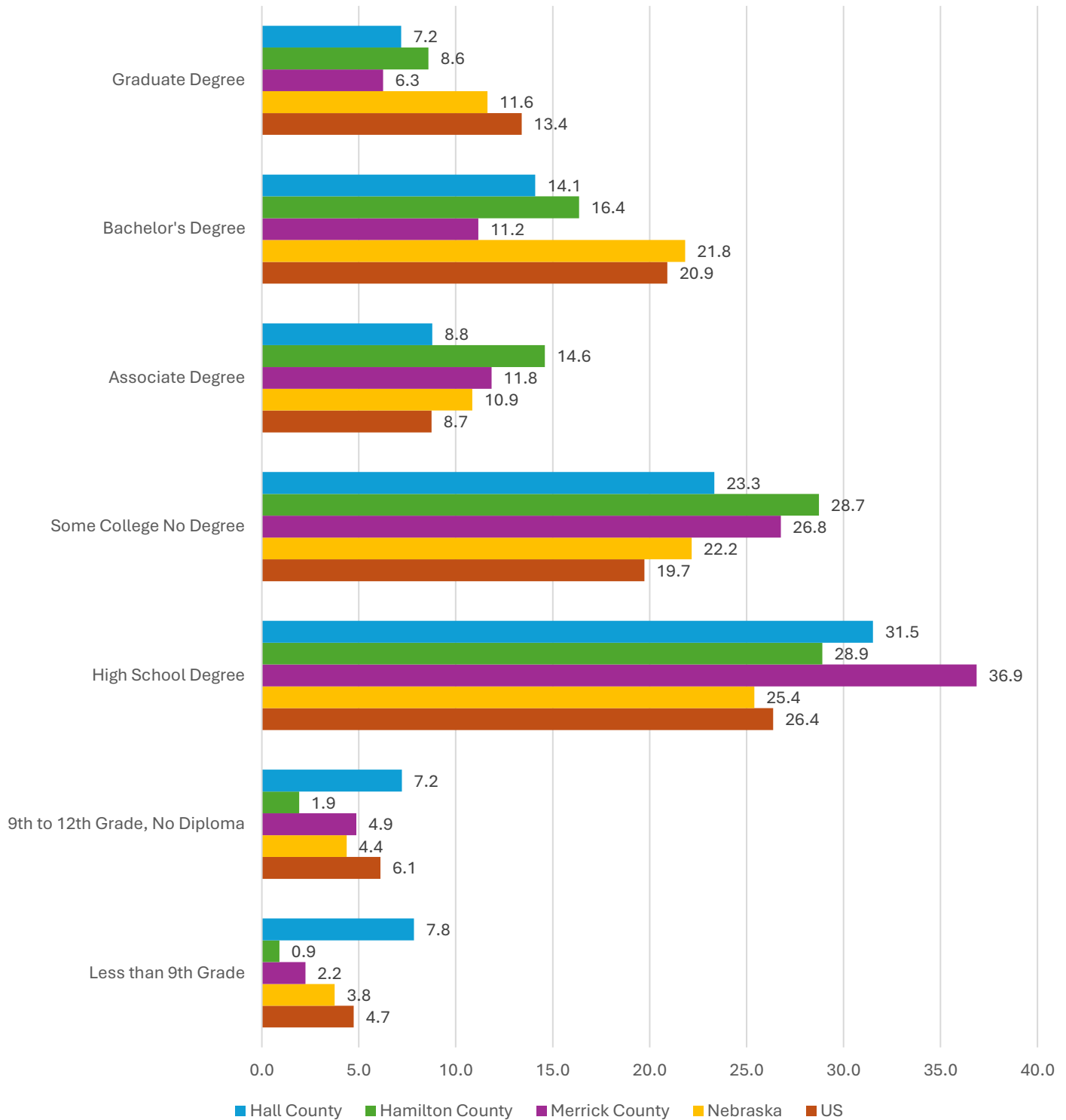


TABLE 5A: EDUCATIONAL ATTAINMENT COUNTS (n)¹⁵

Region	Less than 9 th Grade	9 th -12 th Grade, No Diploma	High School Degree	Some College No Degree	Associate's degree	Bachelor's degree	Graduate degree
Hall County	3,155	2,902	12,669	9,379	3,534	5,668	2,889
Hamilton County	58	123	1,851	1,840	935	1,048	550
Merrick County	122	265	2,004	1,455	644	607	340
Nebraska	48,212	56,085	325,873	284,398	139,287	280,101	149,329
United States	10.7M	13.9M	59.7M	44.7M	19.8M	47.4M	30.4M

CHART 5B: LANGUAGE SPOKEN AT HOME FOR THE POPULATION 5 YEARS & OVER (n=74,012)¹⁶

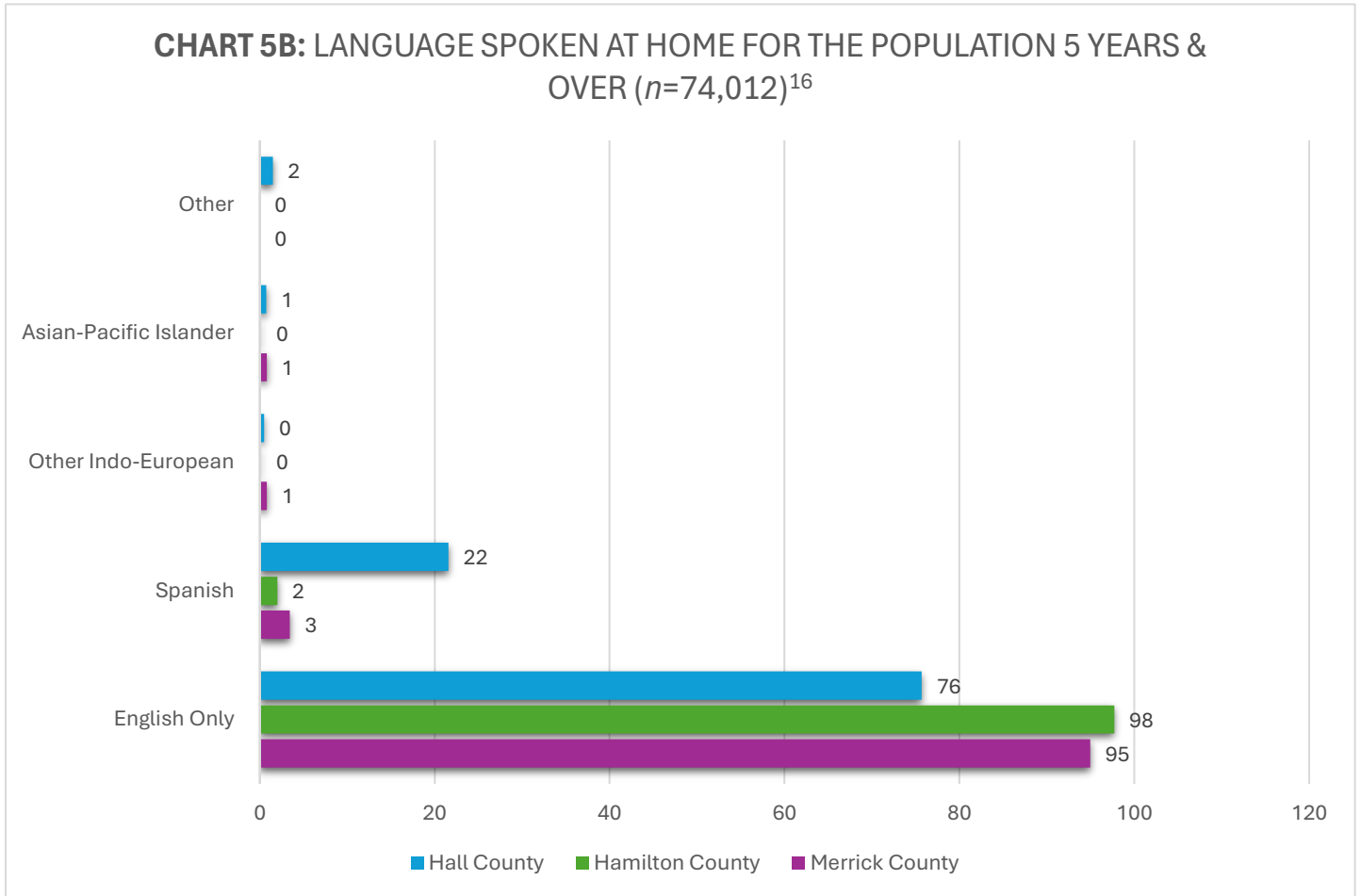


CHART 5C: ABILITY TO SPEAK ENGLISH FOR POPULATION 5 YEARS & ABOVE, 2018-2022 (%): (n=74,012) ¹⁷

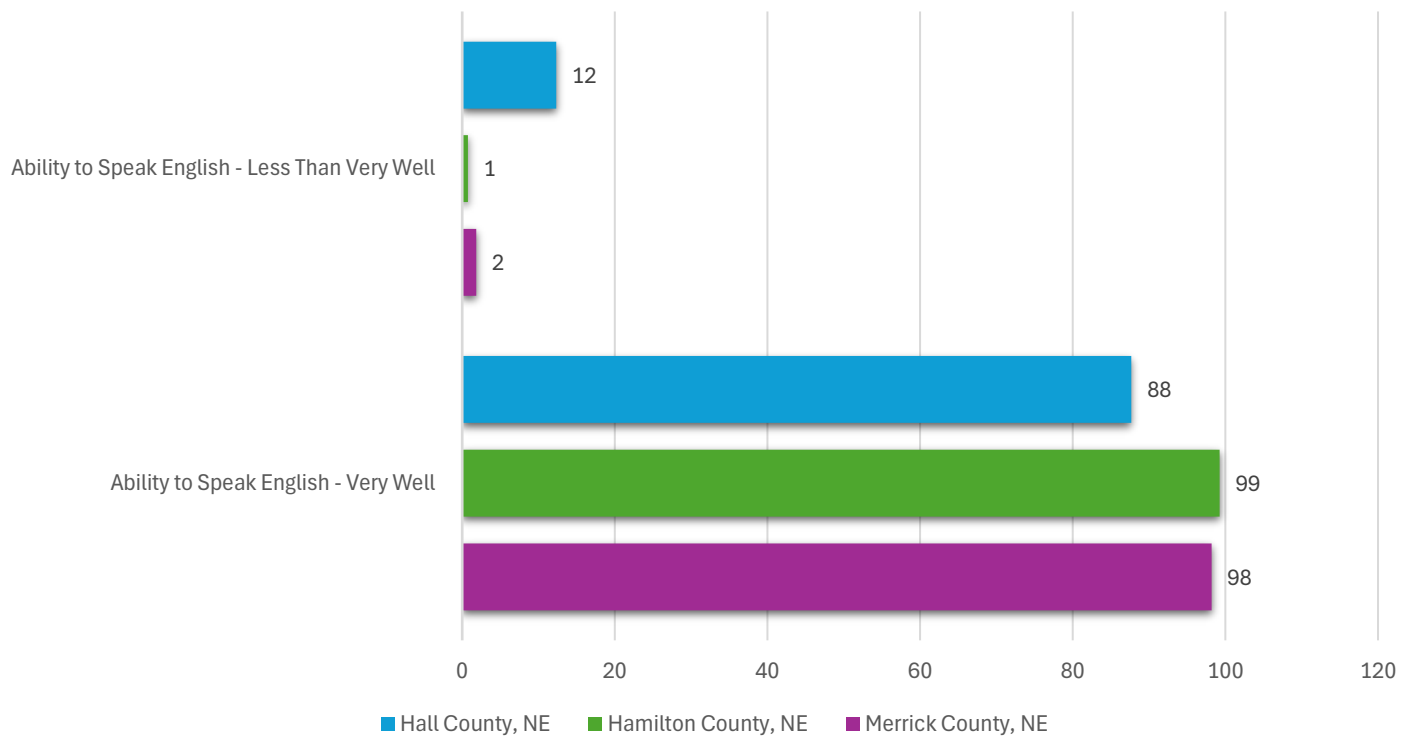


TABLE 5B: HEALTH LITERACY INDICATORS-ADULTS 18+¹⁸⁻²⁰

	NEBRASKA (N)	NE (%)	CENTRAL DISTRICT (N)	CD (%)
Very Easy to Get Needed Advice or Information About Health Or Medical Topics	6007	66.2	271	55.3
Very Easy to Understand Written Health Information	5915	57.4	275	44.6
Very Easy to Understand Information That Medical Professionals Tell You	6626	55.4	312	47.2

INCOME & EMPLOYMENT

TABLE 6A: MEDIAN HOUSEHOLD INCOME, 2018-2022²¹

DOLLAR AMOUNT (\$)

Hall County, NE	63,553
Hamilton County, NE	73,254
Merrick County, NE	57,873
Nebraska	71,722
United States of America	75,149

Median Earnings – The median divides the earnings distribution into two equal parts: one half of the cases falling below the median and one-half above the median. Median earnings are restricted to individuals 16 years old and over with earnings and are computed based on a standard distribution.²²

TABLE 6: MEDIAN EARNINGS 2018-2022²²

	TOTAL	FEMALE	MALE
Hall County	\$38,275	\$32,606	\$44,570
Merrick County	\$35,793	\$29,583	\$41,296
Hamilton County	\$40,017	\$29,825	\$51,522
Nebraska	\$40,840	\$33,786	\$47,603
United States of America	\$42,131	\$35,367	\$49,109

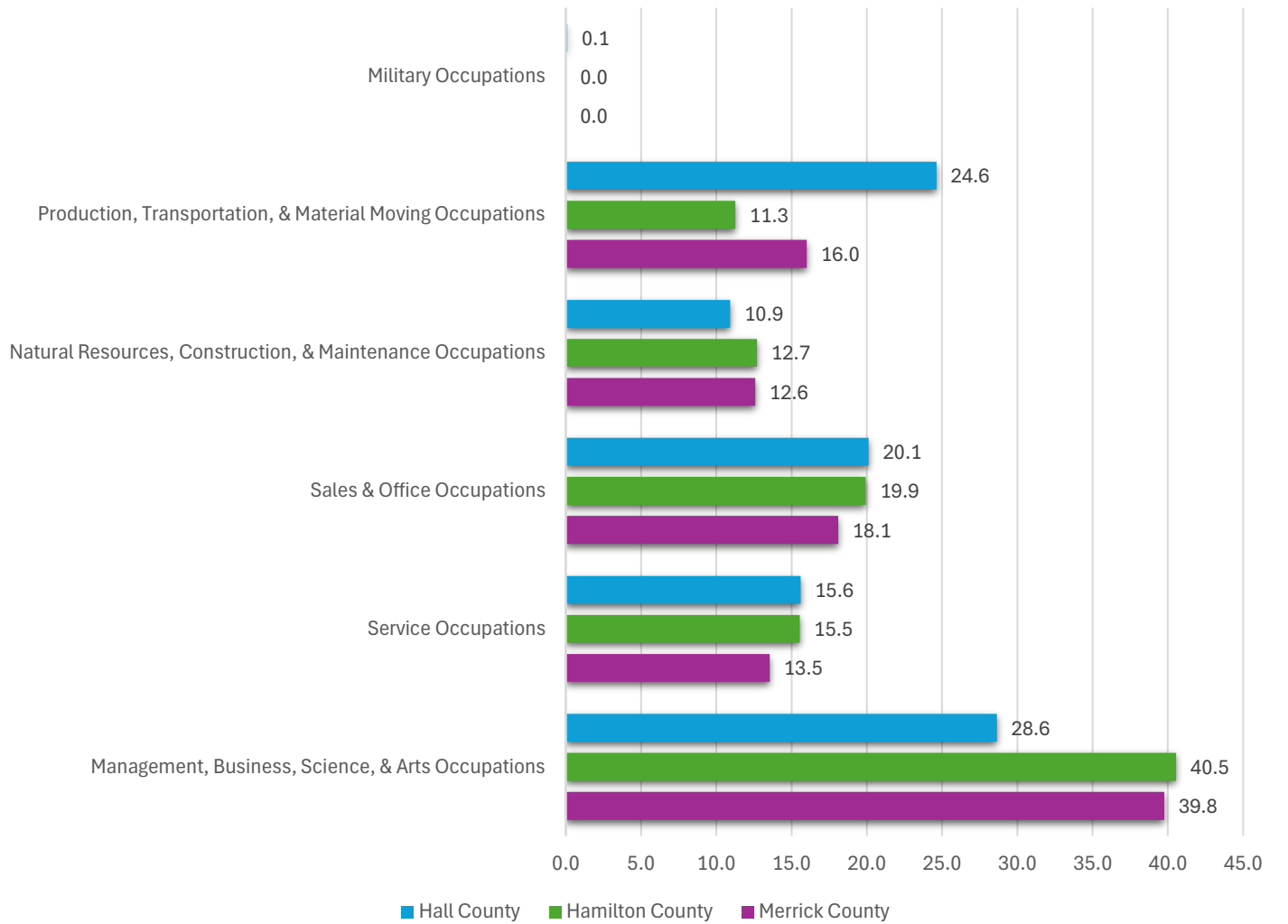
TABLE 6B: CENTRAL DISTRICT EMPLOYMENT DATA (2018-2022)²³

Region	Unemployment Rate (%)	Total Employed (<i>n</i>)	Percent (%)	Total Unemployed (<i>n</i>)	Percent (%)
Hall County	2.9	31,229	49.9	940	1.5
Merrick County	0.5	3,973	51.8	19	0.2
Hamilton County	3.6	4,721	50.2	176	1.9
Nebraska	3.1	1,015,656	51.8	32,157	1.6
United States	5.3	158,913,204	48.0	8,944,003	2.7

TABLE 6: NEBRASKA EMPLOYMENT DATA, SEPT. 2024²⁴

NE Unemployment Rate	National Unemployment Rate	Labor Force (<i>n</i>)	Employed (<i>n</i>)	Unemployed (<i>n</i>)
2.70%	4.10%	1,054,491	1,026,113	28,378

CHART 6A: OCCUPATION FOR THE CIVILIAN EMPLOYED POPULATION 16 YEARS & OVER, 2018-2022²⁵ (%): (n=31,261, n=4,721, n=3,973*)



*Each n value represents sample size of Hall, Hamilton and Merrick Counties, respectively

TABLE 6C: OCCUPATION FOR THE CIVILIAN EMPLOYED POPULATION 16 YEARS & OVER COUNTS²⁵ (n)

Region	Management, Business, Science, and Arts Occupations	Service Occupations	Sales and Office Occupations	Natural Resources, Construction, and Maintenance Occupations	Production, Transportation, and Material Moving Occupations	Military Occupations
Hall County	8,954	4,876	6,288	3,413	7,698	32
Hamilton County	1,914	734	941	600	532	0
Merrick County	1,580	538	719	500	636	0
Nebraska	404,076	158,443	205,888	101,893	145,356	3,584
United States	65,164,340	26,632,838	32,500,088	13,773,265	20,842,673	617,167

CHART 6B: VETERAN STATUS FOR THE CIVILIAN POPULATION 18 YEARS & OVER (2018-2022)²⁶ (%)

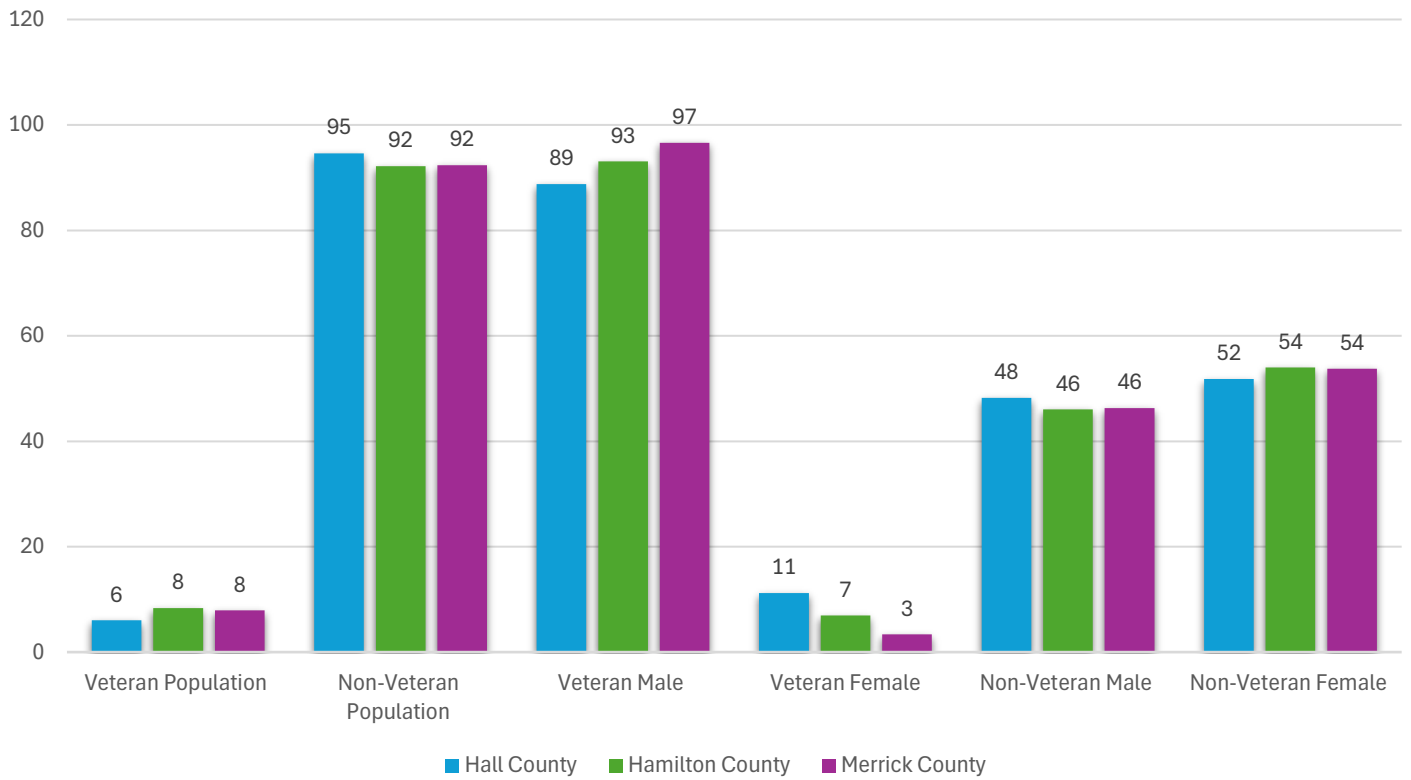
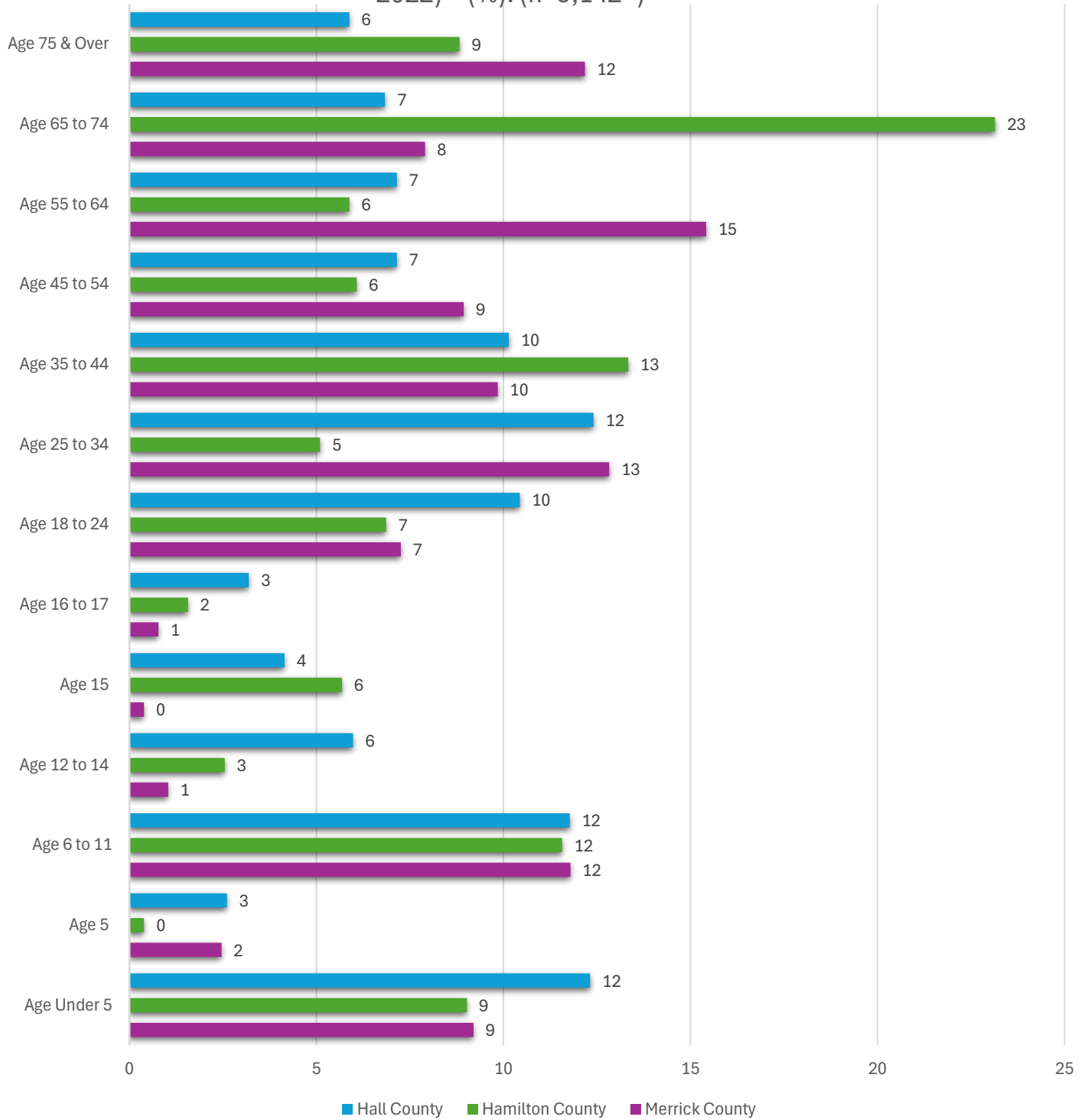


Chart 6D: VETERAN STATUS FOR THE CIVILIAN POPULATION 18 YEARS & OLDER COUNTS²⁶ (n)

Region	Veteran Population	Non-Veteran Population	Veteran Male	Veteran Female	Non-Veteran Male	Non-Veteran Female
Hall County	2734	42755	2427	307	20,611	22,144
Merrick County	473	5517	457	16	2553	2964
Hamilton County	592	6499	551	41	2991	3508
Nebraska	109,982	1,362,050	99,450	10,532	633,059	728,991
United States	17,038,807	2.40e+08	15,393,807	1,645,000	1.10e+08	1.29e+08

CHART 6C: POVERTY STATUS IN THE PAST 12 MONTHS BY AGE, (2018-2022)²⁷ (%): (n=9,142*)



*n represents the sum of the sample size of each county (Hall n=7,860, Hamilton n=772, Merrick n=510)

CHART 6D: FAMILIES BELOW POVERTY LEVEL IN THE PAST 12 MONTHS BY PRESENCE OF RELATED CHILDREN UNDER 18 YEARS OLD, (2018-2022)²⁸

*(Hall n=1380, Hamilton n=73, Merrick n=98)**

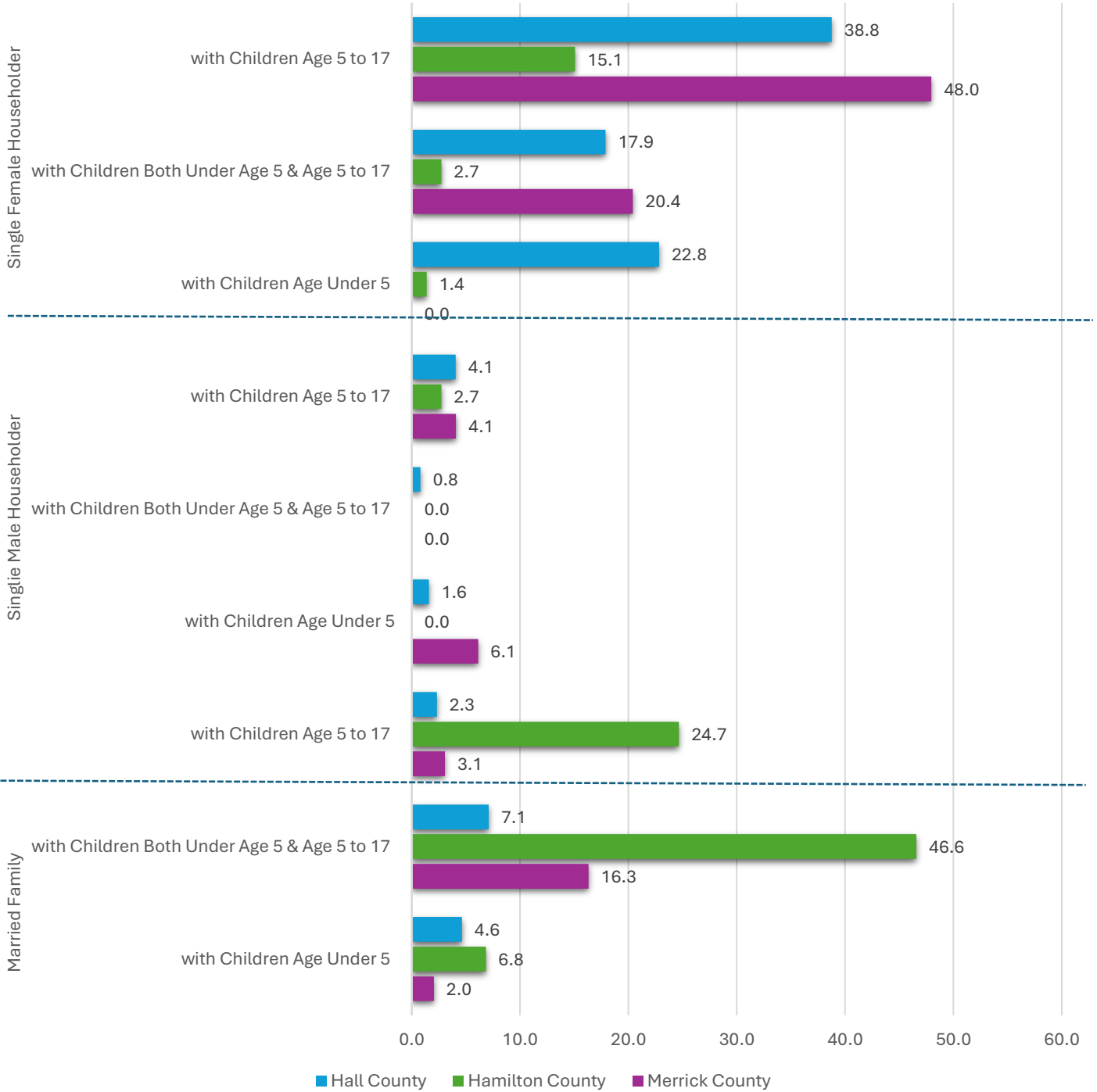
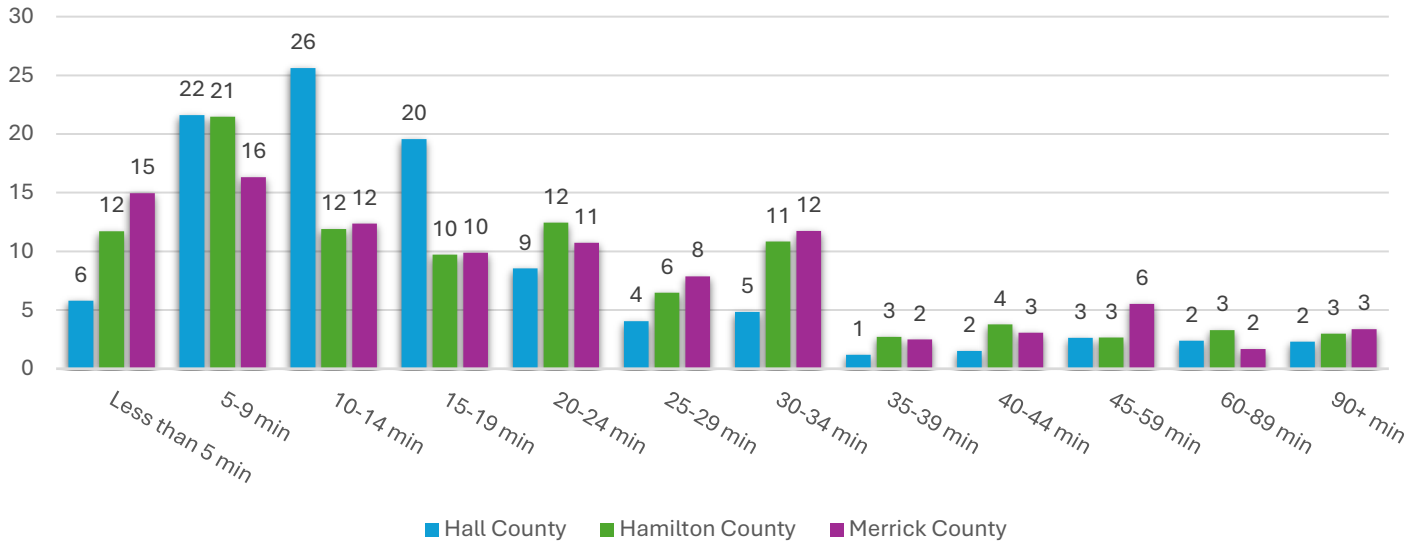


CHART 6E: TRAVEL TIME TO WORK 2018-2022²⁹ (%)

(Hall n=29,753, Hamilton n=4,318, Merrick n=3,619)



HOUSING

CHART 7A: MEDIAN ESTIMATED PROPERTY VALUE, 2021-2023³⁰

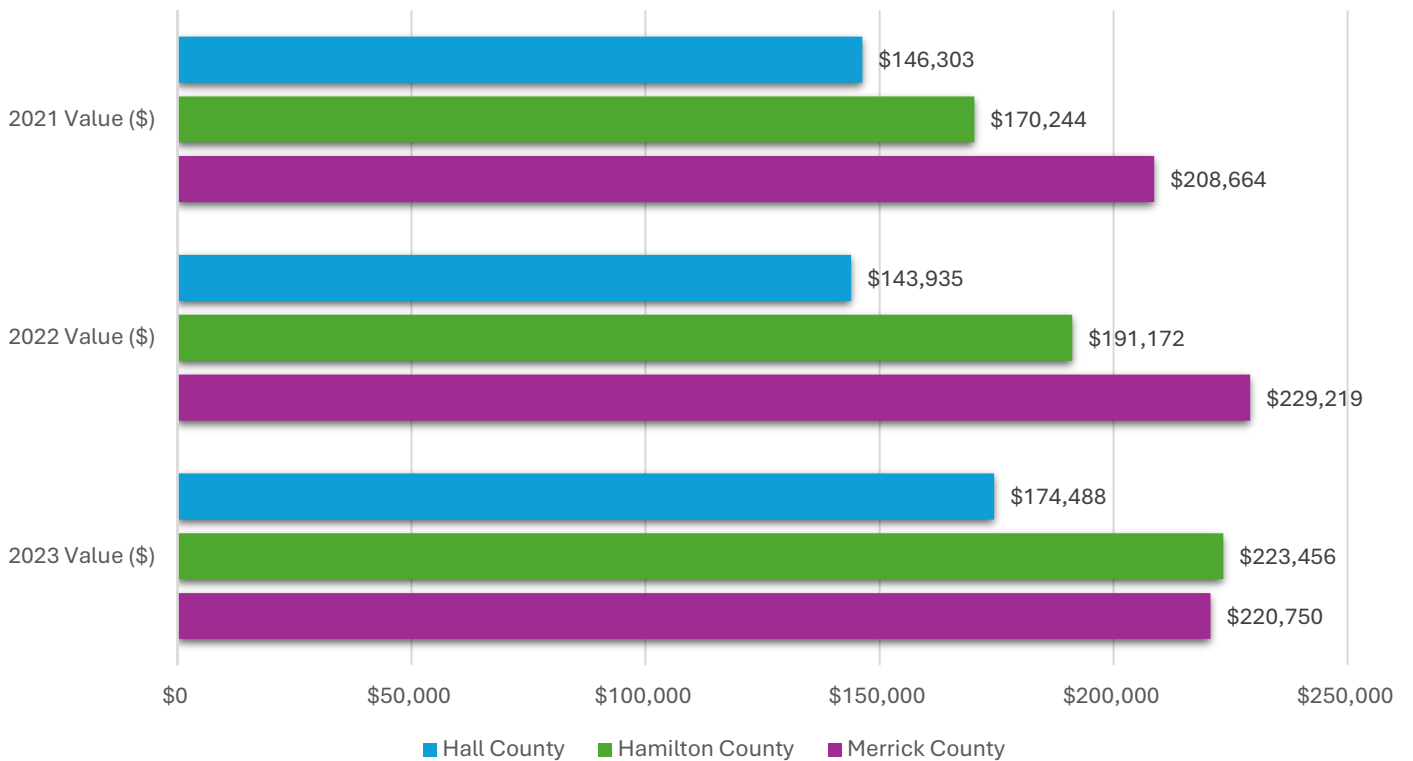


CHART 7B: TOTAL POPULATION IN OWNER VS. RENTER OCCUPIED HOUSING UNITS, 2018-2022³¹ (%) (n=78,459)

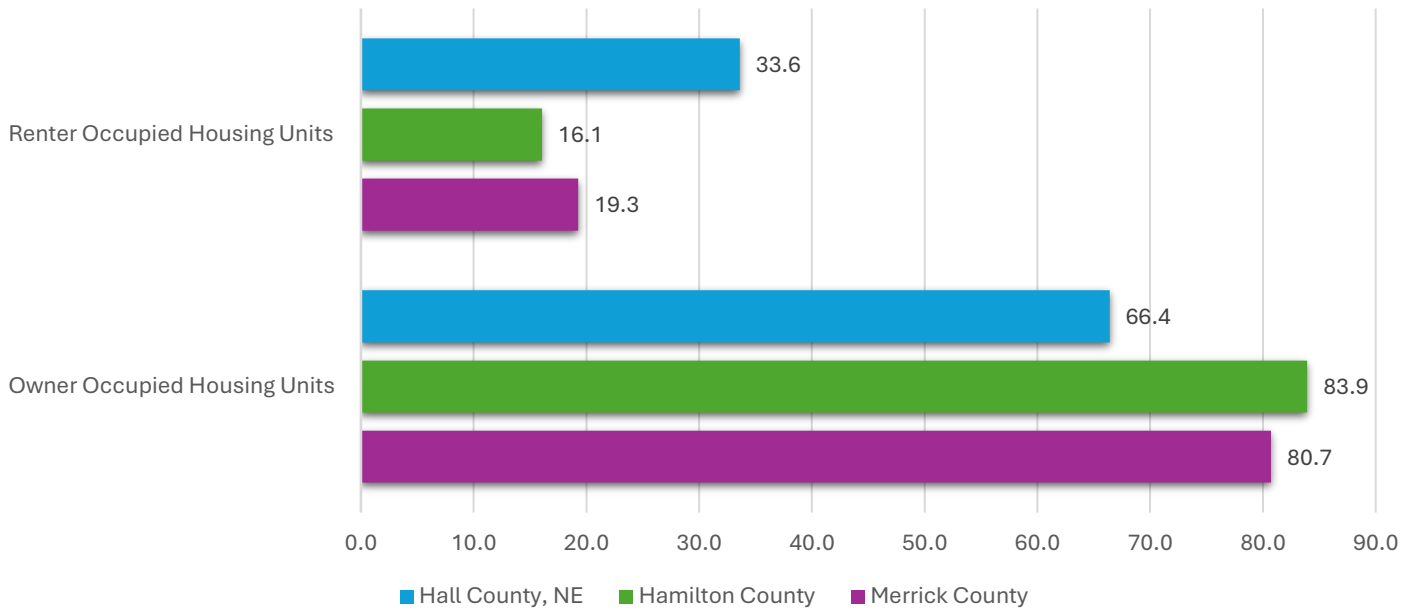


CHART 7C: MEDIAN HOUSEHOLD INCOME IN PAST 12 MONTHS IN INFLATION-ADJUSTED DOLLARS (\$) FOR OWNER & RENTER OCCUPIED HOMES, 2018-2022³²

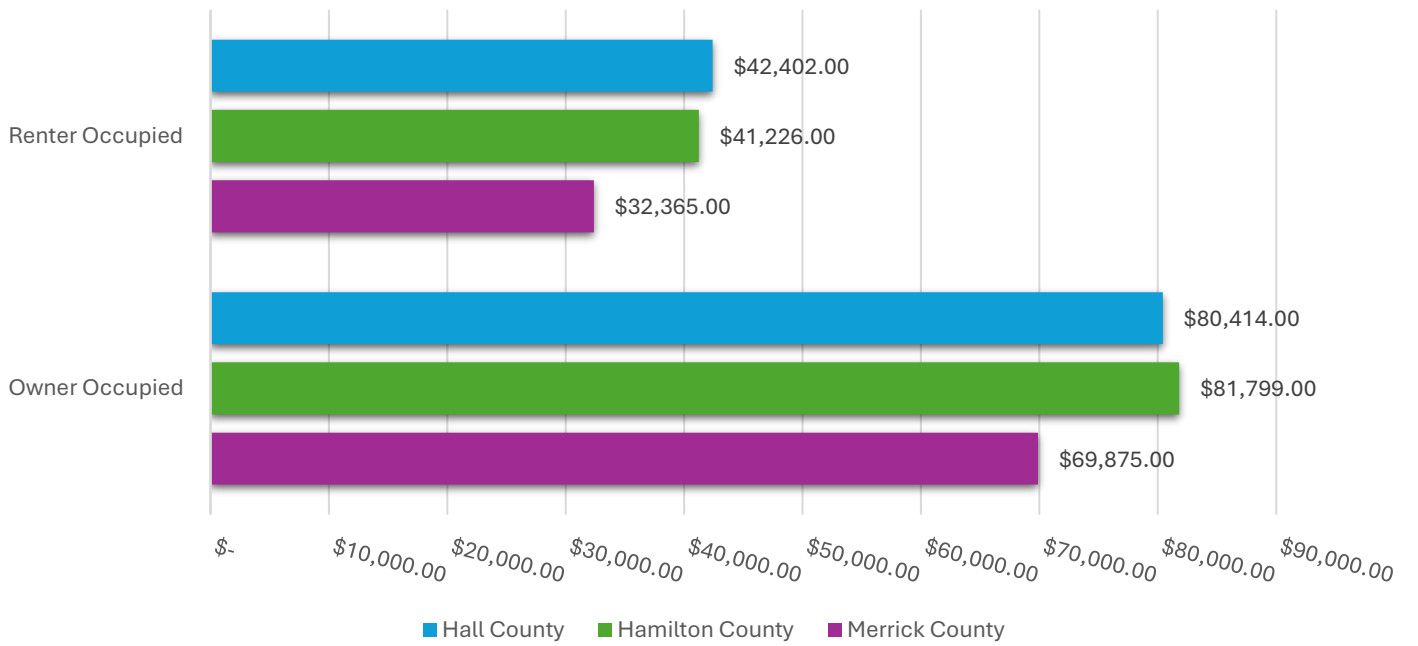


CHART 7D: MORTGAGE STATUS BY SELECTED MONTHLY OWNER COSTS AS A PERCENTAGE OF HOUSEHOLD INCOME IN THE PAST 12 MONTH, (2018-2022) ³³ (Hall n=14,948, Hamilton n=2,897, Merrick n=2,501)

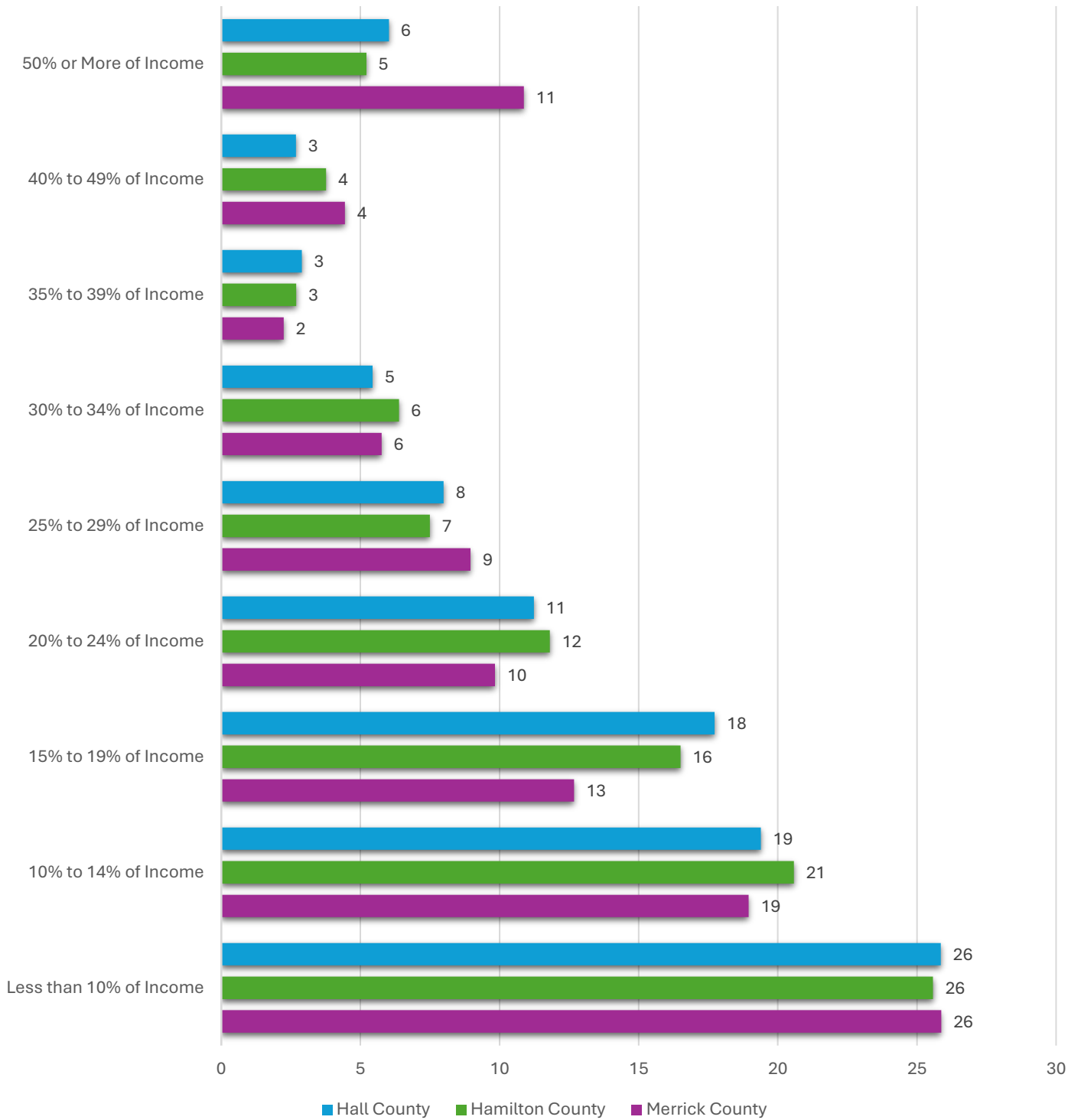
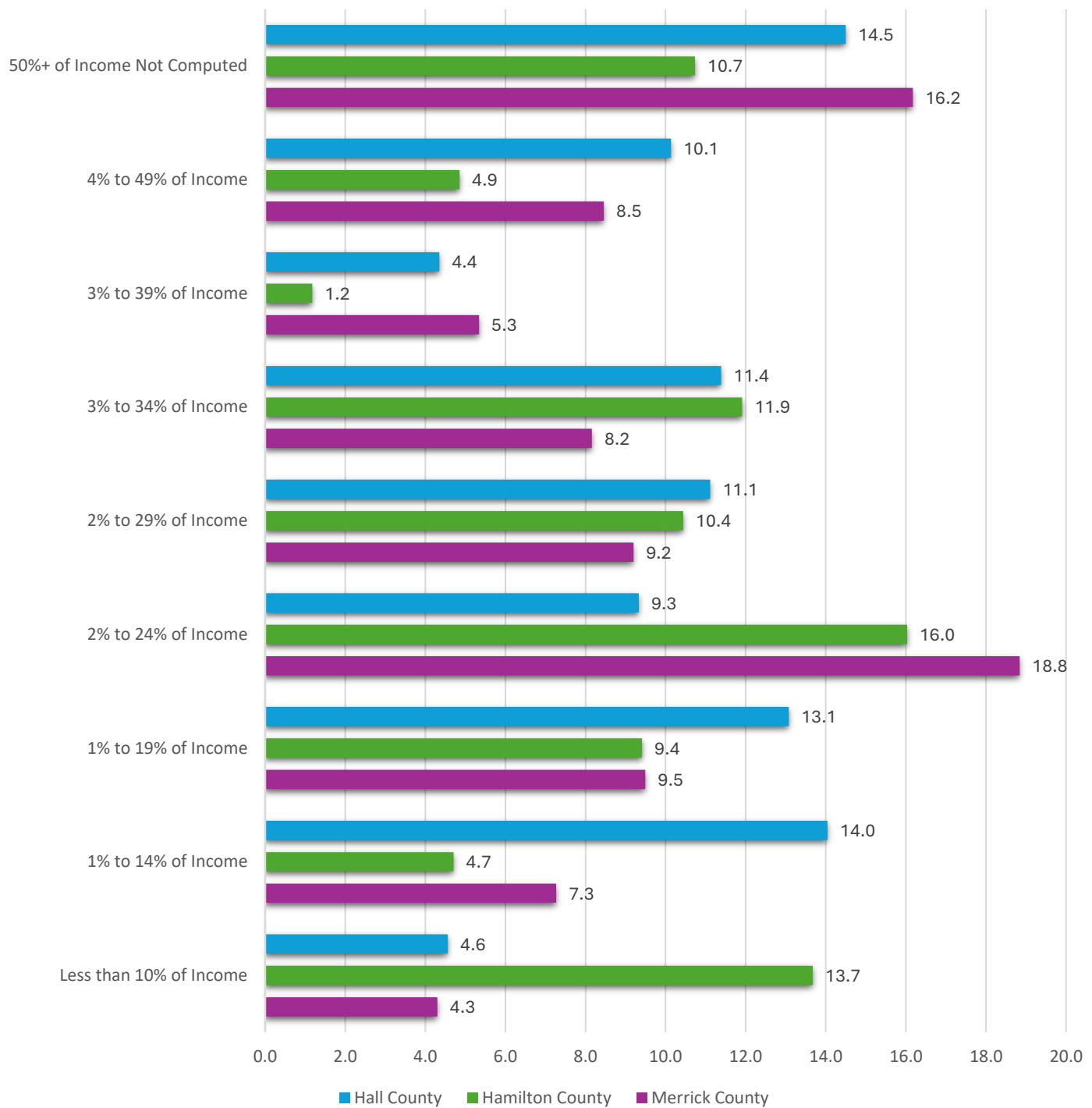
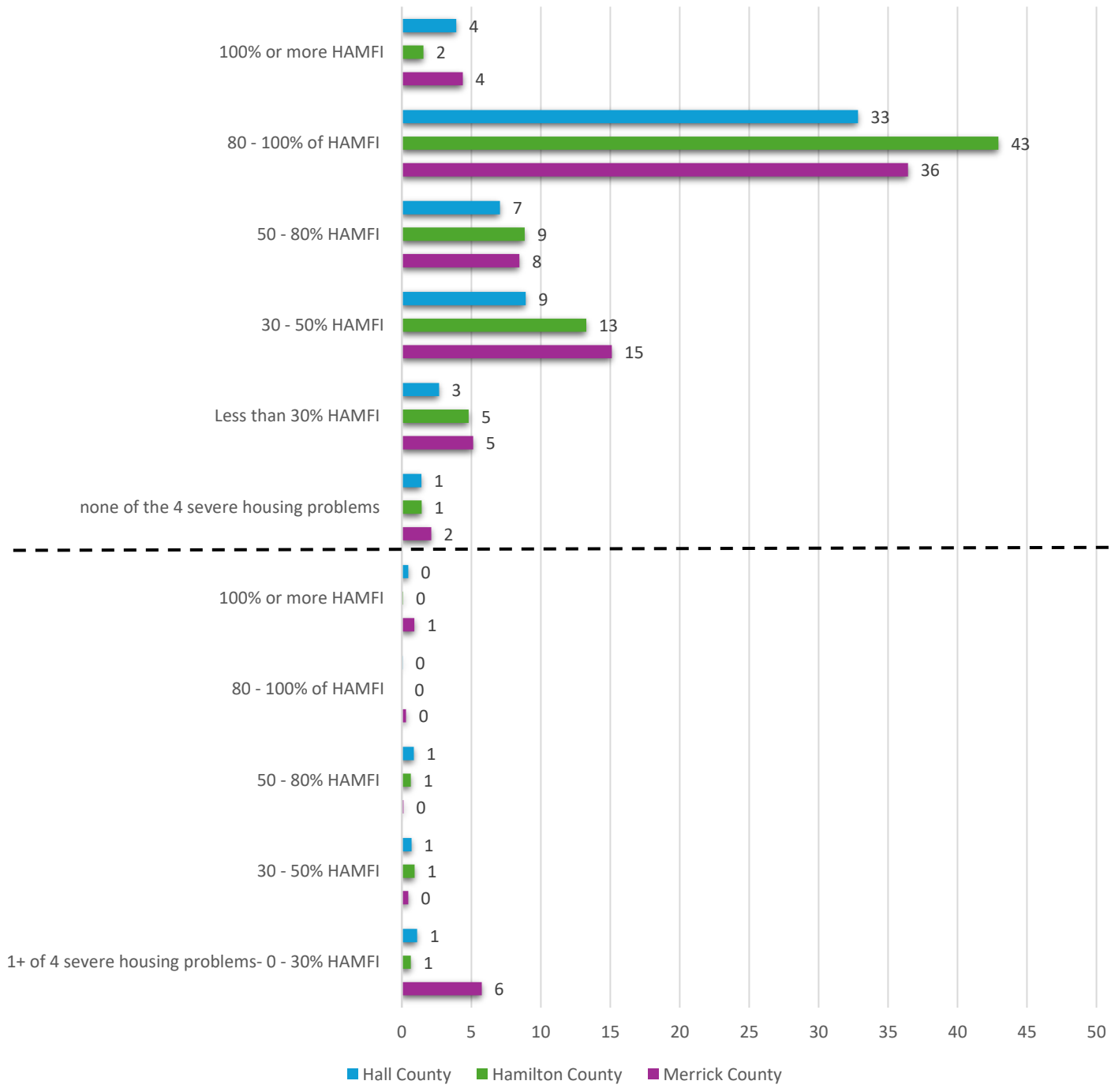


CHART 7E: GROSS RENT AS A PERCENTAGE OF HOUSEHOLD INCOME IN THE PAST 12 MONTHS, 2018-2022³⁴ (%):
(Hall n=9,078, Hamilton n=680, Merrick n=674)



*Gross Rent is defined as a percentage of household income that is a computed ratio of monthly gross rent to monthly household income. The ratio is computed separately for each unit (i.e., 1%-14% of income) and is rounded to the nearest tenth. Units for which no cash rent is paid and units occupied by households that reported no income, or a net loss comprise the category, "Not computed."³⁴

CHART 7F: OWNER OCCUPIED HOUSING BY PRESENCE OF SEVERE HOUSING PROBLEMS BY HAMFI PERCENTAGE, 2017-2021 ³⁵ (%) (n*)

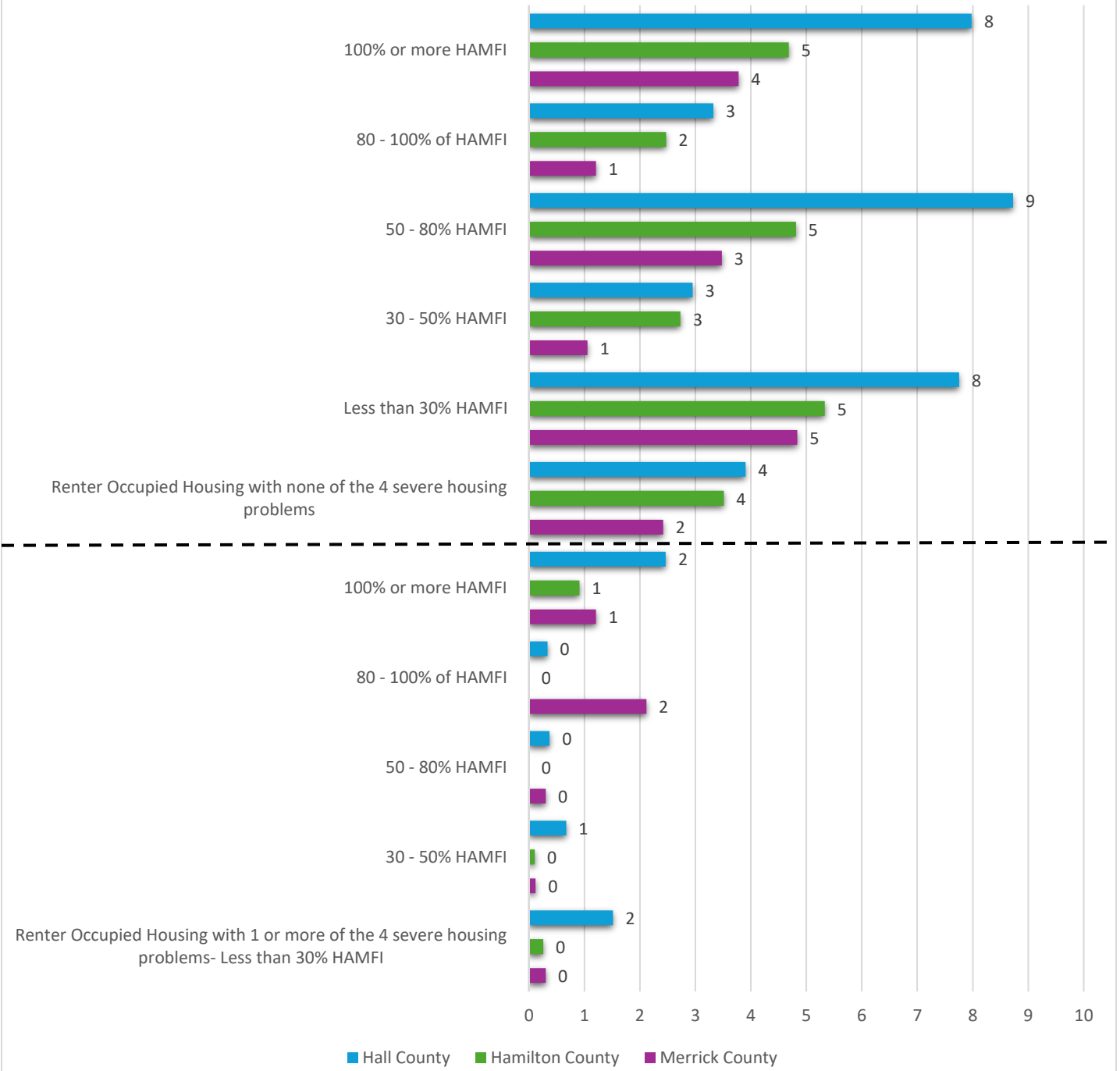


n* Percentages were calculated by sample sizes that were split by county, Hall County: n= 26,755, Hamilton County: n=3,843, Merrick County: n=3,308)

(HUD Area Median Family Income – a median family income figure calculated by HUD for use with housing programs.) (HUD: Housing & Urban Development)

The four housing problems include: overcrowding, high housing costs, lack of kitchen facilities, and lack of plumbing facilities.

CHART 7G: RENTER OCCUPIED HOUSING BY PRESENCE OF SEVERE HOUSING PROBLEMS BY HAMFI PERCENTAGE, 2017-2021 ³⁵ (%) (n*)



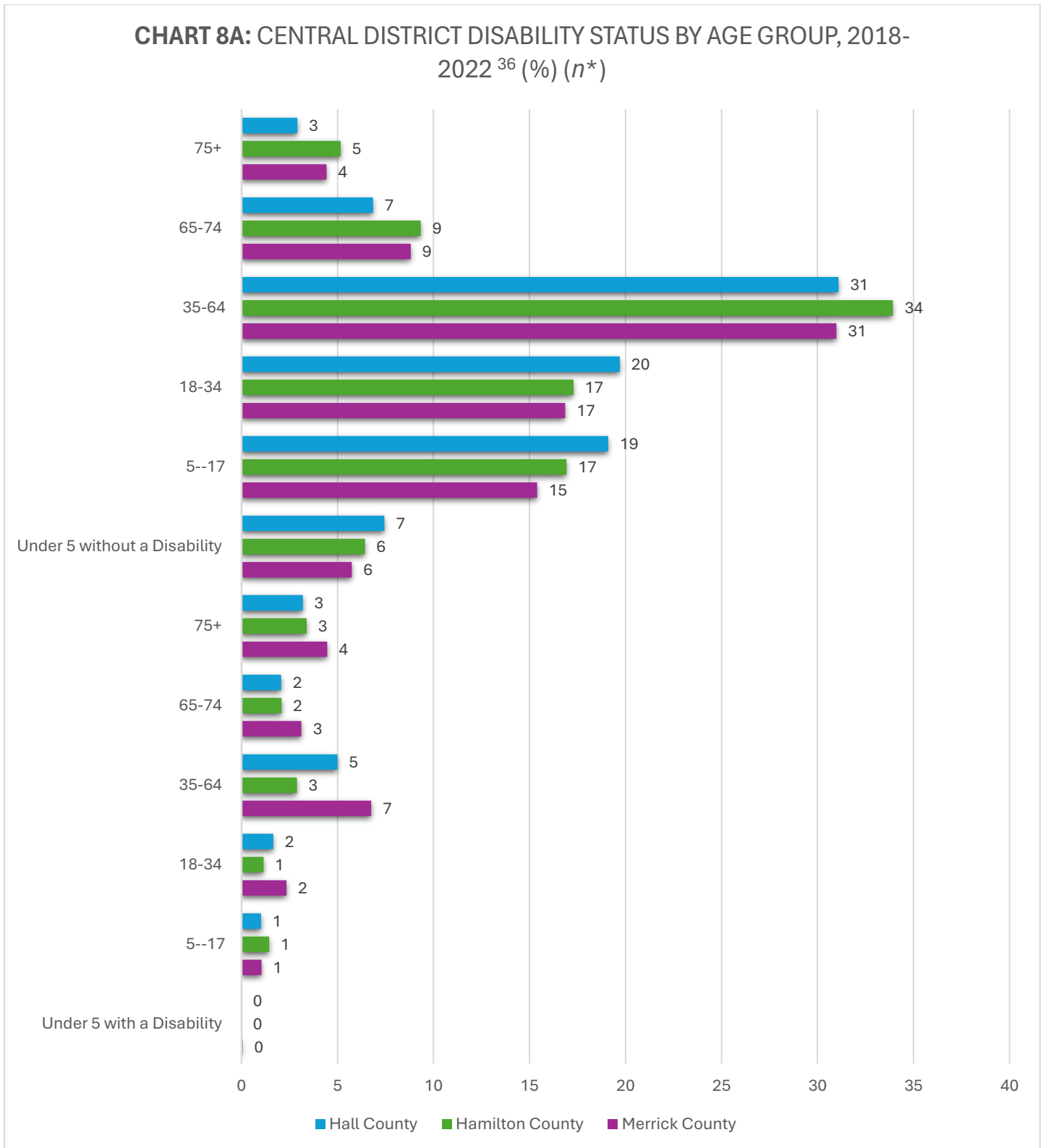
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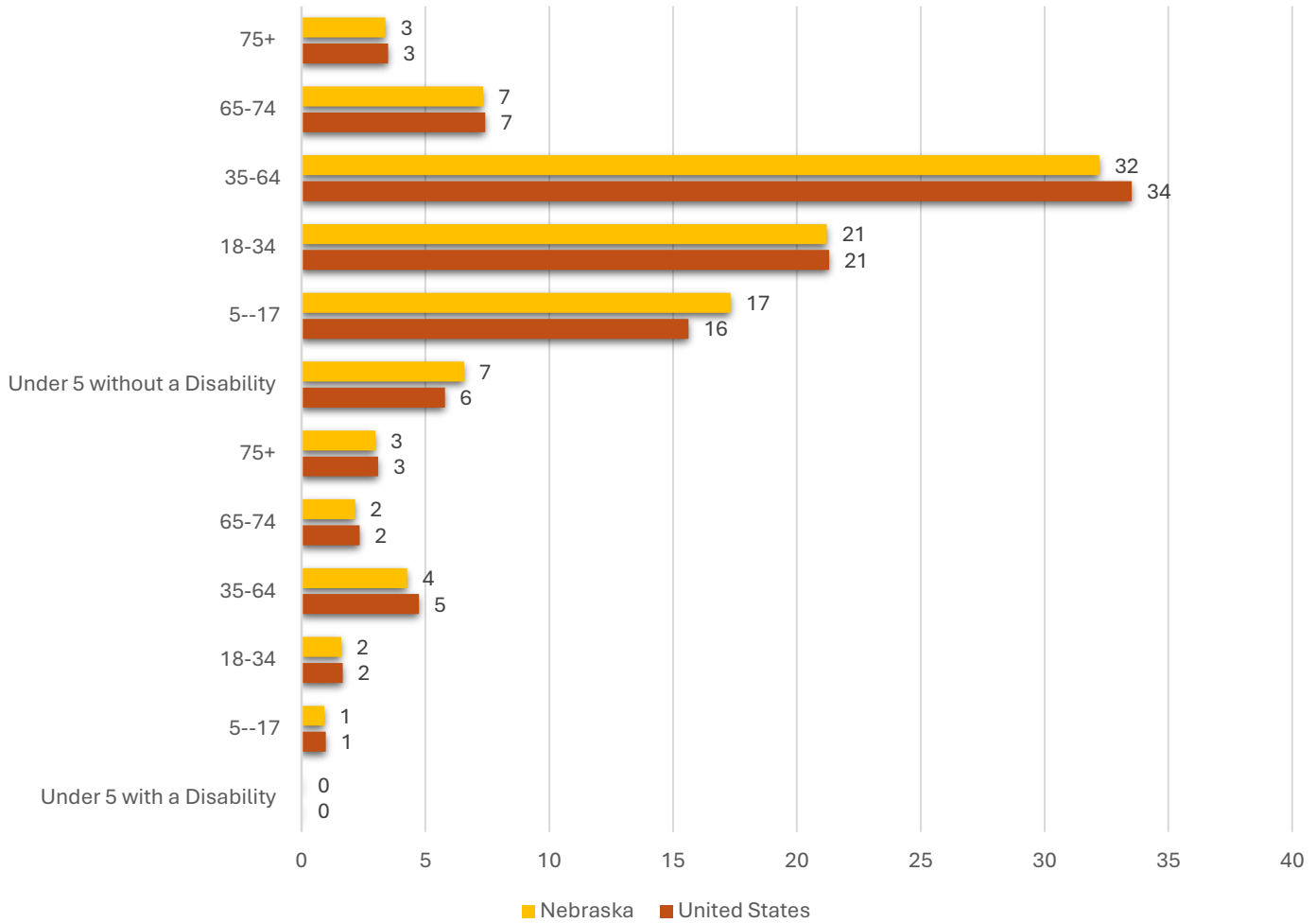
DISABILITY STATUS

Most individuals with disability are 35 years old or older <https://www.cdc.gov/ncbddd/disabilityandhealth/disability.html>)



n*: Percentages were calculated by sample sizes that were split by county, Hall County: (n=61,882), Hamilton County: (n=9,263), and Merrick County: (n=7,571)

CHART 8B: NEBRASKA & UNITED STATES DISABILITY STATUS BY AGE GROUP, 2018-2022³⁶ (%) (n*)



n*: Percentages were calculated by sample sizes that were split by county, Hall County: (n=61,882), Hamilton County: (n=9,263), and Merrick County: (n=7,571)

Table 8A: DISABILITY COUNTS³⁶ (n)	UNDER 5	5--17	18-34	35-64	65-74	75+
Hall County	0	624	1023	3092	1276	1974
Hamilton County	0	133	106	267	193	314
Merrick County	5	79	177	511	236	338
NE	763	17,813	31,019	82,382	41,642	57,594
US	131,689	3,180,317	5,420,682	15,459,138	76,69,207	10,080,423

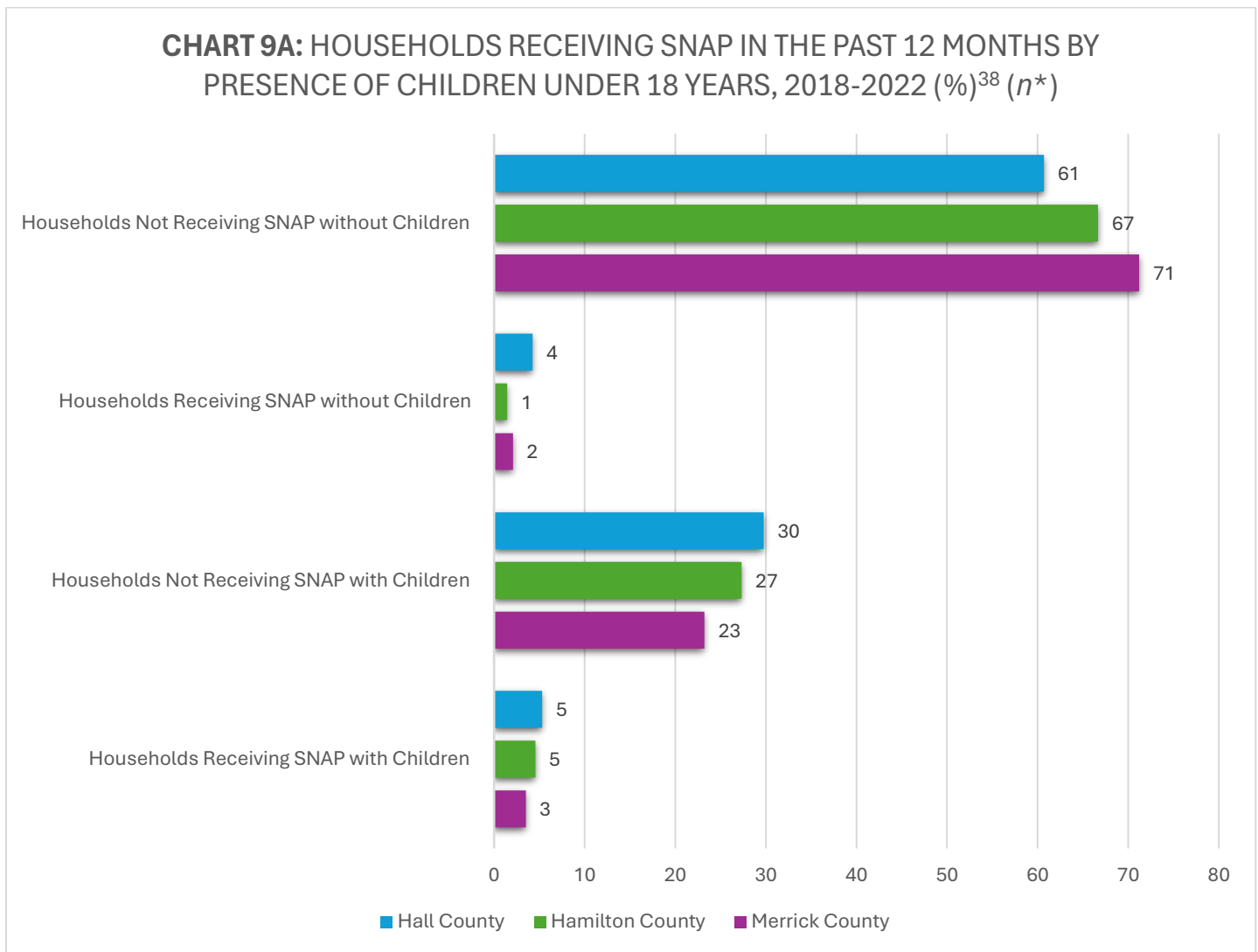
FOOD INSECURITY

TABLE 9A: FOOD INSECURITY RATES (2022) ^{37*}

	OVERALL POPULATION	SENIORS	ADULTS	CHILDREN	BLACK/AFRICAN AMERICAN NH	HISPANIC	WHITE NH
Hall County	14.80%	n/a	17.70%	21.70%	48.00%	29.00%	11.00%
Hamilton County	11.10%	n/a	8.40%	15.10%	n/a	n/a	9.00%
Merrick County	14.20%	n/a	10.90%	19.40%	n/a	n/a	11.00%
Nebraska	13.60%	4.50%	12.80%	19.20%	35.00%	28.00%	11.00%
United States	13.10%	7.40%	13.90%	17.90%	20.40%	19.40%	10.30%

*: Food insecurity percentages for Asian, American Indian, Native Hawaiian/Pacific Islander, and other race(s) were not available.

CHART 9A: HOUSEHOLDS RECEIVING SNAP IN THE PAST 12 MONTHS BY PRESENCE OF CHILDREN UNDER 18 YEARS, 2018-2022 (%) ³⁸ (n*)



n*: Percentages were calculated by sample sizes that were split by county, Hall County: (n=24,026), Hamilton County: (n=3,577), and Merrick County: (n= 3,175)

CHART: HOUSEHOLDS RECEIVING SNAP IN THE PAST 12 MONTHS BY POVERTY STATUS, 2018-2022 ³⁹ (%): (n*)

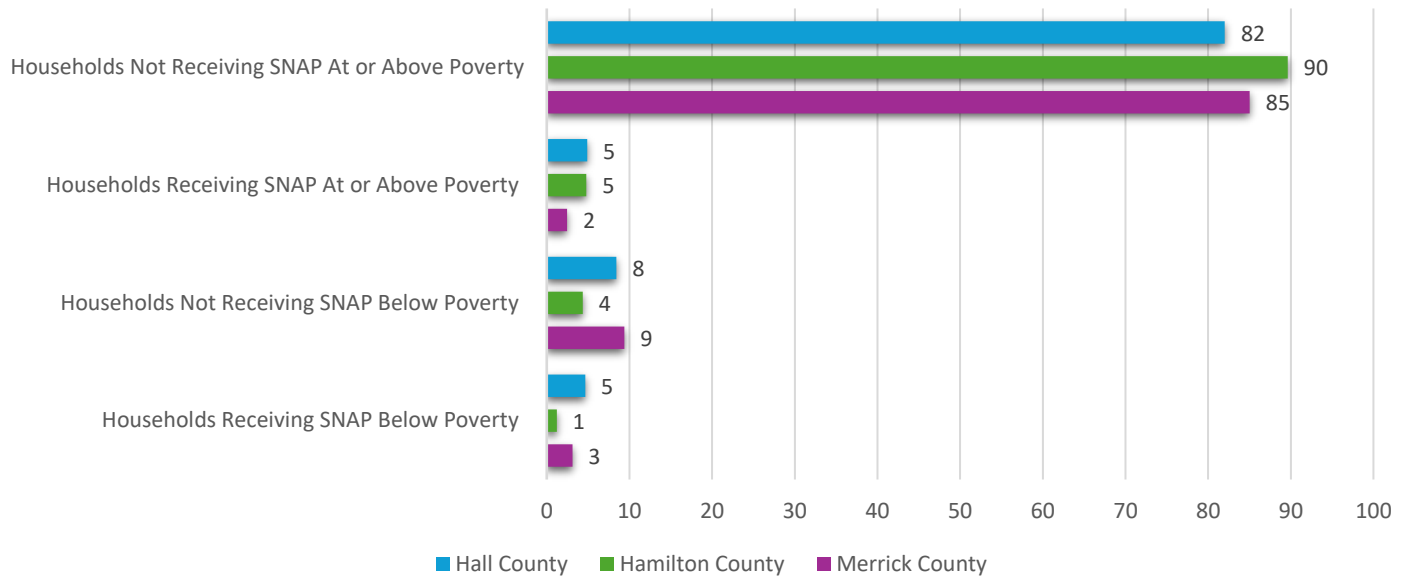
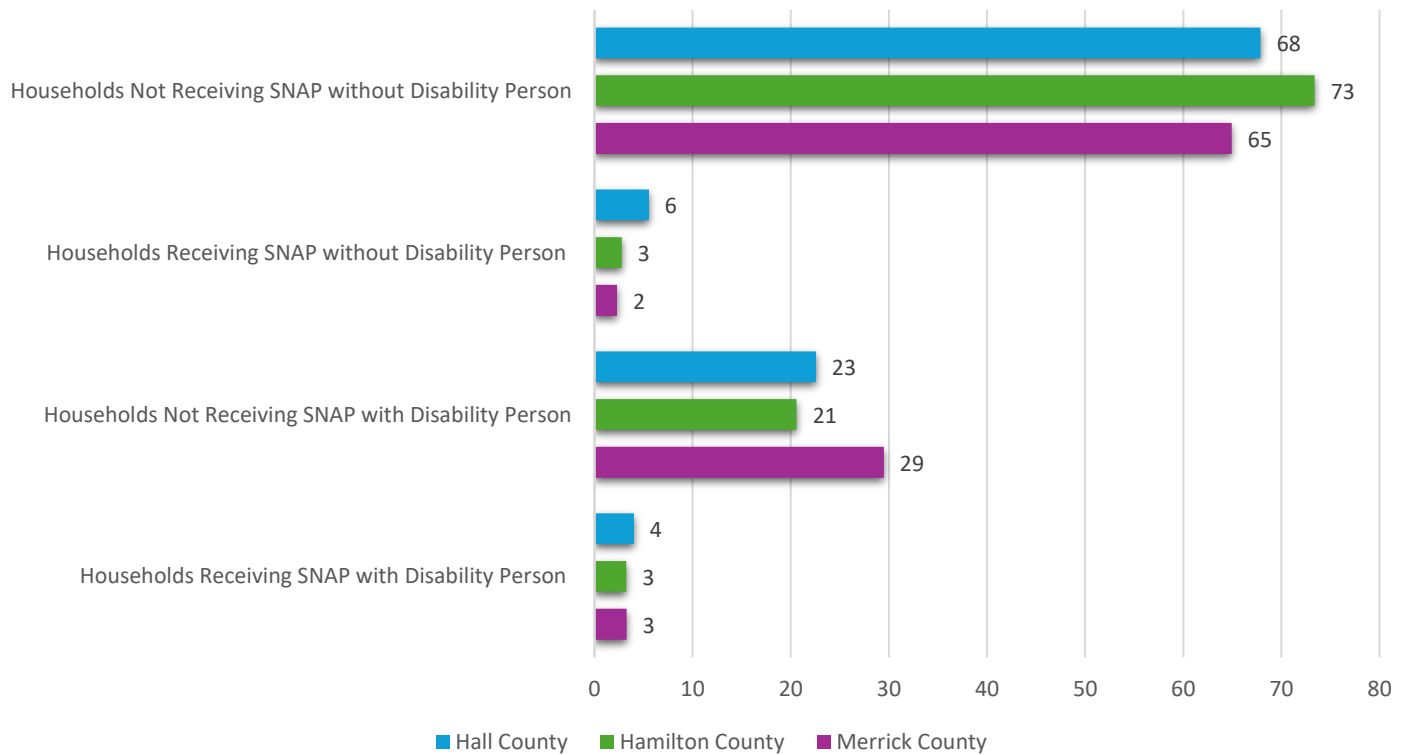


CHART: HOUSEHOLDS RECEIVING SNAP IN THE PAST 12 MONTHS BY DISABILITY STATUS, 2018-2022 ⁴⁰ (%): (n*)



*n**: Percentages were calculated by sample sizes that were split by county, Hall County: (n=24,026), Hamilton County: (n=3,577), and Merrick County: (n= 3,175)

CDC/ATSDR SOCIAL VULNERABILITY INDEX

The Social Vulnerability Index (SVI) is “a tool that helps identify communities that may need support before, during, and after disasters or other emergencies.”⁴¹ Possible scores range from 0 (lowest vulnerability) to 1 (highest vulnerability) and are based on 15 variables consisting of these themes: socioeconomic status, household characteristics, racial & ethnic minority states and housing type and transportation.⁴¹ They are shown in the figure below.⁴¹

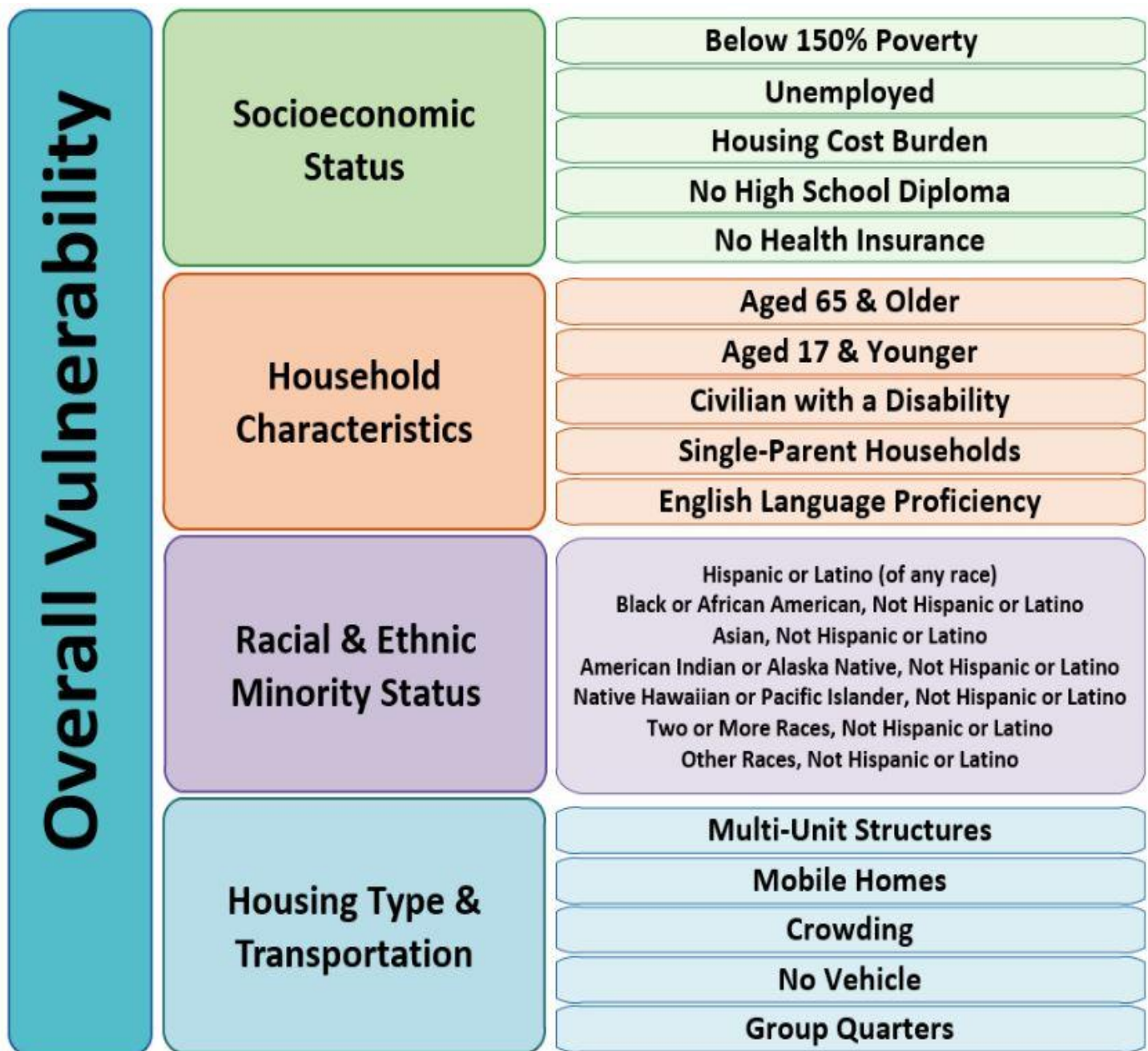


TABLE 10A: STATEWIDE SVI COMPARISON BY COUNTY, 2022 ⁴²

County	Overall, SVI Score	Socioeconomic Status	Household Characteristics	Racial & Ethnic Minority Status	Housing Type & Transportation
Hall	0.9891	1	0.9348	0.9565	0.837
Hamilton	0.1196	0.1957	0.3152	0.2391	0.0652
Merrick	0.4783	0.5	0.5978	0.4891	0.3587

TABLE 10B: NATIONWIDE SVI COMPARISON BY COUNTY, 2022 ⁴²

County	Overall, SVI Score	Socioeconomic Status	Household Characteristics	Racial & Ethnic Minority Status	Housing Type & Transportation
Hall	0.7343	0.6487	0.882	0.7378	0.496
Hamilton	0.0229	0.0433	0.3471	0.1276	0.0105
Merrick	0.1947	0.2405	0.593	0.2399	0.0955

TABLE 10C: OVERALL, SVI STATEWIDE COMPARISON BY COUNTY, HISTORICAL TRENDS, 2014-2020 ⁴²

County	2014	2016	2018	2020
Hall	0.9783	0.9565	0.9565	1
Hamilton	0.0326	0.0761	0.087	0.0326
Merrick	0.6413	0.7065	0.6196	0.7391

TABLE 10D: OVERALL, SVI NATIONWIDE COMPARISON BY COUNTY, HISTORICAL TRENDS, 2014-2020 ⁴²

County	2014	2016	2018	2020
Hall	0.6826	0.6683	0.6701	0.7228
Hamilton	0.0089	0.0083	0.0089	0.0064
Merrick	0.1331	0.1843	0.1975	0.2995

PART II-A: HEALTH OUTCOMES

LEADING CAUSES OF DEATH

TABLE 11A: LEADING CAUSES OF DEATH-UNITED STATES, 2022 ⁴³⁻⁵³	DEATH COUNT (N)	DEATH RATE
Heart disease	702,880	167.2
Cancer	608,371	142.3
Accidents (unintentional injuries)	227,039	64
COVID-19	186,552	44.5
Stroke (cerebrovascular diseases)	165,393	39.5
Chronic lower respiratory diseases	147,382	34.3
Alzheimer's disease	120,122	28.9
Diabetes	101,209	24.1
Nephritis, nephrotic syndrome, and nephrosis.	57,937	13.8
Chronic liver disease and cirrhosis	54,803	13.8

TABLE 11B: LEADING CAUSES OF DEATH (LCD)-NEBRASKA, 2022 ⁴³⁻⁵³	DEATH COUNT (n)	DEATH RATE
Heart disease	3804	154.3
Cancer	3490	142.2
Accidents	989	46.8
Chronic lower respiratory diseases	929	37.4
COVID-19	873	35.5
Stroke	867	35.1
Alzheimer's disease	746	30
Diabetes	539	22.1
Hypertension	430	17.2
Suicide	306	15.6

TABLE 11C: LCD-HALL COUNTY, 2024 ⁵⁴	DEATH COUNT (N)	DEATH RATE
Malignant Neoplasms	163	94.5
Diseases of Heart	112	64.9
COVID-19	69	40
Accidents	60	34.8
Chronic Lower Respiratory Disease	44	25.5

TABLE 11D: LCD-HAMILTON COUNTY, 2024 ⁵⁵	DEATH COUNT (N)	DEATH RATE
Malignant Neoplasms	28	110.4
Disease of Heart	14	n/a
COVID-19	12	n/a

TABLE 11E: LCD-MERRICK COUNTY, 2024 ⁵⁶	DEATH COUNT (N)	DEATH RATE
Malignant Neoplasms	24	114.3
Diseases of Heart	23	109.6

TABLE 11F: YEARS OF POTENTIAL LIFE LOST, 2024⁵⁴⁻⁵⁶ YEARS

Hall	7600
Hamilton	5000
Merrick	8200
Nebraska	6800
United States	8000

HEART DISEASE

TABLE 12A: HEART DISEASE RATES PER 100,000, 2019-2021⁵⁷

Race & Ethnicity	OVERALL CARDIOVASCULAR DISEASE DEATH RATE		HEART DISEASE DEATH RATE		STROKE DEATH RATE		AVOIDABLE HEART DISEASE & STROKE DEATH RATE	
	NE	US	NE	US	NE	US	NE	US
All R/E	203.4	223	149.6	168.1	34.7	39	132.7	159.5
Black/African American (nH)	261.5	308	158.2	223.7	58.8	57	168	223.4
White (nH)	205.7	225.6	153	172.9	34	37.6	133.9	159
Hispanic	112.1	166.4	73.1	118.5	27.2	34.8	75.8	130.1
American Indian & Alaskan Native (nH)	254.8	198	193.6	149.5	n/a	33.6	175.3	148.9
Asian & Pacific Islander (nH)	109.6	128.6	64.1	85	34.5	31.5	87.2	102.7
Native Hawaiian or Other Pacific Islander	n/a	245	n/a	177.9	n/a	48.5	n/a	182.6
More than one race	69.8	101	n/a	74.1	n/a	19.1	54.2	75.4

TABLE 12B: DEATH (MORTALITY) RATES PER 100,000, ALL R/E, GENDERS, AGES, 2019-2021⁵⁷

Region	Total Cardiovascular Disease	Heart Disease	All Stroke	Preventable/Avoidable Deaths
Hall	192.7	144.6	37.9	117.6
Merrick	199.2	153	27.6	121.6
Hamilton	198.5	146.4	29	127.3
Nebraska	203.4	149.6	34.7	132.7
USA	223	168.1	39	159.5

TABLE 12C: PREVALENCE (%), 2021⁵⁷

RISK FACTORS (%), 2021⁵⁷

REGION	PREVALENCE (%)			RISK FACTORS (%)				
	Coronary Heart Disease	High BP	Stroke	High Cholesterol	Diabetes	Obesity	Physical Inactivity	Smoking
Hall	6.3	33.3	3.2	35.1	8.9	38.2	25.8	15.7
Hamilton	6.1	34.8	3	38.6	9.2	37.7	21.2	12.7

TABLE 12D: EVER TOLD THEY HAD A HEART ATTACK OR CORONARY HEART DISEASE, ADULTS 18 AND OLDER, AGE-ADJUSTED, 2022⁵⁸

Region	Sample Size (<i>n</i>)				Percent (%)			
State of Nebraska	7373				6.4			
Central District	359				10.6			
Merrick	7.2	35.8	3.5	35.3	8.5	39.1	20.7	16.3

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	3959	4.9	3414	7.9
Central District	197	10.2	162	10.8

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	2054	1	2180	6.5	3073	17.3
Central District	104	1.1	115	14.8	139	22.5

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi-racial* (<i>n</i>)	P (%)
State of Nebraska	6166	5.3	672	5.6	170	8.5	70	6.6	100	12.2	72	2.3
Central District	269	7.3	79	6.1	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	1080	8.8	1948	5.7	1236	5.7	2085	3.9
Central District	70	16.3	105	11.6	--	--	87	4.9

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post-HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	479	8.9	2185	6.2	2265	5.3	2430	4.4
Central District	53	5.9	119	9.7	94	9.8	92	6.9

12E: EVER TOLD THEY HAD A STROKE, ADULTS 18 AND OLDER, 2022 ⁵⁹

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	7460	2.5
Central District	360	1.8

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	3997	2.2	3463	2.9
Central District	197	2.1	163	1.6

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	2064	0.6	2194	3.1	3135	2064
Central District	105	0	114	2.9	140	105

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi-racial* (<i>n</i>)	P (%)
State of Nebraska	6240	1.9	676	2.2	171	6.1	71	5.7	102	6.3	74	2.4
Central District	270	1.4	79	1.9	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	1095	4.4	1976	2.9	1250	1.3	2089	1.4
Central District	69	1.9	105	3.9	--	--	87	0

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post-HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	489	3.2	2229	2.3	2279	2.1	2448	2.3
Central District	53	1.6	120	0.6	94	1.8	92	2

DIABETES

TABLE 13A: DIABETES PREVALENCE, ADULTS 20 AND OLDER, 2024* 54-56 PERCENTAGE (%)

Hall County	10
Hamilton County	8
Merrick County	9
Nebraska	9

*Data from year 2021 was used for the current (2024) values seen in Diabetes Prevalence table above.

TABLE 13B: DIAGNOSED DIABETES TOTAL, ADULTS 18+ YEARS, AGE-ADJUSTED, 2021 60

Region	Percentage (%)	Count (n)
Hall	8.9	4343
Merrick	8.5	622
Hamilton	9.2	789
Nebraska (2022)	9.7	161508
United States (2022)	8.4	24400

TABLE 13C: DIAGNOSED DIABETES - RACE/ETHNICITY, ADULTS AGED 18+ YEARS, AGE-ADJUSTED, 2022 60

Region	Hispanic (%)	Count (n)	White, NH (%)	Count (n)	Black, NH (%)	Count (n)	Asian, NH (%)	Count (n)
State of Nebraska	13.2	14507	8.7	120824	15.2	11938	n/a	n/a
United States	11.5	4520	7.2	13993	11.5	3687	10.2	1613

TABLES 13D: EVER TOLD THEY HAVE DIABETES (EXCLUDING PREGNANCY), ADULTS 18 AND OLDER, 2022 61

Region	Sample Size (n)	Percent (%)
State Of Nebraska	7463	10.8
Central District	360	11.7

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	4002	9.7	3461	11.9
Central District	198	13.2	162	10.4

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	2064	3.0	2195	15.1	3137	21.4
Central District	105	3.0	115	12.0	139	27.2

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black * (n)	P (%)	Asian/PI * (n)	P (%)	Am. Indian* (n)	P (%)	Multi- racial*(n)	P (%)
State of Nebraska	6239	8.8	679	14.1	170	15.4	72	21.8	103	20.6	74	12.4
Central District	270	9.8	79	15.1	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000- \$49,999 (n)	Percent (%)	\$50,000- \$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1099	15.7	1977	10.7	1250	7.9	2090	7.8
Central District	70	16.1	105	9.9	--	--	87	4.8

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	491	14.3	2229	11.2	2280	10.2	2448	7.1
Central District	53	7.7	120	10.5	94	12.3	92	8.2

TABLE 13E: EVER TOLD THEY HAVE PRE-DIABETES (EXCLUDING PREGNANCY), ADULTS 18 AND OLDER, AGE-ADJUSTED, 2022⁶²

Region	Sample Size (n)	Percent (%)
State of Nebraska	3665	8.5
Central District	169	10.4

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	1963	8.5	1702	8.6
Central District	89	7.8	80	12.6

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	979	3.9	1088	11.5	1570	13.3
Central District	--	--	61	16.9	63	8.3

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)
State of Nebraska	3066	7.5	339	12.8	87	10.4	--	--
Central District							--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	531	8.7	997	9.2	619	8.1	1028	8.2
Central District	--	--	--	--	--	--	--	--

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post- HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	251	9.3	1079	6.8	1109	8.9	1217	7.1
Central District	--	--	57	10.6	--	--	--	--

TABLE 13F: DIABETES MORTALITY RATES BY REGION, PER 100,000 PEOPLE, 2022⁶³

Region	Death Rate	Death Count (n)
Nebraska	22.1	539
United States	24.1	101,209

CANCER

14A: CANCER AGE—ADJUSTED INCIDENCE RATES (CASES PER 100,000 POPULATION PER YEAR,) ALL STAGES, 2017-2021⁶⁴

	NE RATE	USA RATE
All Cancer Sites	456.2	444.4
Bladder	19.1	18.8
Brain & ONS	7.1	6.3
Breast (Female)	130.7	129.8
Breast (In Situ) (Female)	28.3	29.3
Cervix (Female)	7.4	7.5
Childhood (Ages <15, All Sites)	17.5	16.8
Childhood (Ages <20, All Sites)	19.6	18.4
Colon & Rectum	39.2	36.4
Esophagus	4.9	4.5
Kidney & Renal Pelvis	18.7	17.3
Leukemia	13.8	14.1
Liver & Bile Duct	6.0	8.6
Lung & Bronchus	52.2	53.1

Melanoma of the Skin	28.7	22.7
Non-Hodgkin Lymphoma	19.3	18.5
Oral Cavity & Pharynx	13.0	12.0
Ovary (Female)	9.0	10.1
Pancreas	13.1	13.5
Prostate (Male)	122.6	113.2
Stomach	5.0	6.3
Thyroid	15.7	12.9
Uterus (Corpus & Uterus, Nos) (Female)	27.7	27.8

TABLE 14B: CANCER INCIDENCE RATES (FOR EVERY 100,00 PEOPLE) 2017-2021 ⁶⁵

Region	All Types of Cancer	Breast (Female)	Colon & Rectum	Lung & Bronchus	Melanoma of the Skin	Prostate (Male)	Uterus, (Corpus & Uterus, NOS) (Female)
Hall	432	112	148	52	26	92	31
Merrick	470	78	45	44	<16	110	<16
Hamilton	480	138	33	60	44	156	<16

TABLE 14C: CANCER AGE-ADJUSTED MORTALITY RATES BY CANCER SITE (2018-2022) ⁶⁴

	NE RATE	USA RATE
All Cancer Sites	147.6	146.0
Bladder	4.1	4.1
Brain & ONS	5.1	4.4
Breast (Female)	19.5	19.3
Cervix (Female)	1.9	2.2
Childhood (Ages <15, All Sites)	2.3	1.9
Childhood (Ages <20, All Sites)	2.2	2.1
Colon & Rectum	14.7	12.9
Esophagus	4.5	3.7
Kidney & Renal Pelvis	3.9	3.4
Leukemia	6.2	5.9
Liver & Bile Duct	4.7	6.6
Lung & Bronchus	31.7	32.4
Melanoma of the Skin	2.5	2.0
Non-Hodgkin Lymphoma	5.0	5.0
Oral Cavity & Pharynx	2.8	2.6
Ovary (Female)	5.5	6.0
Pancreas	11.9	11.2
Prostate (Male)	19.3	19.0
Stomach	2.2	2.7
Thyroid	0.6	0.5
Uterus (Corpus & Uterus, Nos) (Female)	5.3	5.2

TABLE 14D: CANCER DEATH RATES (FOR EVERY 100,000 PEOPLE) 2017-2021 ⁶⁵

Region	All Types of Cancer	Breast (Female)	Colon & Rectum	Lung & Bronchus	Melanoma of the Skin	Prostate (Male)	Uterus, (Corpus & Uterus, NOS) (Female)
Hall	141	16	43	30	<16	13	<16
Merrick	143	<16	<16	24	<16	<16	<16
Hamilton	146	<16	<16	37	<16	<16	<16

TABLE 14E: EVER TOLD THEY HAVE CANCER (IN ANY FORM), ADULTS 18 AND OLDER, 2022 ⁶⁶

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	7420	11.0
Central District	359	9.0

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	3977	11.5	3443	10.4
Central District	197	10.7	162	7.6

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	2062	1.7	2183	11.0	3109	30.4
Central District	105	1.2	115	8.0	138	26.0

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi-racial* (<i>n</i>)	P (%)
State of Nebraska	6203	10.0	675	2.7	169	3.8	71	5.4	103	9.0	74	16.1
Central District	269	8.7	79	1.1	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	1091	7.3	1960	8.3	1243	10.4	2085	11.2
Central District	69	7.3	104	4.8	--	--	87	10.5

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post- HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	488	7.7	2210	9.1	2268	9.2	2439	10.2
Central District	53	1.4	119	9.3	94	6.6	92	11.4

CHRONIC LOWER RESPIRATORY DISEASE

TABLE 15A: CHRONIC LOWER RESPIRATORY DISEASE MORTALITY RATES BY REGION, 2022 47*

Region	Death Rate	Death Count (<i>n</i>)
Nebraska	37.4	929
United States	34.3	147,382

TABLE 15B: COPD IN NEBRASKA, 2023 – AMERICAN LUNG ASSOCIATION, COPD STATE BRIEF (NEBRASKA)⁶⁷

Adults Diagnosed with COPD	83,859 (people)
COPD Prevalence	5.6 (%)

TABLE GROUP-15C: EVER TOLD THEY HAVE COPD, ADULTS 18 AND OLDER, AGE-ADJUSTED, 2022 ⁶⁸

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	7453	5.6
Central District	361	6.5

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	3995	5.9	3458	5.2
Central District	198	8.1	163	5.0

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	2058	1.6	2191	6.9	3138	11.7
Central District	105	1.4	115	9.2	140	12.1

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi-racial* (<i>n</i>)	P (%)
State of Nebraska	6236	5.1	674	3.5	169	3.9	71	2.4	103	4.6	74	13.8
Central District	271	6.2	79	3.2	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1095	10.5	1972	6.2	1249	5.0	2089	2.7
Central District	70	15.6	105	4.5	--	--	87	2.5

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post- HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	486	8.6	2227	6.1	2277	5.3	2448	3.1
Central District	53	5.2	121	7.7	94	5.0	92	4.1

CURRENTLY HAVE ASTHMA, ADULTS 18 AND OLDER, STATE OF NEBRASKA, 2022⁶⁹

Region	Sample Size (n)	Percent (%)
State of Nebraska	7443	8.1
Central District	361	7.8

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3988	10.0	3455	6.2
Central District	198	9.5	163	6.4

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	2056	8.4	2191	8.4	3129	7.4
Central District	105	7.2	115	7.6	140	9.5

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	6221	8.6	678	5.1	171	7.2	71	5.2	102	13.9	74	15.2
Central District	271	11.1	79	4.1	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1094	11.9	1974	8.5	1247	8.3	2086	7.0
Central District	70	13.3	105	5.6	--	--	87	9.2

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	491	9.5	2226	7.4	2270	10.2	2441	7.1
Central District	53	5.6	121	7.2	94	5.7	92	11.2

TABLE GROUP-15D: EVER TOLD THEY HAVE ASTHMA, ADULTS 18 AND OLDER, AGE-ADJUSTED, 2022⁷⁰

Region	Sample Size (n)	Percent (%)
State of Nebraska	7460	11.5
Central District	361	9.0

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3996	13.2	3464	9.8
Central District	198	11.3	163	7.0

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	2063	12.7	2194	10.5	3136	10.4
Central District	105	8.1	115	9.1	140	10.9

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	6236	11.9	679	8.5	171	10.1	71	11.1	103	15.3	74	25.6
Central District	271	12.8	79	4.1	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1097	15.3	1976	12.1	1251	11.8	2089	10.6

Central District	70	15.0	105	7.0	--	--	87	9.2
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Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post- HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	491	12.9	2230	10.5	2277	14	2447	10.2
Central District	53	6.2	121	9.7	94	6.5	92	12.2

ACCIDENTS

Nationally, accidents are the third leading cause of deaths, with a death rate of 64 (per 100,000 people) and total count of 227,039 (2022) ⁴⁶. In the state of Nebraska, the death rate is 46.8 (per 100,000 people) and a total death count of 989 people.⁴⁶

TABLE 16A: MORTALITY RATES BY ACCIDENT TYPE, (PER 100,000), 2024

	INJURY* 54-56	FIREARM 54-56	HOMICIDE 54-56	MOTOR VEHICLE CRASH ⁷¹	SUICIDE 54-56
Hall	63	8	--	13	15
Hamilton	58	--	--	--	--
Merrick	49	--	--	--	--
Nebraska	63	10	3	12	15
United States	80	13	6	12	14

TABLE 16B: MORTALITY RATES BY ACCIDENT TYPE, (PER 100,000), 2023

	INJURY* 54-56	FIREARM 54-56	HOMICIDE 54-56	MOTOR VEHICLE CRASH ⁷¹	SUICIDE 54-56
Hall	60	7	--	13	16
Hamilton	50	--	--	15	--
Merrick	51	--	--	--	--
Nebraska	61	10	3	13	14
United States	76	12	6	12	14

**Injuries include but are not limited to homicides, suicides, motor vehicle crashes and poisonings per 100,000 people. County health rankings and roadmaps*

PART II-B: HEALTH OUTCOMES

Health Risk Factors

TABLE 17A: GENERAL HEALTH FAIR OR POOR, ADULTS 18 AND OLDER, AGE-ADJUSTED, 2022⁷²

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	7465	15.1
CDHD	361	14.8

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	4001	16.2	3464	13.9
Central District	197	16.8	164	13.0

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	2066	10.4	2197	19.1	3136	19.7
Central District	105	7.1	115	22.2	140	18.9

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/ PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi- racial* (<i>n</i>)	P (%)
State of Nebraska	6242	12.6	680	28.3	171	21.5	72	5.5	103	25.9	74	16.8
Central District	271	8.5	79	25.0	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000- \$49,999 (<i>n</i>)	Percent (%)	\$50,000- \$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	1100	33.2	1975	18.0	1250	11.4	2091	6.4
Central District	70	38.5	105	14.5	--	--	87	7.8

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post- HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	490	33.5	2231	17.8	2281	13.6	2447	7.2
Central District	53	28.7	121	12.1	93	7.0	92	7.7

MENTAL HEALTH

The following information is from Mental Health America’s “The State of Mental Health in America Report”, 2024 Edition. **Table 18A** below provides the definitions for four general rankings the report includes:

TABLE 18A: MENTAL HEALTH (MH) RANKINGS ⁷³	OVERALL RANKINGS	PREVALENCE OF MENTAL HEALTH ILLNESS	ACCESS TO CARE	MH WORKFORCE AVAILABILITY RATIO (PATIENT: 1 PROVIDER)
1-13	Lower prevalence of mental illness (MI) & higher rates of access to care	Lower prevalence of Mental Illness (MI) and substance-use issues	More access to quality and affordable insurance, mental health treatment and special education	140:1 to 240: 1
39-51	Higher prevalence of MI and lower rates of access to care	Higher prevalence of MI & substance-use issues	Less access to the above	460:1 to 800:1

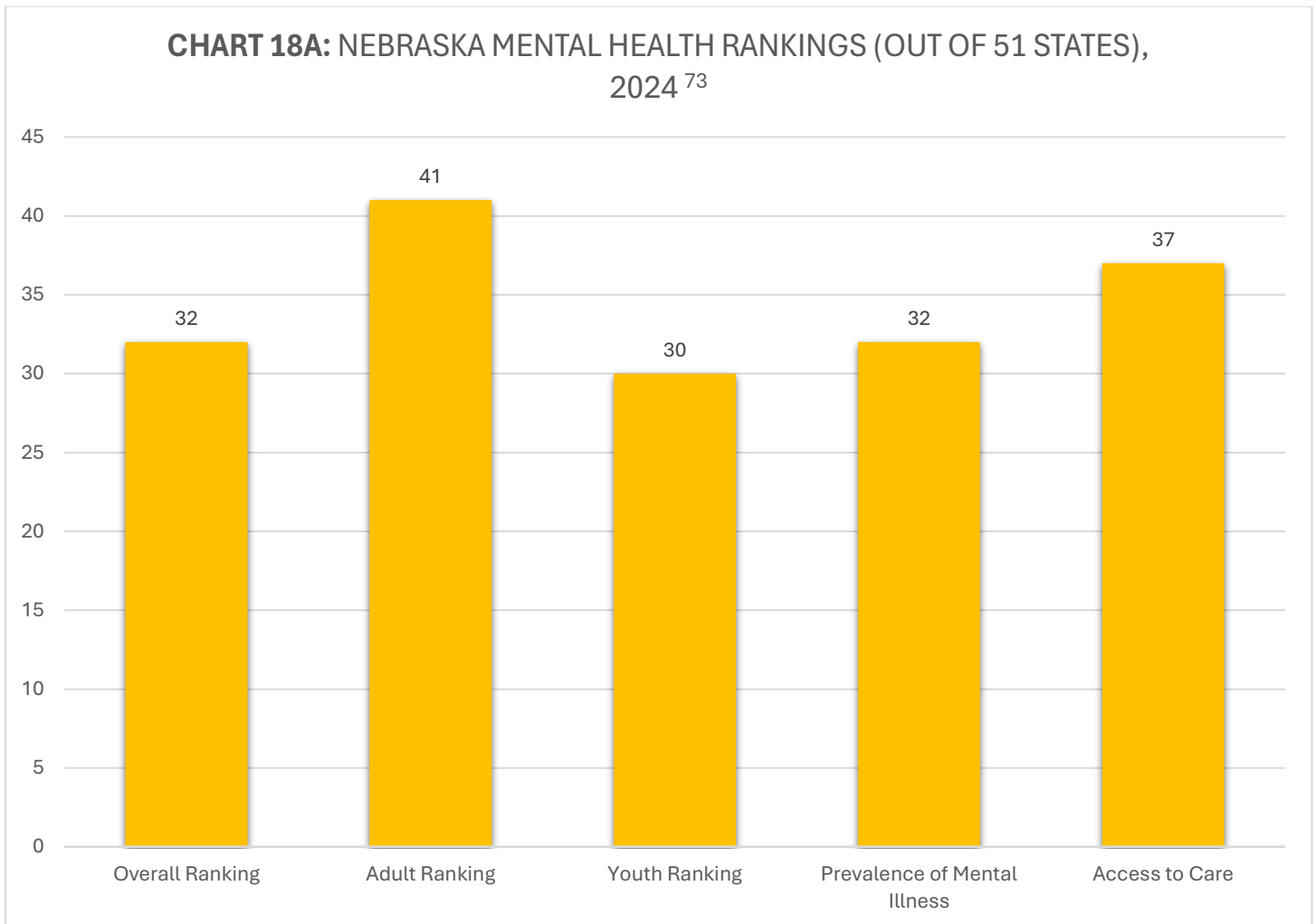


TABLE 18B: ACCESS TO CARE IN NEBRASKA, 2024 ⁷³

	RANK (OUT OF 51 STATES)	PERCENT (%)	COUNT (N)
Adults With Substance Use Disorder (SUD) Who Needed But Did Not Receive Treatment	26	75.19	213,000
Adults With AMI With Private Insurance That Did Not Cover Mental Or Emotional Problems	49	17.6	39,000
Adults Reporting 14+ Mentally Unhealthy Days A Month Who Could Not See A Doctor Due To Costs	30	23.52	42,413
Youth With MDE Who Did Not Receive Mental Health Services	41	65.1	24,000
	RANK	RATE	COUNT (n)
Adults With AMI Who Are Uninsured	34	9	33,000
Youth With Private Insurance That Did Not Cover Mental Or Emotional Problems	32	8.3	8,000
Students (K+) Identified With Emotional Disturbance For An Individual Education Program	13	9.17	2,840
Youth With MDE Who Reported Treatment Or Counseling Helped Them	44	48.1	6,000

TABLE 18C: PREVALENCE OF MENTAL HEALTH ILLNESS IN NEBRASKA, 2024 ⁷³

	RANK (OUT OF 51 STATES)	PERCENT (%)	COUNT (N)
Adults With Any Mental Illness (AMI)	37	25.71	376,000
Adult Substance Abuse Disorder	15	17.58	257,000
Adult Serious Thoughts Of Suicide	49	6.15	90,000
Youth With At Least One Major Depressive Episode (MDE) In The Past Year	34	21.12	35,000
Youth With Substance Use Disorder In The Past Year	23	8.86	15,000
Youth With Serious Thoughts Of Suicide	41	14.18	24,000
Youth (Age 6-17) Flourishing	7	63	200,239

TABLE 18D: MENTAL HEALTH MARKERS ⁵⁴⁻⁵⁶

	POOR MENTAL HEALTH DAYS (PER 100,000 PEOPLE)	FREQUENT MENTAL DISTRESS (%)	PATIENT TO MENTAL HEALTH PROVIDER RATIO	SUICIDES (PER 100,000 PEOPLE)
Hall	4.1	14	240p:1	15
Merrick	4.4	14	2,570p:1	N/A
Hamilton	3.9	13	790p:1	N/A
Nebraska	4.3	14	310p:1	15
US	4.8	15	320p:1	14

TABLE 18E: EVER TOLD THEY HAVE DEPRESSION, ADULTS 18 AND OLDER, 2022 ⁷⁴

Region	Sample Size (n)	Percent (%)
State of Nebraska	7451	17.0
CDHD	361	13.9

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3990	23.6	3461	10.4
Central District	198	22.3	163	6.5

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	2060	21.0	2189	16.6	3135	9.8
Central District	105	13.7	115	17.9	140	8.6

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	6229	19.7	679	9.4	170	14.3	71	1.9	103	18.0	73	28.3
Central District	271	15.0	79	8.7	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1097	22.9	1974	20.5	1248	19.5	2086	14.9
Central District	70	25.5	105	16.8	--	--	87	9.4

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	490	12.5	2226	16.6	2274	22.4	2446	14.4
Central District	53	11.9	121	16.8	94	17.6	92	9.7

MENTAL HEALTH – FREQUENT MENTAL DISTRESS IN PAST 30 DAYS, ADULTS 18 AND OLDER, 2022 ⁷⁵

Region	Sample Size (n)	Percent (%)
State of Nebraska	7420	12.1
CDHD	357	11.2

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3977	15.7	3443	8.4

Central District	195	16.1	162	6.9
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Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	2054	15.8	2180	10.5	3121	6.6
Central District	104	11.4	113	14.2	139	6.8

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	6207	13.0	671	9.5	170	12.7	71	5.8	103	12.0	73	24.3
Central District	269	12.6	77	11.5	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1085	21.4	1967	14.7	1242	11.9	2087	8.3
Central District	66	23.5	105	13.5	--	--	87	3.0

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	485	14.8	2212	13.8	2265	15.5	2442	8.1
Central District	51	9.3	119	12.3	93	13.5	92	6.2

AVERAGE NUMBER OF DAYS MENTAL HEALTH WAS NOT GOOD IN PAST 30 DAYS, ADULTS 18 AND OLDER, 2020⁷⁶

Region	Sample Size (n)	Mean
State of Nebraska	7420	4.1
CDHD	357	3.6

Sex

Region	Female (n)	Mean	Male (n)	Mean
State of Nebraska	3977	5.1	3443	3.1
Central District	195	4.8	162	2.5

Age Group

Region	18-44 (<i>n</i>)	Mean	45-64 (<i>n</i>)	Mean	65+ (<i>n</i>)	Mean
State of Nebraska	2054	5.4	2180	3.5	3121	2.2
Central District	104	4.2	113	3.7	139	2.3

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi-racial* (<i>n</i>)	P (%)
State of Nebraska	6207	4.4	671	3.1	170	4.1	71	2.3	103	3.6	73	7.0
Central District	269	4.4	77	2.9	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Mean	\$25,000-\$49,999 (<i>n</i>)	Mean	\$50,000-\$74,999 (<i>n</i>)	Mean	\$75,000+ (<i>n</i>)	Mean
State of Nebraska	1085	6.0	1967	4.8	1242	4.2	2087	3.3
Central District	66	5.3	105	4.5	--	--	87	1.5

Educational Attainment

Region	Less than HS (<i>n</i>)	Mean	HS or GED (<i>n</i>)	Mean	Some post-HS (<i>n</i>)	Mean	College Graduate (<i>n</i>)	Mean
State of Nebraska	485	4.1	2212	4.4	2265	5.1	2442	3.3
Central District	51	2.3	119	3.6	93	5.3	92	3.6

TABLE GROUP-18F: MENTAL HEALTH WAS NOT GOOD ON 14 OR MORE OF THE PAST 30 DAYS (I.E., FREQUENT MENTAL DISTRESS), ADULTS 18 AND OLDER, 2022⁷⁷

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	7420	12.1
CDHD	357	11.2

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	3977	15.7	3443	8.4
Central District	195	16.1	162	6.9

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	2054	15.8	2180	10.5	3121	6.6

Central District	104	11.4	113	14.2	139	6.8
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Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/ PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi- racial*(n)	P (%)
State of Nebraska	6207	13.0	671	9.5	170	12.7	71	5.8	103	12.0	73	24.3
Central District	269	12.6	77	11.5	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000- \$49,999 (n)	Percent (%)	\$50,000- \$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1085	21.4	1967	14.7	1242	11.9	2087	8.3
Central District	66	23.5	105	13.5	--	--	87	3.0

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post- HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	485	14.8	2212	13.8	2265	15.5	2442	8.1
Central District	51	9.3	119	12.3	93	13.5	92	6.2

MENTAL/PHYSICAL HEALTH

AVERAGE DAYS POOR PHYSICAL OR MENTAL HEALTH LIMITED USUAL ACTIVITIES IN PAST 30 DAYS, ADULTS 18 AND OLDER, 2022⁷⁸

Region	Sample Size (n)	Mean
State of Nebraska	7437	2.4
CDHD	357	1.8

Sex

Region	Female (n)	Mean	Male (n)	Mean
State of Nebraska	3982	2.8	3455	1.9
Central District	194	2.3	163	1.3

Age Group

Region	18-44 (n)	Mean	45-64 (n)	Mean	65+ (n)	Mean
State of Nebraska	2057	2.0	2190	2.9	3124	2.5
Central District	103	1.0	114	2.6	139	2.3

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/ PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi- racial*(n)	P (%)
State of Nebraska	6219	2.3	673	2.5	171	3.1	71	1.0	103	3.2	74	3.0
Central District	270	1.8	76	1.5	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Mean	\$25,000- \$49,999 (n)	Mean	\$50,000- \$74,999 (n)	Mean	\$75,000+ (n)	Mean
State of Nebraska	1084	4.9	1969	2.6	1249	2.5	2087	1.3
Central District	67	2.8	104	1.7	--	--	87	1.2

Educational Attainment

Region	Less than HS (n)	Mean	HS or GED (n)	Mean	Some post- HS (n)	Mean	College Graduate (n)	Mean
State of Nebraska	482	2.6	2220	2.6	2275	2.7	2444	1.6
Central District	--	--	121	1.9	93	2.2	92	1.4

POOR PHYSICAL OR MENTAL HEALTH LIMITED USUAL ACTIVITIES ON 14 OR MORE OF THE PAST 30 DAYS, ADULTS 18 AND OLDER, 2022 ⁷⁹

Region	Sample Size (n)	Percent (%)
State of Nebraska	7437	7.2
CDHD	357	6.3

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3982	8.6	3455	5.7
Central District	194	7.3	163	5.5

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	2057	4.9	2190	9.8	3124	8.1
Central District	103	2.3	114	10.2	139	8.4

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/ PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi- racial*(n)	P (%)
State of Nebraska	6219	6.5	673	8.1	171	11.6	71	4.0	103	11.0	74	12.2

Central District	270	4.8	76	6.3	--	--	--	--	--	--	--	--
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Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1084	18.2	1969	7.1	1249	7.2	2087	3.3
Central District	67	12.9	104	3.3	--	--	87	5.0

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	482	9.1	2220	8.6	2275	8.2	2444	3.9
Central District	--	--	121	5.8	93	6.9	92	5.3

PHYSICAL HEALTH

AVERAGE NUMBER OF DAYS PHYSICAL HEALTH WAS NOT GOOD IN PAST 30 DAYS, ADULTS 18 AND OLDER, 2022⁸⁰

Region	Sample Size (n)	Mean
State of Nebraska	7419	3.5
CDHD	359	3.4

Sex

Region	Female (n)	Mean	Male (n)	Mean
State of Nebraska	3968	3.9	3451	3.1
Central District	195	3.9	164	3.0

Age Group

Region	18-44 (n)	Mean	45-64 (n)	Mean	65+ (n)	Mean
State of Nebraska	2061	2.5	2187	4.4	3108	4.3
Central District	105	1.1	114	5.7	139	4.4

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	6202	3.3	674	3.9	170	4.2	72	2.9	103	3.7	74	3.9
Central District	270	3.2	78	2.8	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Mean	\$25,000-\$49,999 (n)	Mean	\$50,000-\$74,999 (n)	Mean	\$75,000+ (n)	Mean
State of Nebraska	1088	6.6	1963	3.8	1247	3.6	2088	1.9
Central District	69	5.5	105	2.9	--	--	87	3.0

Educational Attainment

Region	Less than HS (n)	Mean	HS or GED (n)	Mean	Some post-HS (n)	Mean	College Graduate (n)	Mean
State of Nebraska	485	4.7	2206	4.0	2271	3.6	2441	2.5
Central District	52	2.9	120	3.0	93	2.4	92	3.9

PHYSICAL HEALTH WAS NOT GOOD ON 14 OR MORE OF THE PAST 30 DAYS (I.E., FREQUENT PHYSICAL DISTRESS), ADULTS 18 AND OLDER, 2022⁸¹

Region	Sample Size (n)	Percent (%)
State of Nebraska	7419	10.3
CDHD	359	10.3

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3968	11.5	3451	9.1
Central District	195	11.8	164	9.0

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	2061	6.1	2187	14.3	3108	13.5
Central District	105	1.8	114	18.9	139	14.3

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1088	20.9	1963	10.8	1247	10.4	2088	4.8
Central District	69	17.1	105	8.3	--	--	87	9.9

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	6202	9.1	674	13.0	170	14.0	72	9.2	103	9.7	74	10.2
Central District	270	9.2	78	7.3	--	--	--	--	--	--	--	--

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post- HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	485	16.2	2206	12.1	2271	10.6	2441	5.8
Central District	52	8.4	120	7.1	93	7.8	92	11.5

TABLE GROUP 19A: NO LEISURE-TIME PHYSICAL ACTIVITY IN PAST 30 DAYS, ADULTS 18 AND OLDER, AGE-ADJUSTED, 2022⁸²

Region	Count (<i>n</i>)	Percent (%)
State of Nebraska	7467	24.7
Central District	362	34.4

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	4001	26.5	3466	22.8
Central District	198	33.8	164	34.9

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	2065	19.7	2195	27.7	3141	30.8
Central District	105	24.4	115	45.9	141	36

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi-racial* (<i>n</i>)	P (%)
State of Nebraska	6242	21.8	679	37.5	171	20.8	72	20.4	103	34.6	74	32.8
Central District	272	26.7	79	48.4	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	1099	40.3	1976	30.8	1250	22.9	2091	14.3
Central District	70	50.6	105	42.6	--	--	87	20.6

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post- HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	491	39.8	2229	31.8	2282	23.9	2449	12.9

Central District	53	55.5	121	31.8	94	29.6	92	15.6
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TABLE 19B: OBESE (BMI=30+), ADULTS 18 AND OLDER, 2022⁸³

Region	Count (n)		Percent (%)	
Nebraska	6853		35.3	
Central District	317		36.3	
Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3570	35.4	3283	35.2
Central District	167	36.2	150	36.4

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	1840	31.9	2018	41.2	2954	34.6
Central District	90	29.8	102	46.0	124	34.0

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	5866	36.3	507	39.5	150	35.5	64	14.1	95	40.7	68	27.3
Central District	249	38.5	59	26.3	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1016	38.5	1860	37.1	1209	38.7	2026	32.4
Central District	61	30.5	100	29.7	--	--	82	38.8

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	368	32.5	2064	39.1	2123	39.8	2292	29.1
Central District	--	--	111	33.7	86	43.8	83	33.0

TABLE 19C: OVERWEIGHT OR OBESE (BMI=25+), ADULTS 18 AND OLDER, 2022 ⁸⁴

Region	Count (<i>n</i>)	Percent (%)
State of NE	6853	70.4
Central District	317	74.2

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	3570	66.1	3283	74.5
Central District	167	68.7	150	78.5

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	1840	64.8	2018	77.8	2954	72.2
Central District	90	68.0	102	86.4	124	68.4

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/ PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi- racial* (<i>n</i>)	P (%)
State of Nebraska	5866	70.5	507	77.7	150	69.9	64	50.9	95	81.3	68	78.9
Central District	249	74.2	59	65.6	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000- \$49,999 (<i>n</i>)	Percent (%)	\$50,000- \$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	1016	70.8	1860	73.5	1209	69.8	2026	70.0
Central District	61	64.3	100	68.2	--	--	82	75.8

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post- HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	368	68.3	2064	72.5	2123	72.2	2292	68.6
Central District	--	--	111	76.3	86	73.0	83	79.2

CURRENTLY HAVE ACTIVITY LIMITATIONS DUE TO ARTHRITIS, AMONG THOSE EVER TOLD THEY HAVE ARTHRITIS, ADULTS 18 AND OLDER, 2021 ⁸⁵

Region	Count (<i>n</i>)	Percent (%)
State of NE	4708	38.6
Central District	223	35.4

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	2809	40.3	1899	36.5
Central District	150	33.9	73	37.6

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	382	38.9	1439	43.9	2844	34.5
Central District	--	--	78	33.8	131	30.7

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)
State of Nebraska	4340	40.2	107	26.1	60	56.0	55	56.7
Central District	212	48.9	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	810	53.3	1259	34.5	786	40.9	1110	33.3
Central District	--	--	64	43.3	--	--	--	--

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post-HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	200	38.3	1545	39.3	1531	42.9	1416	38.9
Central District	--	--	77	66.2	68	34.0	66	40.1

EVER TOLD THEY HAVE ARTHRITIS, ADULTS 18 AND OLDER, 2022 ⁸⁶

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	7451	25.6
Central District	361	25.6

Sex				
Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	3989	29.5	3462	21.5
Central District	198	29.7	163	22.1

Age Group						
Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	2057	8.1	2192	32.3	3135	52.9
Central District	105	6.9	115	30.0	140	55.6

Race/Ethnicity												
Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi-racial* (<i>n</i>)	P (%)
State of Nebraska	6229	24.2	679	14.5	171	22.9	71	22.0	103	19.1	72	29.8
Central District	271	25.1	79	5.3	--	--	--	--	--	--	--	--

Income									
Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)	
State of Nebraska	1098	28.7	1973	26.0	1245	24.4	2087	20.5	
Central District	70	25.7	105	21.9	--	--	87	21.0	

Educational Attainment									
Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post-HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)	
State of Nebraska	489	18.8	2229	26.5	2278	24.8	2440	19.8	
Central District	53	16.1	121	22.0	94	28.7	92	22.9	

SUBSTANCE USE

The table below presents the answers provided by Nebraskan high school students to the Youth Risk Behavior Survey, 2021:

TABLE 20A: NEBRASKA HIGH SCHOOL STUDENTS, 2021 ⁸⁷

Question	Total Percentage (%)	Sample Size (<i>n</i>)
Ever used marijuana one or more times during their life	18.7	660
Tried marijuana for the first time before age 13 years	3.3	655
Currently used marijuana one or more times during the 30 days before the survey	11.0	656

Ever took prescription pain medicine* without a doctor's prescription or differently than how a doctor told them to use it one or more times in their life	7.1	656
Ever used inhalants** one or more times during their life	7.3	657
Ever injected any illegal drug (using a needle) one or more times during their life	0.9	658

*Drugs such as codeine, Vicodin, oxycontin, hydrocodone, and Percocet

** Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high

TABLE-GROUP 20B: MARIJUANA USE-USED MARIJUANA IN PAST 30 DAYS, ADULTS 18 AND OLDER, 2022⁸⁸

Region	Sample Size (n)	Percent (%)
State of Nebraska	6564	9.7
CDHD	312	6.0

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3547	7.9	3017	11.5
Central District	171	5.6	141	6.3

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	1779	14.6	1945	7.3	2798	3.1
Central District	94	8.4	98	4.5	119	3.1

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	5550	11.1	577	6.0	142	11.4	62	2.3	73	5.6	63	17.7
Central District	236	9.2	67	4.0	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	984	11.2	1778	11.0	1135	12.2	1920	10.0
Central District	66	6.3	93	12.2	--	--	80	2.3

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	422	9.8	1923	10.9	2025	11.5	2183	6.6
Central District	--	--	100	5.8	82	7.4	83	1.4

TABLE-GROUP 20C: OPIOID MISUSE IN PAST YEAR, ADULTS 18 AND OLDER, 2020 ⁸⁹

Region	Sample Size (n)	Percent (%)
State of Nebraska	6492	2.9
CDHD	283	3.6

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3556	3.0	2936	2.9
Central District	160	2.3	123	5.0

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	1935	3.7	2008	2.6	2493	1.8
Central District	75	2.0	97	7.2	110	1.2

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	5705	2.4	430	6.7	133	3.9	53	7.9	52	1.7
Central District	244	3.1	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1172	5.8	1518	3.6	1102	1.7	1884	2.2
Central District	58	4.2	60	3.8	64	2.7	80	1.5

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	373	6.1	1893	4.2	1997	2.4	2215	1.7
Central District	--	--	79	2.8	92	4.1	93	4.0

TABLE 20D: DRUG OVERDOSE DEATH RATES PER 100,000 PEOPLE ⁵⁴⁻⁵⁶

	2024	2023	2022	2021
Hall	8	7	7	5
Merrick	n/a	n/a	n/a	n/a

Hamilton	n/a	n/a	n/a	n/a
Nebraska	10	9	9	8
US	27	23	23	21

ALCOHOL USE

TABLE 21A: ANY ALCOHOL CONSUMPTION IN PAST 30 DAYS, ADULTS 18 AND OLDER, 2022⁹⁰

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	6921	57.2
CDHD	324	48.5

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	3696	51.7	3225	62.8
Central District	177	42.2	147	53.9

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	1923	61.2	2028	58.3	2924	48.0
Central District	98	51.1	98	54.2	127	36.0

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi-racial* (<i>n</i>)	P (%)
State of Nebraska	5824	62.5	607	43.3	153	46.8	62	40.1	93	32.3	71	37.8
Central District	248	55.3	66	29.6	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	1040	37.3	1875	50.7	1196	63.1	2005	70.4
Central District	69	16.7	96	46.0	--	--	83	71.9

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post-HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	443	37.4	2043	51.1	2130	60.3	2294	69
Central District	--	--	105	43.9	86	47.9	85	72.0

TABLE-GROUP 21B: BINGE DRANK IN PAST 30 DAYS, ADULTS 18 AND OLDER, 2022⁹¹

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	6869	19.3
Central District	323	21.0

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	3671	15.6	3198	23.2
Central District	177	12.4	146	28.5

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (<i>n</i>)	Percent (%)
State of Nebraska	1904	27.6	2011	16.8	2909	5.7
Central District	97	30.9	98	19.6	127	3.2

Race/Ethnicity

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/ PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi- racial* (<i>n</i>)	P (%)
State of Nebraska	5789	22.8	597	14.9	150	12.3	62	5.3	92	11.9	71	14.1
Central District	248	24.0	65	15.8	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000- \$49,999 (<i>n</i>)	Percent (%)	\$50,000- \$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	1027	14.2	1864	16.7	1191	22.3	1992	25.9
Central District	68	4.2	96	18.4	--	--	83	28.6

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post- HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	431	15.6	2028	19.8	2117	22.5	2282	21.2
Central District	--	--	105	21.8	86	25.0	85	20.1

TABLE-GROUP 21C: HEAVY DRINKING IN PAST 30 DAYS, ADULTS 18 AND OLDER, 2022⁹²

Region	Sample Size (<i>n</i>)	Percent (%)
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State of Nebraska	6889	7.3
CDHD	322	4.9

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3686	7.1	3203	7.5
Central District	177	4.5	145	5.2

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	1913	8.7	2015	7.6	2915	4.0
Central District	97	6.8	97	4.8	127	1.1

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	5806	8.7	597	3.7	150	4.0	62	1.0	92	6.6	71	7.0
Central District	247	4.5	65	1.5	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1030	6.1	1868	6.7	1194	6.7	198	9.6
Central District	69	0.0	95	2.6	--	--	83	10.4

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	438	6.4	2031	7.9	2124	9.2	2285	6.8
Central District	--	--	104	6.6	85	3.3	85	3.2

TABLE 21C: EXCESSIVE DRINKING (%), 2024 ⁵⁴⁻⁵⁶

Hall	17
Merrick	19
Hamilton	20
Nebraska	22
US	18

TABLE 21D: ALCOHOL-IMPAIRED DRIVING DEATHS PERCENTS (%), 2024 ⁵⁴⁻⁵⁶

Hall	23
Merrick	14
Hamilton	0
Nebraska	32
US	26

SMOKING/TOBACCO USE

Current cigarette tax in NE: \$0.64, compared to other states, NE ranks 42nd in tax amount. ⁹³

TABLE 22A: CURRENT SMOKING AMONG ADULTS IN THE UNITED STATES, 2021 ⁹⁴

Age	Percentage (%)
18-24	4.8
25-44	12.5
45-64	15.1
65+	8.7
Race Ethnicity	Percentage (%)
Asian non-Hispanic (nH)	4.6
Black (nH)	14.2
Hispanic	8.0
White (nH)	12.7
Other Race (nH)	11.9
Sex	Percentage (%)
Men	13.2
Women	10.0

TABLE 22B: CURRENT CIGARETTE SMOKING, ADULTS 18 & OLDER, 2022 ⁹⁵

Region	Sample Size (n)	Percent (%)
State of Nebraska	7090	13.0
CDHD	337	11.9

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3772	12.2	3318	13.8
Central District	183	11.8	154	11.9

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	1979	13.6	2072	16.0	2990	8.1
Central District	101	14.4	103	9.5	132	10.2

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/ PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi- racial*(n)	P (%)
State of Nebraska	5947	13.8	638	9.6	159	14.6	65	4.2	95	36.8	71	30.6
Central District	255	12.2	72	5.1	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000- \$49,999 (n)	Percent (%)	\$50,000- \$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1064	26.2	1916	15.3	1217	15.4	2037	8.5
Central District	70	10.1	98	13.6	--	--	84	9.3

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post- HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	463	21.3	2101	19.9	2167	14.4	2346	6.6
Central District	50	20.6	109	14.6	88	10.8	88	4.8

TABLE-GROUP 22C: CURRENT E-CIGARETTE USE, ADULTS 18 AND OLDER, 2022⁹⁶

Region	Sample Size (n)	Percent (%)
State of Nebraska	7087	8.5
CDHD	336	8.0

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3780	8.0	3307	9.0
Central District	183	8.3	153	7.7

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	1978	14.8	2073	4.0	2986	1.2
Central District	101	15.6	103	2.7	131	0.0

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi- racial*(n)	P (%)
State of Nebraska	5942	9.7	639	4.4	159	9.4	65	2.9	95	4.8	71	17.1
Central District	254	10.3	72	5.0	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1065	9.6	1913	8.8	1219	11.1	2033	8.2
Central District	70	2.6	97	10.5	--	--	84	11.5

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	461	8.0	2099	10.1	2170	11.5	2344	4.7
Central District	50	14.3	109	5.2	88	9.2	87	9.3

TABLE-GROUP 22D: CURRENT SMOKELESS TOBACCO USE, ADULTS 18 AND OLDER, 2022 ⁹⁷

Region	Sample Size (n)	Percent (%)
State of Nebraska	7102	4.5
CDHD	337	6.1

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3784	0.8	3318	8.2
Central District	183	1.6	154	10.0

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	1980	5.7	2079	4.5	2994	1.9
Central District	101	9.0	103	4.4	132	2.8

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	5956	5.4	640	4.3	160	1.9	65	1.1	95	8.8	71	3.0
Central District	255	9.7	72	0.0	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1067	4.4	1919	4.4	1221	5.4	2037	4.9
Central District	70	2.1	98	4.0	--	--	84	11.4

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	463	6.1	2105	6.5	2173	4.3	2348	3.7
Central District	50	10.7	109	1.5	88	7.9	88	6.1

Nationally 2.8 million youth are currently using tobacco products. (Annual National Youth Tobacco Survey, US, 2023, 2024) ⁹⁸

TOBACCO USE ⁹⁸	HIGH SCHOOL STUDENTS (%)	MIDDLE SCHOOL STUDENTS (%)
2022	16.5	4.5
2023	12.6	6.6
2024	10.1	5.4

MATERNAL & CHILD HEALTH

TABLE 23A: MATERNAL & CHILD HEALTH INDICATORS (2014,2020)

REGION	Fertility Rate (per 1,000 females ages 15-44) ⁵⁴⁻⁵⁶	Teen Birth Rate ⁹⁹	Low birthweight ⁹⁹
Hall	null	33	7%
Merrick	null	20	6%
Hamilton	null	8	9%
Nebraska	63.6	18	7%
US	54.4	19	8%

TABLE 23B: US INFANT MORTALITY RATE ¹⁰⁰

	2021 (final)	2022 (provisional)
Total	5.44	5.6
Neonatal	3.49	3.58
Post-neonatal	1.95	2.02

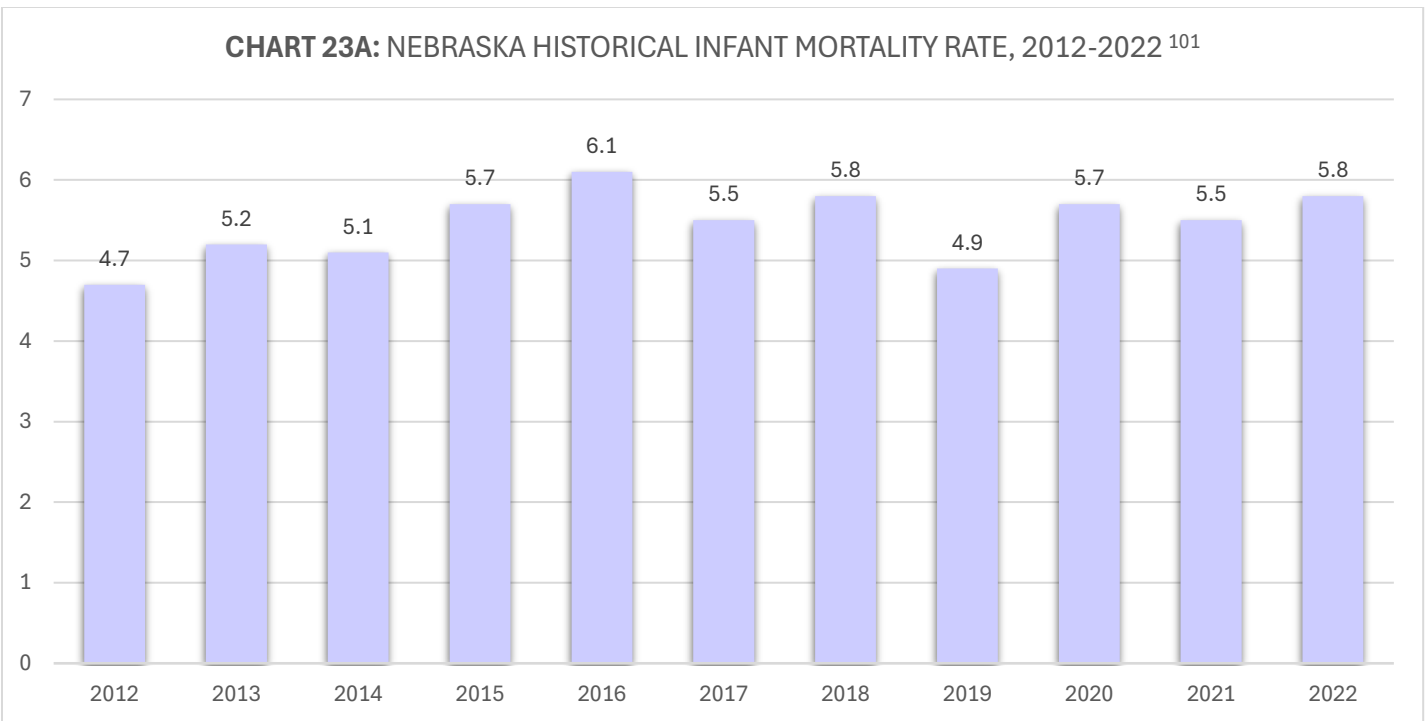
TABLE 23C: US INFANT MORTALITY RATE BY RACE AND HISPANIC ORIGIN ¹⁰⁰

	2021 (final)	2022 (provisional)
American Indian And Alaska Native, Non-Hispanic	7.46	9.06
Asian, Non-Hispanic	3.69	3.50
Black and/or African American, Non-Hispanic	10.55	10.86

Native Hawaiian Or Other Pacific Island, Non-Hispanic	7.76	8.50
White, Non-Hispanic	4.36	4.52
Hispanic	4.79	4.88

TABLE 23D: LEADING CAUSES OF INFANT DEATH 2019-2021 (NEBRASKA) ¹⁰¹

	PERCENT
Birth Defects	23.9
Preterm Birth And Low Birth Weight	8.7
Sudden Unexpected Infant Death	8.3
Accidents	8.0



The Maternity Vulnerability Index (MVI) is a tool used to understand where birthing people in each state may be more likely to have poor outcomes, including preterm birth and maternal death, due to clinical risk factors and other social, contextual, and environmental factors.¹⁰¹ Larger value indicates increased vulnerability.

TABLE 23E: MATERNAL VULNERABILITY INDEX (2024) ¹⁰¹

Hall County	39.1
Hamilton County	0.2
Merrick County	9.7
Nebraska	11.1
United States	10.4

TABLE 23F: FACTORS RELATED TO MATERNAL VULNERABILITY (2024) ¹⁰¹

Mental Health & Substance Abuse	0
Physical Environment	10
Physical Health	36
Socioeconomic Determinants	34

General Healthcare	39
Reproductive Healthcare	84

TABLE-GROUP 23G: PRETERM BIRTH GRADE (2024) ¹⁰¹	PERCENT	GRADE
US	10.4	D+
Nebraska	11.1	D

PRETERM BIRTH RATE BY RACE/ETHNICITY. 2021-2023 (NE) ¹⁰¹	PERCENT
White	10.5
Hispanic	11.1
Asian	12.7
Pacific Islander	13.2
American Indian/Alaska Native	13.3
Black	15.0

FACTORS THAT MAKE BIRTHING PEOPLE MORE LIKELY TO HAVE A PRETERM BIRTH ¹⁰¹	PERCENT (%)	PERCENTAGE OF ALL BIRTHS (%)
Smoking	14.9	5.9
Hypertension	26.2	3.4
Unhealthy Weight	12.9	34.0
Diabetes	32.1	1.3

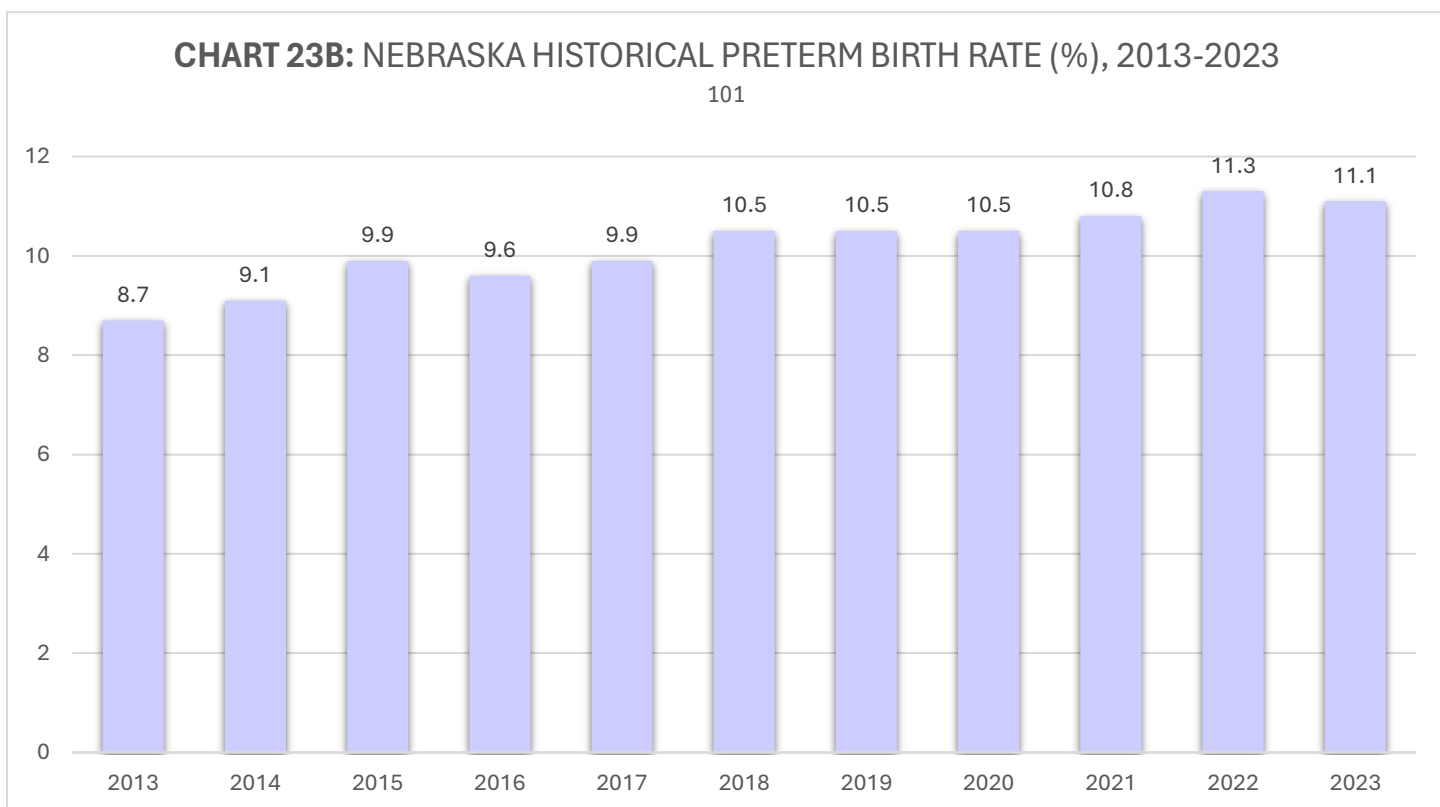


TABLE 23H: CLINICAL MEASURES, 2023 ¹⁰¹	US	NE
---	----	----

Maternal Mortality Rate	23.2 per 100,000 births	25.1 per 100,000 births
Low Risk Cesarean Birth Percentage	26.6%	22.9%
Inadequate Prenatal Care Percentage	15.7%	12.6%

TABLE-GROUP 23I: POLICY MEASURES – NEBRASKA ¹⁰¹

<i>Medicaid Extension</i>	State has extended coverage for women to one year postpartum
<i>Medicaid Expansion</i>	State has adopted this policy, which allows birthing people greater access to preventative care during pregnancy
<i>Mental Health</i>	State Medicaid program requires and reimburses for postpartum mental health screening.
<i>Paid Family Leave</i>	State has required employers to provide a paid option while out on parental leave
<i>Doula Reimbursement Policy</i>	State Medicaid agency is actively reimbursing doula care
<i>Commitment to Prevention</i>	State has a CDC funded maternal mortality review committee and reviews fetal and infant deaths
<i>Midwife Policies (adopted to support the growth and sustainability of the midwifery workforce.</i>	Pay Parity
	Independent Practice
	Prescriptive Authority
	Licensure for certified midwives

KEY ¹⁰¹

State has the indicated funding/policy

State does not have the indicated funding/policy

PART III: ACCESS TO CARE

HEALTHCARE COVERAGE

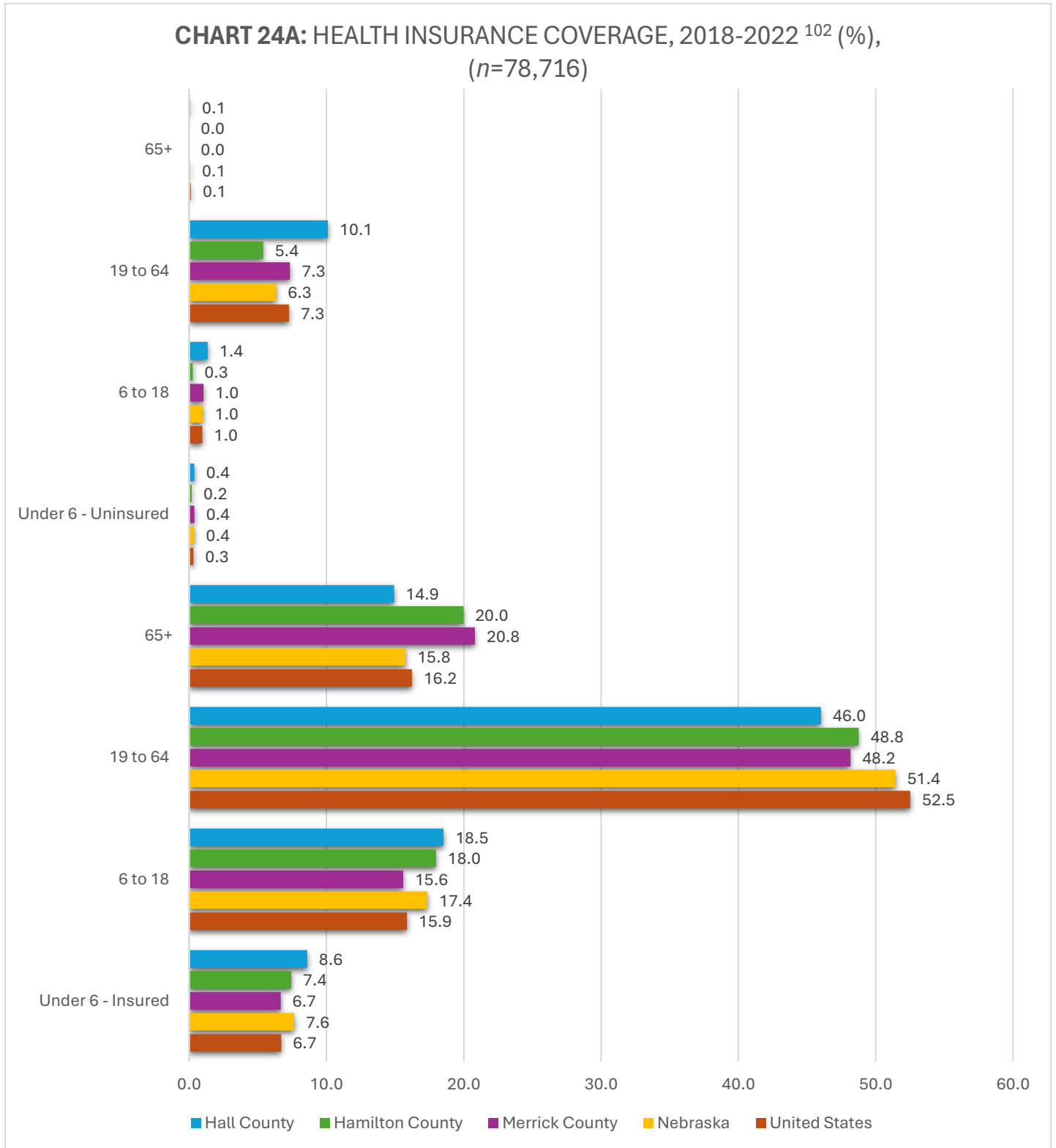


TABLE-GROUP 24A: NO HEALTH CARE COVERAGE, ADULTS 18-64 YEARS OLD, AGE-ADJUSTED, 2022 ¹⁰³

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	4101	10.8
Central District	209	22.4

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	2055	8.3	2046	13.3
Central District	104	26.0	105	19.5

Age Group – not available**Race/Ethnicity**

Region	White* (<i>n</i>)	P (%)	Hispanic (<i>n</i>)	P (%)	Black* (<i>n</i>)	P (%)	Asian/ PI* (<i>n</i>)	P (%)	Am. Indian* (<i>n</i>)	P (%)	Multi- racial* (<i>n</i>)	P (%)
State of Nebraska	3156	5.7	577	40.3	126	12.2	61	7.0	75	22.5	57	9.5
Central District	130	14.7	71	41.3	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000- \$49,999 (<i>n</i>)	Percent (%)	\$50,000- \$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	546	26.4	961	19.9	719	5.6	1463	2.7
Central District	--	--	53	40.1	--	--	71	6.7

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post-HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	333	39.3	1086	13.6	1269	8.0	1404	3.3
Central District	--	--	62	18.1	-	-	61	21.7

SEEKING CARE**TABLE-GROUP 25A: NEEDED TO SEE A DOCTOR BUT COULD NOT DUE TO COST IN PAST YEAR, ADULTS 18 AND OLDER, AGE-ADJUSTED, 2022** ¹⁰⁴

Region	Sample Size (<i>n</i>)	Percent (%)
State Of Nebraska	7462	10.2
Central District	362	11.7

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	4001	11.3	3461	9.1
Central District	198	15.0	164	8.8

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	2064	14.6	2195	9.1	3138	2.7
Central District	105	17.8	115	6.9	141	6.0

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	6240	8.7	679	19.3	171	16.8	71	12.2	103	11.1	74	19.8
Central District	272	8.9	79	22.0	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1098	22.5	1976	17.1	1250	9.1	2090	4.9
Central District	70	22.9	105	22.8	--	--	87	4.7

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	489	22.3	2228	13.0	2281	10.7	2449	5.3
Central District	53	24.2	121	9.9	94	15.4	92	2.3

TABLE-GROUP 26A: NO PERSONAL DOCTOR OR HEALTH CARE PROVIDER, ADULTS 18 & OLDER, AGE-ADJUSTED, 2022¹⁰⁵

Region	Sample Size (n)	Percent (%)
State of Nebraska	7442	17.1
Central District	362	21.9

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3994	13.1	3448	21.2
Central District	198	19.0	164	24.4

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (n)	Percent (%)
State of Nebraska	2048	27.5	2194	10.6	3134	3.7
Central District	105	36.3	115	10.4	141	10.0

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial* (n)	P (%)
State of Nebraska	6229	14.9	675	42.1	168	15.5	71	10.6	103	23.0	73	11.6
Central District	272	16.0	79	45.2	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1097	27.7	1967	23.5	1247	17.4	2087	10.9
Central District	70	37.8	105	34.9	--	--	87	10.0

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	491	35.4	2222	22.3	2272	15.3	2442	13.2
Central District	53	30.2	121	25.5	94	19.4	92	26.6

HAD A ROUTINE CHECKUP IN PAST YEAR, ADULTS 18 AND OLDER, 2022 ¹⁰⁶

Region	Sample Size (n)	Percent (%)
State of Nebraska	7386	74.7
Central District	358	68.4

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3967	78.6	3419	70.6
Central District	195	70.4	163	66.6

Age Group

Region	18-44 (n)	Percent (%)	45-64 (n)	Percent (%)	65+ (%)	Percent (%)
State of Nebraska	2019	63.8	2175	79.0	3127	90.8
Central District	103	50.7	115	79.2	139	86.0

Race/Ethnicity

Region	White* (n)	P (%)	Hispanic (n)	P (%)	Black* (n)	P (%)	Asian/PI* (n)	P (%)	Am. Indian* (n)	P (%)	Multi-racial*(n)	P (%)
State of Nebraska	6201	73.1	653	69.8	164	80.1	72	78.2	103	74.0	72	80.6
Central District	270	63.8	77	65.2	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,999 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1085	73.3	1962	68.1	1242	72.6	2078	76.4
Central District	70	69.9	104	55.0	--	--	87	73.3

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post-HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	476	67.4	2204	69.4	2262	72.6	2431	77.8
Central District	52	58.2	119	66.4	94	59.7	91	71.1

UP TO DATE ON BREAST CANCER SCREENING, FEMALES 50-74 YEARS OLD, AGE-ADJUSTED, 2022 ¹⁰⁷

Region	Sample Size (n)	Percent (%)
State of Nebraska	1721	76.8
Central District	81	70.6

Sex and Age Group not available.

Race/Ethnicity

Region	White (n)	Percent (%)	Hispanic (n)	Percent (%)	All Other (n)	Percent (%)
State of Nebraska	1502	76.3	107	77.6	--	--
Central District	65	68.0	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	262	65.0	467	74.6	313	76.4	450	82.8
Central District	--	--	--	--	--	--	--	--

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post-HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	88	70.7	446	75.9	598	76.4	587	78.8
Central District	--	--	--	--	--	--	--	--

UP TO DATE ON CERVICAL CANCER SCREENING, FEMALES 21-65 YEARS OLD, 2020 ¹⁰⁸

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	3323	77.7
Central District	143	73.4

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (%)	Percent (%)
State of Nebraska	3323	77.7	-	-
Central District	143	73.4	-	-

Age Group

Region	21-44 (<i>n</i>)	Percent (%)	45-65 (<i>n</i>)	Percent (%)
State of Nebraska	1594	78.4	1729	76.6
Central District	66	73.4	77	73.4

Race/Ethnicity

Region	White, NH (<i>n</i>)	Percent (%)	Hispanic (<i>n</i>)	Percent (%)	Black, NH (<i>n</i>)	Percent (%)
State of Nebraska	2733	79.2	358	77.0	78	73.4
Central District	112	78.0	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	586	70.2	713	74.3	560	79.4	1145	85.9
Central District	--	--	--	--	--	--	--	--

Educational Attainment

Region	Less than HS (<i>n</i>)	Percent (%)	HS or GED (<i>n</i>)	Percent (%)	Some post- HS (<i>n</i>)	Percent (%)	College Graduate (<i>n</i>)	Percent (%)
State of Nebraska	217	72.9	730	71.1	981	77.6	1392	82.8
Central District	--	--	--	--	--	--	56	81.6

UP TO DATE ON COLON CANCER SCREENING, 50-75 YEARS OLD, AGE-ADJUSTED, 2022 ¹⁰⁹

Region	Sample Size (<i>n</i>)	Percent (%)
State of Nebraska	3810	64.1
Central District	176	58.2

Sex

Region	Female (<i>n</i>)	Percent (%)	Male (<i>n</i>)	Percent (%)
State of Nebraska	1991	65.1	1819	63.1
Central District	95	65.8	81	51.6

Age Group

Region	18-44 (<i>n</i>)	Percent (%)	45-64 (<i>n</i>)	Percent (%)	65+ (%)	Percent (%)
State of Nebraska	878	37.7	1188	71.3	1744	81.7
Central District	--	--	58	79.1	72	67.9

Race/Ethnicity

Region	White (<i>n</i>)	Percent (%)	Hispanic (<i>n</i>)	Percent (%)	Black, NH (<i>n</i>)	Percent (%)	American Indian/NH (<i>n</i>)	Percent (%)
State of Nebraska	3342	59.9	227	40.1	75	66.0	56	44.1
Central District	142	54.5	--	--	--	--	--	--

Income

Region	Less than \$25,000 (<i>n</i>)	Percent (%)	\$25,000-\$49,999 (<i>n</i>)	Percent (%)	\$50,000-\$74,999 (<i>n</i>)	Percent (%)	\$75,000+ (<i>n</i>)	Percent (%)
State of Nebraska	542	48.0	965	51.5	714	65.7	1207	63.7
Central District	--	--	53	38.9	--	--	--	--

Educational Attainment

Region	Less than HS (n)	Percent (%)	HS or GED (n)	Percent (%)	Some post- HS (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	195	33.0	1033	54.0	1247	61.0	1330	64.4
Central District	--	--	53	49.6	59	59.3	--	--

EVER HAD A COVID-19 VACCINATION, ADULTS 18 & OLDER, 2022¹¹⁰

Region	Sample Size (n)	Percent (%)
State Of Nebraska	6654	76.2
Central District	317	70.9

Sex

Region	Female (n)	Percent (%)	Male (n)	Percent (%)
State of Nebraska	3577	77.8	3077	74.5
Central District	174	75.7	143	66.8

Age Group

Region	18-44 (n)	Percent (%)	45-64	Percent (%)	65+	Percent (%)
State of Nebraska	1792	66.3	1980	80.0	2843	90.6
Central District	95	56.5	98	75.2	123	92.9

Race/Ethnicity

Region	White* (n)	Percent (%)	Hispanic* (n)	Percent (%)	Black* (n)	Percent (%)	Asian/PI* (n)	Percent (%)	American Indian* (n)	Percent (%)	Multiracial* (n)	Percent (%)
State of Nebraska	5620	74.0	589	78.1	143	79.3	62	89.4	76	63.5	64	67.6
Central District	239	65.0	69	74.4	--	--	--	--	--	--	--	--

Income

Region	Less than \$25,000 (n)	Percent (%)	\$25,000-\$49,000 (n)	Percent (%)	\$50,000-\$74,999 (n)	Percent (%)	\$75,000+ (n)	Percent (%)
State of Nebraska	1000	61.4	1794	73.9	1151	75.9	1937	79.5
Central District	68	59.9	93	63.5	--	--	80	75.9

Education

Region	Less than H.S. (n)	Percent (%)	H.S. or G.E.D.(n)	Percent (%)	Some post-H.S. (n)	Percent (%)	College Graduate (n)	Percent (%)
State of Nebraska	432	68.0	1963	65.9	2047	72.9	2201	86.1
Central District	--	--	100	64.1	83	70.1	85	75.4

Clinical Care is anything relating to the direct medical treatment or testing of patients. Access to affordable, quality health care can prevent disease and lead to earlier disease detection. Communities are living longer lives because of breakthroughs in clinical care, such as advancements in vaccinations, surgical procedures and preventative screenings.

CLINICAL CARE, 2024 ⁵⁴⁻⁵⁶

Region	Uninsured: Percentage of population under age 65 without health insurance.	Primary Care Physicians: Ratio of population to primary care physicians.	Dentists: Ratio of population to dentists.	Mental Health Providers: Ratio of population to mental health providers.	Preventable Hospital Stays: Rate of hospital stays for ambulatory-care sensitive conditions per 100,000 Medicare enrollees.	Mammography Screening: Percentage of female Medicare enrollees ages 65-74 that received an annual mammography screening.	Flu Vaccinations: Percentage of fee-for-service (FFS) Medicare enrollees that had an annual flu vaccination.
Hall	13%	r1,720:1	r1,110:1	r 240:1	2622	57%	55%
Merrick	8%	r 2,560:1	r1,540:1	r2,570:1	1572	57%	37%
Hamilton	6%	r 940:1	1,890:1	r 790:1	1558	45%	52%
NE	8%	1,340:1	1,220:1	r 310:1	2249	50%	49%
US	10%	1,330:1	1,360:1	r 320:1	2681	43%	46%

CLINICAL CARE, 2024 NOT INCLUDED IN RANKING ⁵⁴⁻⁵⁶

Region	Uninsured Adults: percentage of adults under age 65 without health insurance.	Uninsured Children: Percentage of children under age 19 without health insurance.	Other primary care providers: Ratio of population to primary care providers other than physicians.
Hall	15%	7%	r 650:1
Merrick	9%	5%	2,570:1
Hamilton	7%	4%	3,140:1
NE	10%	5%	r 630:1
US	12%	5%	r 760:1

COMMUNITY SURVEY DATA

Community Pulse Survey Questions are detailed in the methods portion of this assessment. The answers are shown in the five tables below. Examples of answer categories are shown in the CHA Free-Response Categories table following the Question 5 table. Community Pulse Survey Results, Summer 2023, Winter 2024

Q1: WHAT WAS THE LAST MAJOR HEALTH ISSUE YOU OR YOUR FAMILY EXPERIENCED? (N=298)

	Hall County (n=218)	Percentage (%)	Hamilton County (n=38)	Percentage (%)	Merrick County (n=42)	Percentage (%)
Cancer	36	16	6	16	7	17
Cardiovascular Health	47	22	7	18	9	21
Health of A Loved One	27	12	5	13	8	19
Infection	47	22	8	21	3	7
Mental Health	30	14	6	16	5	12
Surgery	31	14	6	16	10	24

Q2: WHAT WORRIES YOU MOST ABOUT YOUR HEALTH OR THE HEALTH OF YOUR FAMILY? (N=315)

	Hall County (n=226)	Percentage (%)	Hamilton County (n=44)	Percentage (%)	Merrick County (n=45)	Percentage (%)
Cancer	30	13	1	2	7	16
Affordable & Quality Healthcare/ Support	112	50	21	48	27	60
Deteriorating Health/Health Impairment	35	16	7	16	2	4
Health Of A Loved One	21	9	9	20	4	9
Mental Health	28	12	6	14	5	11

Q3: IN YOUR EXPERIENCE, WHAT ARE THE TOP 3 HEALTH CONCERNS? (N=1671)

	Hall County (n=1029)	Percentage (%)	Hamilton County (n=208)	Percentage (%)	Merrick County (n=218)	Percentage (%)
Diabetes	87	9	19	9	15	7
Cancer	140	14	26	12	25	12
Alcohol, Drugs, & Tobacco Use	155	15	24	12	38	18
Challenges Getting Healthy & Affordable Food	117	11	26	13	18	8
Chronic Lung Disease	23	2	4	2	3	1
Finding Affordable, Quality Childcare	118	12	32	15	31	14
Getting Around Town Safely	35	3	3	1	7	3
Getting Enough Exercise	65	6	12	6	17	8

Heart Disease	90	9	15	7	24	11
Mental Health	199	19	47	23	40	18

Q4: WHAT IS SOMETHING YOU DO TO BE HEALTHY? (N=430)

	Hall County (n=308)	Percentage (%)	Hamilton County (n=63)	Percentage (%)	Merrick County (n=59)	Percentage (%)
Healthier Consumption/Habits	112	36	25	40	22	37
Physical Activity	196	64	38	60	37	63

Q5: WHAT WOULD MAKE YOUR NEIGHBORHOOD A HEALTHIER PLACE FOR YOU OR YOUR FAMILY? (N=213)

	Hall County (n=308)	Percentage (%)	Hamilton County (n=63)	Percentage (%)	Merrick County (n=59)	Percentage (%)
Improve Environmental Quality	42	27	4	17	9	25
More Affordable & Accessible Recreational Areas/Opportunities	79	52	17	71	20	56
Positive Community/Social Engagement/Activities	32	21	3	12	7	19

COMMUNITY HEALTH ASSESSMENT FREE-RESPONSE CATEGORIES

Question	Category Name	Common Responses
<i>What Was The Last Major Health Issue You Or Your Family Experienced?</i>	Cancer	Breast, thyroid, pancreatic, skin, and prostate cancer, cancer scares, diagnoses, recuperation
	Cardiovascular Health	Stroke, a fib, arrhythmia, heart attack/disease/failure, cardiac arrest, cholesterol, blood clots, blood pressure, factor five Leiden, surgery, hospitalization, (congenital) heart defects, blood sugar, circulation problems, anemia
	Health (of a Loved One)	Health of husband, child, parent, sibling, broken bone, chronic illness - Parkinson's, car accident, hit by car, alcoholism, relapse, diabetes, surgery
	Infection	Covid-19, Influenza, shingles, AMR (Antimicrobial Resistance), Histoplasmosis, food poisoning, dengue, meningitis, urinary tract infection, malaria, common cold, cellulitis
	Mental Health	Suicide/al ideation, anxiety, depression, sleepiness, insomnia, stress, isolation, PTSD, grief, ADHD/OCD diagnosis, worsening condition, alcoholism, psychogenic nonepileptic seizure, big life changes, behavioral issues
	Surgery	Replacement of the knees, hip, & heart valve. Removal of gallbladder, appendix, tonsils, hysterectomy. Surgery for: eyes, broken bones, back/spine, cervical fusion, hands, hernia, ulcerative colitis, aneurysm, & heart. Kidney transplant, giving birth.

<i>What Worries You Most About Your Health Or The Health Of Your Family?</i>	Affordable and quality healthcare/support	Do not seek care/take meds because of expense, cannot miss work. Must travel for care, long waiting lists, shortage of providers, health literacy support for older generation. Will never meet deductible. Keeping Medicaid/care/SSD.
	Cancer	Diagnoses, getting cancer, cancer recurrence in self and family, hereditary risks
	Deteriorating Health/Health Impairment	Need more expert care on aging, losing insurance, being a burden to others, getting a serious and/or chronic disease, controlling current disease, losing mobility, consequences of risky habits (lifetime smokers)
	Health (of a Loved One)	Cannot properly support family – partner, kids, newborn, aging parents. Weight gain, diabetes, heart attack, depression, smoking, risks for the chronically ill, my kids getting cancer, familial deaths, alcoholism, low quality HCPs, mental health provider access.
	Mental Health	At-risk youth, depression, lack of support/help, access to crisis mental health services, losing control/breakdowns – issues going untreated, aging, insurance coverage, stress management, apathy, impact of death of loved one
<i>What Is Something You Do To Be Healthy?</i>	Healthier Consumption/Habits	Practicing mindful eating, meal planning, growing food in garden, cooking at home, eating low carb meals, more fruits/veg, protein, (eating a plant-based diet) adding natural herbs and remedies to diet, drinking water, intermittent fasting, taking vitamins. No artificial sugars, fried, processed food. Completing annual wellness check.
	Physical Activity	Exercise: with family, multiple times a week, work at standing desk, sports: Tia Chi, volleyball, pickleball, swimming. Activities: walking, yoga, meditation strength training, bike riding, step aerobics, sleep well, go to the gym/YMCA, clean/sanitize home, work outside/garden
<i>What Would Make Your Neighborhood A Healthier Place For You Or Your Family?</i>	Improve Environmental Quality	Get rid of abandoned vehicles, moldy vacant houses/outdoor areas, cut down cotton trees, fireplaces and wood burning stoves, mosquitos/ants, smells from JBS and cow poo, less wildfire smoke, less noise pollution, stop spraying insecticides and herbicides. More shaded areas, plant (fruit) trees/flowers, community gardens, organic farms, safe (lake/drinking water,) more walking areas, enforce speed limits, trash (and pet cleanup,) enforce animal control, no chickens in city.
	More affordable and accessible recreational areas/opportunities	Better trails (and sidewalks) for walking/biking/hiking, more (affordable) exercise facilities/equipment for senior citizens and people with mobility issues, handicap fishing areas. More kid/family friendly recreational areas/parks, summer pools, community sports for adults/kids, hands on health events that are free, group exercising opportunities/Zumba/yoga classes, make community pedestrian friendly.
	Positive community/social engagement/activities	More family-friendly areas/facilities like waterparks, diversified activities for all ages, get to know my neighbors, not experience racism/discrimination, community gardens, connect with people (in ways that do not include drinking and or religion,) make marijuana use legal, de-normalize alcohol abuse and other risky

behaviors. Health Department involvement with the shelters and halfway houses to supply health education.

HALL, HAMILTON, AND MERRICK COUNTY SCHOOL DISTRICT INFORMATION

SCHOOL DISTRICT DEMOGRAPHICS, 2022-2023 ¹¹¹

H A L L	School District	Demographics (n)		H A M I L T O N	School District	Demographics (n)		M E R R I C K	School District	Demographics (n)	
		Students	Teachers			Students	Teachers			Students	Teachers
	Centura	481	45		Aurora	1,226	96		Central City	767	64
	Doniphan Trumbull	450	43		Giltner	246	22		Chapman	--	--
	GIPS	9,990	646		Hampton	191	20		Palmer	322	25
	N. West	1,465	106		--	--	--		--	--	--
	Wood River	510	51		--	--	--		--	--	--

HALL COUNTY – DISTRICT CLASSIFICATIONS, 2022-2023 ¹¹¹

School district	Program Participation (%)				Metrics (Rates, %)		Performance (NSCA) (%)				Achievement (Rates, %)	
	Eng. Learner	F/R Lunch	Gifted	Sp. Edu.	Attendance	Drop-out	Eng.	Math	Sci	ACT (E/M/S)	Graduation	College-Going
Centura	*	35	5	17	95	*	68	69	77	44/44/65	100	76
Don-Trum.	*	20	6	11	96	*	64	71	76	54/61/61	94	84
GIPS	21	72	8	17	92	2	43	51	62	34/25/31	82	58
N. West	1	25	7	10	95	*	68	81	87	53/50/62	99	75
Wood River	5	48	9	13	95	*	57	72	66	37/44/44	97	73

HAMILTON COUNTY – DISTRICT CLASSIFICATIONS, 2022-2023 ¹¹¹

School district	Program Participation (%)				Metrics (Rates, %)		Performance (NSCA) (%)				Achievement (Rates, %)	
	Eng. Learner	F/R Lunch	Gifted	Sp. Edu.	Attendance	Drop-out	Eng.	Math	Sci	ACT (E/M/S)	Graduation	College-Going
Aurora	*	34	9	18	95	*	69	72	81	41/46/46	93	74
Giltner	*	37	8	15	96	*	66	73	66	60/50/50	100	*
Hampton	*	28	24	18	95	*	66	90	93	67/*/*	100	88

MERRICK COUNTY – DISTRICT CLASSIFICATIONS, 2022-2023 ¹¹¹

School district	Program Participation (%)				Metrics (Rates, %)		Performance (NSCA) (%)				Achievement (Rates, %)	
	Eng. Learner	F/R Lunch	Gifted	Sp. Edu.	Attendance	Drop-out	Eng.	Math	Sci	ACT (E/M/S)	Graduation	College-Going
Central City	*	43	13	18	95	*	66	72	78	42/38/52	89	70
Chapman	*	*	*	*	*	*	*	*	*	*	*	*
Palmer	*	52	30	12	95	*	60	59	76	*/69/75	81	64

SCHOOL DISTRICT FINANCIAL 2022-2023: ¹¹¹

County	School District	State Aid (TEEOSA)	Per Pupil Expenditures	Other State Receipts	Expenditures
Hall	Centura	\$366,773	\$19,425	\$960,718	\$7.86m
	Doniphan-Trumbull	\$82,944	\$22,070	\$1.03M	\$8.26M
	Grand Island	\$60.27M	\$15,027	\$12.60M	\$129.87M
	Northwest	\$8.31M	\$13,352	\$1.57M	\$18.37M
	Wood River Rural	\$61,525M	\$23,159	\$1.04M	\$9.61M
Hamilton	Aurora	\$216,575	\$17,562	\$2.87m	\$18.55m
	Giltner	\$862,460	\$19,586	\$488,481	\$3.99M
	Hampton	\$574,010	\$23,281	\$431,060	\$3.46M
Merrick	Central city	\$102,538	\$19,361	\$1.88m	\$12.14M
	Palmer	\$1.44M	\$17,302	\$477,695	\$4.78M

**Data hidden for groups of less than 10 students*

CHILDCARE PRICES & AVAILABILITY

TABLE 1: CENTRAL DISTRICT-QUICK DEMOGRAPHICS* (2018-2022) ¹¹²

	Hall County	Hamilton County	Merrick County
Total Population (N)	62575	9400	7675
Asian (%)	1.1	0.4	1.7
Black (%)	3.4	0.2	0.1
Hispanic (of any race) (%)	30	3.9	5.4
White (%)	72.5	94.2	92.9
Women's labor force participation rate (%)	79.1	79.4	80.2
Women's median earnings (\$)	32,606	29,825	29,583
Median family income (\$)	76,048	90,913	82,596
Percent of families in poverty (%)	9.7	3.0	5.7

TABLE 2: CHILDCARE PRICES BY AGE OF CHILDREN AND CARE SETTING* (2018-2022) ¹¹²

		Infant center-based	Infant home-based	Toddler center-based	Toddler home-based	Preschool center-based	Preschool home-based	School-age center-based	School-age home-based
Median Yearly Price:									
2022 dollars (\$)	Central District	9,737	5,590	9,230	5,850	8,450	5,980	8,190	6,110
2024 dollars (estimated) (\$)	Central District	10,798	6,199	10,236	6,488	9,371	6,632	9,083	6,776
Childcare price as share of median family income (%)	Hall County	12.8	7.4	12.1	7.7	11.1	7.9	10.8	8
	Hamilton County	10.7	6.1	10.2	6.4	9.3	6.6	9	6.7
	Merrick County	11.8	6.8	11.2	7.1	10.2	7.2	9.9	7.4

Values are based on the available values on the U.S. Census (2018-2022)

TABLE 3: FACILITY TYPE, (2024) ¹¹³

	COUNT (n=99)	PERCENT OF TOTAL FACILITIES (%)
Childcare Center	19	19.19
Family Child Care Home 1	62	62.63
Family Child Care Home 2	7	7.07
Preschool	4	4.04
Provisional Child Care Center	3	3.03
Provisional Family Child Care Home 1	1	1.01
Provisional Family Child Care Home 2	1	1.01
Provisional School-Age-Only Center	1	1.01
School-Age-Only Child Care Center	1	1.01

TABLE 4: LOCATIONS, (2024) ¹¹³

	ZIP CODE	COUNT (n=99)	PERCENT (%)
Hall County	68801	26	25.24
	68803	45	43.69
	68824	3	2.91
	68832	6	5.83

	68883	3	2.91
<i>Hamilton County</i>	68818	8	7.77
	68841	1	0.97
	68843	1	0.97
	68628	2	1.94
<i>Merrick County</i>	68663	1	0.97
	68826	4	3.88
	68864	3	2.91

TABLE 5: CHILDCARE FACILITY BY CAPACITY, (2024)¹¹³	COUNT (n=99)	PERCENT OF TOTAL FACILITIES (%)	ENROLLMENT CAPACITY (n=3,195)
8	3	3.03	24
10	61	61.62	610
12	8	8.08	96
30	2	2.02	60
35	1	1.01	35
40	1	1.01	40
43	2	2.02	86
45	3	3.03	135
54	1	1.01	54
55	1	1.01	55
60	1	1.01	60
71	1	1.01	71
73	1	1.01	73
75	2	2.02	150
78	1	1.01	78
82	1	1.01	82
120	1	1.01	120
124	1	1.01	124
125	1	1.01	125
140	1	1.01	140
155	1	1.01	155
168	1	1.01	168
183	1	1.01	183
225	1	1.01	225
246	1	1.01	246

Table 6 below shows that the age range permitted in Central District childcare locations is between 1.5 months and 13 years. Most locations are open only Monday through Friday, (n=81, 81.82%) while approximately 17% (n=17) of locations also offer one or both weekend days, (Table 5).

TABLE 6: AGE RANGE ACCEPTANCE, (2024) ¹¹³

<i>Minimum Age</i>	<i>COUNT (n=99)</i>	<i>PERCENT (%)</i>	<i>MAXIMUM AGE</i>	<i>COUNT (n =99)</i>	<i>PERCENT (%)</i>
1.5 Months	83	83.84	6 Years	5	5.05
2 Mo.	3	3.03	8 Years	1	1.01
3 Mo.	1	1.01	10 Years	2	2.02
6 Mo.	2	2.02	11 Years	1	1.01
1.5 Years	1	1.01	12 Years	26	26.26
2 Years	1	1.01	13 Years	64	64.65
3 Years	6	6.06			
5 Years	2	2.02			

TABLE 7: DAYS OF OPERATION, (2024) ¹¹³

	COUNT (n=99)	PERCENT (%)
MTWTHF	81	81.82
MTWTHFSSU	14	14.14
MTWTHFS	3	3.03
MTWTH	1	1.01

TABLE 8A: SUBSIDY ACCEPTANCE STATUS, (2024) ¹³⁴

<i>Currently Accepts Subsidy</i>	<i>Count (n=99)</i>	<i>Percent (%)</i>	<i>Willing to Accept Subsidy?</i>	<i>Count (n=99)</i>	<i>Percent (%)</i>	<i>Does Not Except Subsidy?</i>	<i>Count (n=99)</i>	<i>Percent (%)</i>
Blank	26	26	Blank	80	81	Blank	80	81
Yes	56	57	Yes	12	12	Yes	12	12
No	17	17	No	7	7	No	7	7

TABLE 8B: STEP UP TO QUALITY AND ACCREDITATION STATUS, (2024) ¹³⁴

<i>Step Up to Quality Rating*</i>	<i>Count (n=99)</i>	<i>Percent (%)</i>	<i>Accredited?</i>	<i>Count (n=99)</i>	<i>Percent (%)</i>
Blank	72	73	Blank	98	99
1	11	11	Yes	1	1
2	13	13			
4	2	2			
5	1	1			

Tables 8a & 8B - "No" and "blank" indicate the licensee does not have a contract or is not accredited

*Step Up to Quality Ratings: 1-Committed to Quality Improvement, 2-Approaching Quality Standards, 3- Meets quality standards, 4-Exceeds quality standards, 5-Far exceeds quality standards ¹¹⁴

COMMUNITY ASSETS AND RESOURCES

The information in the following tables include the responses of community partners when asked to list the resources and assets (i.e. organizations, coalitions, collaboratives, work groups, funding opportunities etc.) in Hall, Hamilton, and/or Merrick Counties related to improving the following areas:

- Behavioral Health
- Access to Care
- Childcare
- Transportation
- Affordable Housing
- Additional assets that exist in the tri-county are that support the community's health and well-being (i.e. parks and recreation, farmers markets, public facilities, etc.)

Respondents belonged to the following sectors:

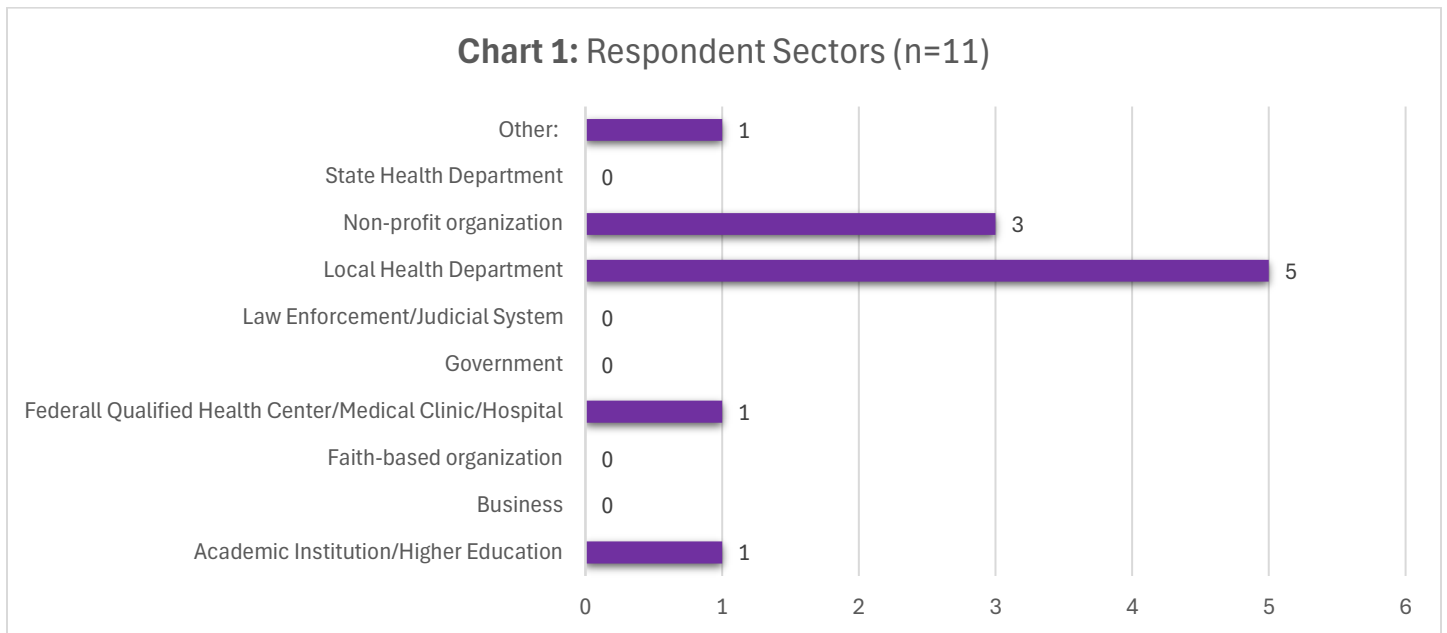


TABLE 1: BEHAVIORAL HEALTH				
#, A-C	C-H	I-M	N-S	S-Z
988	Crisis Stabilization Unit	Integrated care for established patients	Need Resources in Spanish	St Francis Alcohol/Drug Treatment Center
Behavioral Health Committee	Friendship House (and Clinic)	Live Well Counseling Center	Prevention Project Coalition	Strong mental health program in rural health clinic - Merrick, Nance, Hamilton & Hall Counties
Behavioral Health Subcommittee (facilitated by Connie Holmes at CNCAA)	GI H.E.L.P. Initiative	Lutheran Family Services	Project JumpStart	Tobacco Free Hall County
Boys Town Behavioral Health Mental Wellness	Goodwill: 308-384-7896 ext.261	MAPS Coalition serving Merrick County	Region 3: 308-237-5113	Willowbrook Mental Health
CNCAP	Grand Island Mental Health	Merrick Medical Center	ReVive Behavioral Health	
COPE Coalition serving Hamilton County	Heartland Health Center: 308-382-4297	Mid-Plains Center for Behavioral Health	School social workers	
Central Nebraska Council on Alcoholism and Addictions	Hope Harbor	Mindful Path LLC	Sequential Intercept Model Workshop (hosted by Region 3 and including many behavioral health, corrections employees, etc.)	

TABLE 2: ACCESS TO CARE				
#, A-C	C-F	F-M	M-V	V-Z
211	Continuum of Care	Friendship House therapists see youth at schools to minimize time/transportation barriers	MMC	Vibrance Family Health + Care
Care for women and children	Critical access hospital and rural health clinics in Central City and Fullerton	Grand Island Regional Medical Center	Third City Community Clinic	Vitality Family Healthcare
CDHD	Dental services offered – extremely high demand, emergency cases only	Heartland Health Center	Twin Rivers Urgent	Welcoming Week
CHI	DHHS (& Aging and Disability Resource Center (ADRC))	Hope Harbor	UW Partner Agency meetings	

CHI Health St. Francis	Friendship House Counseling Clinic- sliding fee scale for those w/o insurance.	Medical-to include family practice	VA Nebraska - Western Iowa Care System
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TABLE 3: CHILDCARE

#, A-C	C-H	H-P	P-Z
Angie's Busy Bees Child Care LLC	Childcare grant w/ CDHD	Health Department/H3C initiatives	Presbyterian Preschool
Birth to 11 Committee	Community for Kids	Karime Child Care LLC	Rainbow Club
Blessed Sacrament Catholic Preschool	Creative Corner	KDL Child Care Center	St Paul's Cornerstone Early Learning Center
C4K	CRECIENDO Group	Nebraska Children's Foundation	The Teaching Tree
Central City has daycare that is full and increasing capacity	DHHS	O'Connor Learning Center	Third City Christian Preschool
Cherry Park Creative Corner, LLC	First5Nebraska	Peace Lutheran Preschool	YMCA
Childcare Coalition/Workgroup	HeadStart	Platte Valley Children's Academy	YWCA (& Childcare Coalition)

TABLE 4: TRANSPORTATION

#, A-C	C-L	M-Z
Action Cab	Crane 308-646-0069	Midland Transit (Merrick County) 888-997-1655
Bussing companies	DHHS Medical Transportation	Public Hall County Public Transportation (HCPT) – 308-385-5324, 304 E 3rd St
Car rental companies in GI	Heartland Medical Transportation	Public transportation vouchers
Central City public transportation- does not work off hours	IntelliRide - 844-531-3783	Veterans Disabled American Veterans Shuttle – 308-389-5167

TABLE 5: AFFORDABLE HOUSING

#, A-F	G-H	H-R	S-Z
Builders (Starotska, Middleton, Steadfast)	Grand Island Housing Coalition	HUD	Salvation Army-rent assistance
Central City Economic Development Corp. supports Central City and surrounding areas that do not have adequate housing for a community this size.	Habitat for Humanity	Legal Aid of Nebraska – 308-381-0517, 1811 W. 2nd St., Suite 440	South Pine Street Home Ownership Habitat for Humanities – 308-385-5510, 502 W 2nd St.
Central Nebraska Community Action	Hall County Housing Authority – 308-385-5530, 1834 W. 7th St.	Lincoln Hwy. Dept. of Veterans Affairs – 308-395-	St. Leo's Church rent assistance

Partnership (CNCAP), rental assistance		3261, 2201 N. Broadwell Ave.	
Cherry Park Apartments	Heartland United Way	Rehab projects	State rental assistance - Nebraska Dept. of Health and Human Services – 308-385-6100, 116
Crossroads Mission Avenue	Hope Harbor 308-385-5190, 615 West 1st St, (Emergency/Evictions)	Rent and utility assistance	Subsidized housing
Economic development	Hospital utilizes a rental property & hotel to house on-call staff. Local developers assist the hospital with housing options. (Staff recruitment & retention)	Riverside	Veterans (CNCAP) – 308-385-5500 2525 Old Potash Hwy

TABLE 6: ADDITIONAL ASSETS

#, A-C	C-G	H-M	M-S	S-Z
Backpack programs, food pantries/distribution efforts (i.e., Project Connect)	CDHD (Emergency only- hotel voucher)	HeadStart	Multicultural Coalition	Shelters: Hope Harbor, Crossroads
BBBS (Big Brothers Big Sisters)	Central City has a wellness/fitness center with pool, etc.	Heartland United Way	NEP Program-CDHD	Soccer fields
Boy Scouts, Girl Scouts	Churches in Hall, Hamilton and Merrick Counties – food distribution, rent assistance	Hospitals in Hall, Hamilton, and Merrick Counties	PTA organizations	TeamMates Mentoring
Bryan Health Merrick Medical Thrift Store - shop for necessities, gives profits back to the community in support funds.	City Council	Island Oasis	Recreational opportunities, public biking/hiking trails, parks	Third City Community Clinic
CCC Physical Therapy Org.	Community Foundations in Hall, Hamilton, Merrick Counties	Lutheran Family Services	Schools in tri-county (i.e., extracurricular activity opportunities)	Volunteerism
CCHS-Dome for disaster preparedness	Farmers markets	MMC (wellness education & events, lab fairs, exercise events, etc.)	Senior Citizen Centers	

CITATIONS

Part 1 Community Profile (page 4)

Population Demographics

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